General Information

Description
This ASSH/AHHS Hand Surgery Specialty Day Program is focused on Controversies and Challenges that are encountered in hand surgical practice. The morning portion of the program is aimed at “What’s New and What’s Next” in hand surgery, with cutting edge topics and specific debatable issues in mini symposia sessions on scaphoid fractures and nonunions, evaluation and treatment of ulnar sided wrist pain, updates in nerve pathology, elbow injuries and carpal instability. Experienced faculty will present case-based scenarios, and engage in lively discussion and debate with point and counter point style presentations; audience participation and questions are encouraged.

In the afternoon session, expert faculty will share “What you Need to Know NOW about Common Hand Conditions”. This session is ideal for the residents, fellows, advanced practice providers, and general orthopedists, but is also of interest and applicable to the practice of experienced and expert hand surgeons. An emphasis on common conditions encountered in hand surgical practice with a specific focus on “what the books don’t tell you” about how to manage specific challenges and complications will be provided. Practice enhancement and optimization as well as experienced words of wisdom from seasoned surgeons will round out the program. This program is essential for residents, fellows and new practitioners, but seasoned surgeons will also find pearls for their practices!

Target Audience
This section of the program is ideal for residents and fellows or the surgeon who wants to know the most important information about common conditions that you will see in your training, in your clinic and in your OR. This parallels the ASSH Resident Review Course but with an emphasis on “what the books don’t tell you” and how to manage specific challenges you may see. This program is essential for the resident or fellow or new practitioner, but seasoned surgeons will also find pearls that will be useful in their practices!

Course Objectives
Upon completion of the course, the learner will:

- List options for management of scaphoid fractures and nonunions, and stratify treatment options by goals and patient specific factors and outcomes.
- Describe differential diagnoses for ulnar sided wrist pathology, evaluation strategies, and treatment alternatives
- List indications and technique options for nerve repair or reconstruction, nerve transfer, and diagnosis and management of nerve pathology.
- Describe injury patterns seen in elbow fractures and dislocations, and list treatment options associated with acute and chronic elbow pathology.
- Be able to recognize carpal instability and describe treatment options.

Accreditation
The ASSH is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Credit Hours
The ASSH designates this live educational activity for a maximum of 9.25 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Disclaimer
The material presented in this continuing medical education program is being made available by the American Society for Surgery of the Hand for educational purposes only. This material is not intended to represent the best or only methods or procedures appropriate for the medical situation discussed; rather the material is intended to present an approach, view, statement or opinion of the authors or presenters, which may be helpful, or of interest to other practitioners. The attendees agree to participate in this medical education program, sponsored by ASSH with full knowledge and awareness that they waive any claim they may have against ASSH for reliance on any information presented in this educational program. In addition, the attendees also waive any claim they have against the ASSH for injury or other damage that may result in any way from their participation in this program.

All of the proceedings of the ASSH/AHHS Specialty Day: Tips from the Masters: Stacking Your Deck, including the presentation of scientific papers, are intended for limited publication only, and all property rights in the material presented, including common-law copyright, are expressly reserved to the speaker or the ASSH. No statement or presentation made is to be regarded as dedicated to the public domain. Any sound reproduction, transcript or other use of the material presented at this course without the permission of the speaker or the ASSH is prohibited to the full extent of common-law copyright in such material. The ASSH is not responsible for expenses incurred by an individual who is not confirmed and for whom space is not available at the meeting. Costs incurred by the registrant such as airline or hotel fees or penalties are the responsibility of the registrant. The approval of the U.S. Food and Drug Administration is required for procedures and drugs that are considered experimental. Instrumentation systems discussed and/or demonstrated in or at ASSH educational programs may not yet have received FDA approval.

Program Committee Leadership
Julie E. Adams, MD, Program Co-Chair
Nicole Strauss Schroeder, MD, Program Co-Chair

7:30 am – 5:15 pm
Saturday, March 28, 2020
Orange County Convention Center
Room W311E

General Information

Introductions and Welcome
Julie E. Adams, MD, Nicole Strauss Schroeder, MD, Martin I. Boyer, MD, FRCS(C) and Nash H. Naam, MD

7:35 am – 8:35 am
Session I – Symposium on Scaphoid Fractures and Nonunions

Moderator: Julie E. Adams, MD

7:35 am – 8:35 am
7:35 am – 7:44 am
Pearls and Pitfalls in Diagnosis and Treatment
Ruby Grewal, MD, MSc, FRCS(C)

7:44 am – 7:53 am
Nonunions: Vascular Bone Grafting is Necessary?
Deana Mercer, MD

7:53 am – 8:02 am
Nonunions: Back to the Future: Nonvascularized Bone Graft is Adequate
Michelle G. Carlson, MD

8:02 am – 8:11 am
Nonunions: Arthroscopic Treatment is Indicated
William B. Geissler, MD

8:11 am – 8:20 am
Nonunions: When to Save and When to Salvage?
Jason P. Rehm, MD
8:20 am – 8:35 am  Collective Wisdom from the Crowd and from the Panel
All Faculty

8:35 am – 9:35 am  Session II – Controversies And Challenges In Ulnar Sided Wrist Pain
Moderator: Nicole Strauss Schroeder, MD

8:35 am – 8:44 am  Wrist Ligament Problems I Have Never Seen?
David C. Ring, MD, PhD

8:44 am – 8:53 am  Split UT Ligament Tears & LT tears: Pathologic or Simply Present?
Sanjeev Kakar, MD, FAOA

8:53 am – 9:02 am  Final Common Pathway – Constrained Distal Ulnar Joint Arthroplasty
Juan M. Breyer, MD

9:02 am – 9:11 am  DRUJ Instability in the Setting of Distal Radius Fractures – What to Do?
Sebastian A. Von Unger, MD

9:11 am – 9:20 am  How I Approach Problems at the Ulnar Side of the Wrist
Brian D. Adams, MD

9:20 am – 9:35 am  Collective Wisdom from the Crowd and from the Panel
All Faculty

9:35 am – 10:45 am  Session III – Symposium on Nerve Pathology
Moderator: Julie E. Adams, MD

9:35 am – 9:44 am  Allograft Nerves and Nerve Conduits & Substitutes – Passing Fad or New Gold Standard?
Jonathan E. Isaacs, MD

9:44 am – 9:53 am  TMR – The Future Is Now
Kyle R. Eberlin, MD

9:53 am – 10:02 am  My Favorite Nerve Transfers
Amy M. Moore, MD

10:02 am – 10:11 am  Challenges and Timing Issues in Peripheral Nerve Injuries: My Algorithm
Christopher J. Dy, MD, MPH, FACS

10:11 am – 10:20 am  Compressive Neuropathies That I Never See
Mark S. Rekant, MD

10:20 am – 10:29 am  Compressive Neuropathies that See You
Fraser J. Leversedge, MD

10:29 am – 10:45 am  Collective Wisdom from the Crowd and from the Panel
All Faculty

10:45 am – 11:45 am  Session IV – Symposium On Elbow Injuries
Moderator: Nicole Strauss Schroeder, MD

10:45 am – 10:54 am  Rehabilitation of the Unstable Elbow: What You Need to Know
Graham J. King, MD, FRCSC

10:54 am – 11:03 am  Elbow Disasters I have Seen
Scott P. Steinmann, MD

11:03 am – 11:12 am  More Elbow Disasters that Have Seen Me
Adam C. Watts, MD

11:12 am – 11:21 am  Seductive Siren or Sound Solution: Elbow Joint Arthroplasty
Michael R. Hausman, MD

11:21 am – 11:30 am  Soft Tissue Coverage Solutions About the Elbow
Duretti T. Fufa, MD

11:30 am – 11:45 am  Collective Wisdom from the Crowd and from the Panel
All Faculty

11:45 am – 12:35 pm  Session V – Carpal Instability & Its Sequelae Symposium
Moderator: Julie E. Adams, MD

11:45 am – 11:54 am  Scapholunate Ligament Injuries: an Expanded Understanding?
Steve K. Lee, MD

11:54 am – 12:03 pm  Midcarpal instability: is There a Solution Out There?
Jeffrey A. Greenberg, MD, MS

12:03 pm – 12:12 pm  Ligament Instabilities That We Don't Always Recognize
Scott W. Wolfe, MD

12:12 pm – 12:21 pm  PRC vs 4CF – Pushing the Indications, Understanding the Limitations?
Jennifer F. Waljee, MD

12:21 pm – 12:35 pm  Collective Wisdom from the Crowd and from the Panel
All Faculty

12:35 pm – 12:40 pm  Last Thoughts and Adjourn
All Faculty

12:40 pm – 1:30 pm  Lunch break

1:30 pm – 1:35 pm  Introductions and Welcome
Julie E. Adams, MD, Nicole Strauss Schroeder, MD, Martin I. Boyer, MD, FRCS(C) and Nash H. Naam, MD

1:35 pm – 2:40 pm  Session I – Surgery of the Hand
Moderator: Nicole Strauss Schroeder, MD

1:35 pm – 1:42 pm  Carpal Tunnel Syndrome – They Don’t All Do Well
Donald H. Lee, MD

1:42 pm – 1:49 pm  Tendinopathies Of The Upper Limb – What The Evidence Shows and What You Need To Know
Robert W. Wysocki, MD

1:49 pm – 1:56 pm  An Update On Flexor And Extensor Tendon Surgery and Rehab: What Is The New Conventional Wisdom?
John D. Lubahn, MD

1:56 pm – 2:02 pm  Dupuytrens’ Decision Points- What To Do And How To Do It?
Nash H. Naam, MD
2:02 pm – 2:09 pm  Fractures I Never Fix (eg: Boxers and Mallets)  
*Marco Rizzo, MD*

2:09 pm – 2:16 pm  Pearls And Pitfalls At The PIP (Fracture)  
*Peter J. Lund, MD*

2:16 pm – 2:23 pm  Pearls and Pitfalls in Pediatric Hand Fractures  
*Lindley B. Wall, MD*

2:23 pm – 2:30 pm  Simple Hand Fractures That Aren’t  
*Mark E. Baratz, MD*

2:30 pm – 2:40 pm  Q&A and Collective Wisdom from the Crowd and From the Panel  
*All Faculty*

2:40 pm – 2:47 pm  Distal Radius Tips And Tricks You Need Now  
*Julie E. Adams, MD*

2:47 pm – 2:54 pm  What You Need To Know About Common Elbow Fractures  
*Lisa L. Lattanza, MD*

2:51 pm – 3:01 pm  Pearls And Pitfalls For CMC Joint Arthritis  
*Amy L. Ladd, MD*

3:01 pm – 3:08 pm  Mimickers, Mockers, And Messes: Things You Should Never Operate On  
*Nicolas Hyun-Woo Lee, MD*

3:08 pm – 3:15 pm  My Pearls About Soft Tissue Coverage – Less Is More  
*Daniel A. Osei, MD, MSc*

3:15 pm – 3:22 pm  What You Will Need To Know To Make Your Practice Go From Good To Great  

3:22 pm – 3:29 pm  Top Ten Things You Will See In The ER That May Be Missed Or Mis-Managed  
*Nicole Strauss Schroeder, MD*

3:29 pm – 3:36 pm  Workers Compensation – Taming The Lion  
*David S. Zelouf, MD*

3:36 pm – 3:46 pm  Q&A and Catch Up  
*All Faculty*

*D. Marshall Jemison, MD*

3:53 pm – 4:00 pm  Challenges And Controversies In Small Joint Arthritis – When To Do What  
*Ryan P. Calfee, MD, MSc*

4:00 pm – 4:07 pm  The Road To Acceptance: How To Get Your Hospital To Buy In For What You Need  
*L. Scott Levin, MD, FACS*

4:07 pm – 4:22 pm  What I Wish I Knew When I Was You  
*Peter J. Stern, MD*

4:22 pm – 4:37 pm  The Papers I Wish I Had Read Sooner And The Ones I Wish I Had Never Read  
*Douglas P. Hanel, MD*

4:37 pm – 4:52 pm  The Placebo Effect  
*A. Lee Osterman, MD*

4:52 pm – 5:15 pm  Collective Wisdom and Questions and Answers  
*All Faculty*

5:15 pm  Adjourn