General Information

Description
Despite continuous advances, musculoskeletal disorders and injuries are on the rise. While some areas require further research to improve outcomes, other areas have established best-practice patterns, but struggle with implementation. Orthopaedic Surgeons are a critical part of the team leading the way to address these issues.

Education is key to improvements in musculoskeletal care. The AOSSM/AANA Specialty Day 2020 program will feature didactic presentations that provide opportunities to share important research findings and serve as a review of core musculoskeletal topics, highlighting the latest advances and reinforce time-tested tools aimed at preventing and addressing musculoskeletal care while providing face-to-face networking opportunities.

Statement of Need
The need for this activity has been determined based on a comprehensive analysis of existing practice gaps in sports medicine and arthroscopic surgery. This includes review of data from sources including but not limited to member educational need surveys, self-assessment results from multiple self-assessment educational offerings, literature reviews, expert-physician input, and intra-course observational evaluation from prior courses.

Target Audience
This program is designed for Orthopaedic Surgeons, physicians, and allied health professionals in the field of sports medicine or related fields of practice and who may desire to improve their arthroscopic knowledge, competence, performance, and patient outcomes.

Program
The American Orthopaedic Society for Sports Medicine (AOSSM) and the Arthroscopy Association of North America (AANA) attest that the people responsible for the development of this educational activity did so independently and were not influenced by commercial supporters.

Educational Objectives
Upon completion of this educational activity, learners should be able to:
- Implement an effective evaluation algorithm, based on recent research, for musculoskeletal and medical sports medicine conditions through an arthroscopic surgery lens.
- Assess and apply surgical and non-surgical treatment recommendations and rehabilitation protocols for the diagnosis and clinical management of joint disorders in athletes.
- Review and implement new minimally invasive techniques for the management of shoulder, knee and hip pathology.

Accreditation
Continuing Medical Education Credits
The Arthroscopy Association of North America (AANA) is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

AANA designates this live activity for a maximum of 8.50 AMA PRA Category 1 Credits™.

Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Disclosure
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Disclaimer
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Program Committee Leadership
James M. Bradley, MD, AOSSM President
Larry D. Field, MD, AANA President
Lee D. Kaplan, MD, AOSSM Program Chair
Kevin F. Bonner, MD, AANA Program Chair
SPECIALTY DAY

7:00 am – 7:05 am Welcome
Lee D. Kaplan, MD, AOSSM
Program Chair
Kevin F. Bonner, MD, AANA
Program Chair

7:05 am – 8:20 am Session I: Shoulder Instability/Labrum
Moderators: Mary Lloyd Ireland, MD and Brian R. Waterman, MD

Paper #1
7:05 am – 7:10 am Revision Arthroscopic Bankart Repair in the Military
Jonathan F. Dickens, MD

Paper #2
7:10 am – 7:15 am Surgical Outcomes in the Frequency, Etiology, Direction, Severity (feds) Classification System for Shoulder Instability
Carolyn M. Hettrich, MD

7:15 am – 7:20 am Questions and Answers

7:20 am – 7:26 am My Pearls to Successful Arthroscopic Shoulder Stabilization
Claude T. Moorman, MD

7:26 am – 7:32 am My Tricks to a Reproducible Safe Laterjet
Matthew T. Provencher, MD

Moderator: Paul E. Caldwell, MD

John D. Kelly, IV, MD

7:39 am – 7:45 am Debate: Laterjet: No Second Thoughts
Anthony A. Romeo, MD

Paper #3
7:45 am – 7:50 am Risk Factors for Revision Posterior Shoulder Stabilization in Throwing Athletes
Ravi S. Vaswani, MD

7:50 am – 7:56 am Return to Sport Following Shoulder Stabilization: As Good as We Think?
Scott A. Rodeo, MD

7:56 am – 8:05 am Questions and Answers

8:05 am – 8:20 am Shoulder Instability Case Panel: Rapid Fire – What Would You Do?
Moderator: William N. Levine, MD
Panelists: Anthony A. Romeo, MD, Claude T. Moorman, MD, Paul E. Caldwell, MD, Matthew T. Provencher, MD, John D. Kelly, IV, MD, Scott A. Rodeo, MD

8:20 am – 8:59 am Session II: Shoulder Biceps/Scapula/AC Joint
Moderators: Dean C. Taylor, MD and Joseph C. Tauro, MD

8:26 am – 8:32 am SLAP Repair vs. Tenodesis – How to Make the Right Call?
John E. Conway, MD

Paper #4
8:32 am – 8:37 am Radiostereometric Analysis of Biceps Tenodesis: A Comparison of Techniques
Adam B. Yanke, MD, PhD

8:37 am – 8:43 am Biceps Tenodesis: How I Do This and Why?
Alan S. Curtis, MD

8:43 am – 8:49 am The Unstable AC Joint – Fixing and Avoiding Complications
Stephen F. Brockmeier, MD

8:49 am – 8:59 am Questions and Answers

8:59 am – 9:40 am Session III: Shoulder
Moderators: Mark H. Getelman, MD and Richard K.N. Ryu, MD

Paper #5
8:59 am – 9:05 am My Five Arthroscopic Cuff Repair Tips to Make Your Life Simple
Peter J. Millett, MD, MSc

9:05 am – 9:06 am SCR Debate: 52-Year-Old Male with a Massive Cuff Tear
Moderator: Richard K.N. Ryu, MD

9:06 am – 9:12 am Debate: Jury Still Out: Fix What You Can and Avoid an SCR
Felix H. Savoie, III, MD

9:12 am – 9:18 am Debate: Results Justify: Why I’m Doing a SRC
John M. Tokish, MD

9:18 am – 9:23 am Clinical and MRI Outcomes After Arthroscopic Superior Capsule Reconstruction with Human Dermal Allograft for Irreparable Posterosuperior Rotator Cuff Tears a Minimum Two-Year Follow-up
Lucca Lacheta, MD

9:23 am – 9:30 am Biologics for the Cuff – What Does the Highest-Level Evidence Say?
Brian J. Cole, MD, MBA

9:30 am – 9:40 am Questions and Answers

9:40 am – 9:55 am Break

9:55 am – 10:18 am AOSSM Kennedy Lecture
Introduction
James P. Bradley, MD

9:58 am – 10:18 am Kennedy Lecture
Champ L. Baker Jr, MD

10:18 am – 11:39 am Session IV: Knee and Sports
Moderators: Julie A. Dodds, MD and Rick W. Wright, MD

Paper #6
10:18 am – 10:23 am Does Intra-operative Prep Improve Patient Function & Complication Rates Following ACL Reconstruction with Meniscus Repair?
Matthew D. Weldon, MD
Paper #7
10:23 am – 10:28 am  The Effect of Playing Surface on Anterior Cruciate Ligament Injury in NCAA Soccer
Mark C. Howard, MD

Paper #8
10:28 am – 10:33 am  Revision Risk of Soft-tissue Allograft vs. Hybrid Graft Following Anterior Cruciate Ligament Reconstruction
Anthony Essilfie, MD

10:33 am – 10:38 am  Questions and Answers

10:38 am – 10:39 am  Debate: Graft Selection in the Athlete
Julie A. Dodds, MD and Rick W. Wright, MD

10:39 am – 10:45 am  Debate: No Brainer: Use the Patellar Tendon!
Kurt P. Spindler, MD

10:45 am – 10:51 am  Debate: Quadriceps Tendon for Everyone
John W. Xerogeanes, MD

10:51 am – 10:57 am  Debate: Not So Fast: Matching the Autograft to the Athlete – Choose Wisely
Volker Musahl, M.D.

10:57 am – 11:03 am  Avoiding Contemporary ACL Technical Mistakes
Aaron J. Krych, MD

11:03 am – 11:09 pm  MCL Injuries: Surgical Indications and Timing
Darren L. Johnson, MD

11:09 am – 11:15 am  ACL Augmentation: ALL or ITB Tenodesis – When and How?
Alan M.J. Getgood, MD

11:15 am – 11:21 am  Athlete Clearance for RTS Following ACL Surgery: My Current Real-Life Answer
E. Lyle Cain, Jr., MD

11:21 am – 11:29 am  Revision ACL Surgery: Technical Considerations for Success
Mark D. Miller, MD

11:29 am – 11:39 am  Questions and Answers

11:39 am – 12:02 pm  AANA Innovations Lecture
Larry D. Field, MD

11:42 pm – 12:02 pm  AANA Innovations Lecture
Stephen S. Burkhart, MD

12:02 pm – 12:17 pm  Lunch

12:17 pm – 2:02 pm  Session V: Knee Cartilage, Meniscus and Biologics

Moderators: Jason L. Dragoo, MD and Louis F. Mcintyre, MD

Paper #9
12:17 pm – 12:22 pm  Clinical Efficacy of Intra-articular Mesenchymal Stem Cells for the Treatment of Knee Osteoarthritis: A Double Blinded, Prospective, Randomized, Controlled Clinical Trial
Bradford S. Tucker, MD

12:22 pm – 12:24 pm  Questions and Answers

12:24 pm – 12:30 pm  Root Tears: How to and Who to Fix in 2019?
Nicholas A. Sgaglione, MD

12:30 pm – 12:36 pm  Decision-Making: All-Inside vs. Inside-Out Meniscus Repair?
Michael J. Stuart, MD

12:36 pm – 12:42 pm  Debate: 2 cm MFC Defect in a 21-Year-Old College Athlete
Louis F. McIntyre, MD

12:42 pm – 12:48 pm  Debate: Marrow Stimulation: Evidence Supports Popularity
Jason L. Koh, MD

12:48 pm – 12:54 pm  Debate: Surface Cartilage Treatments are the Way to Go
Craig H. Bennett, MD

12:54 pm – 1:00 pm  Debate: Osteochondral Grafts are Most Reliable
Riley J. Williams, III, MD

1:00 pm – 1:06 pm  Chondral Defects: My Decision-Making has Evolved Over Time
Bert R. Mandelbaum, MD

1:06 pm – 1:12 pm  Osteochondral Allografts: Technical Pearls You May Not Know
William D. Bugbee, MD

1:12 pm – 1:18 pm  Biologics for the Knee: My Evidence-based Indications
Andrews H. Gomoll, MD

1:18 pm – 1:38 pm  Meniscus/Cartilage Case Panel – What Would You Do?
Moderators: Kevin D. Plancher, MD and David R. Diduch, MD
Panel: Jason L. Koh, MD, Andreas H. Gomoll, MD, Riley J. Williams, III, MD, William D. Bugbee, MD, Bert R. Mandelbaum, MD, Nicholas A. Sgaglione, MD, Michael J. Stuart, MD, Craig H. Bennett, MD, Jason L. Dragoo, MD, Louis F. Mcintyre, MD

1:38 pm – 1:46 pm  MRI (Mis) Interpretation When to Worry, When to Chill?
Hollis G. Potter, MD

1:46 pm – 1:52 pm  Quick Sideline Decisions: What You Need to Know to Stay out of Trouble
Eric C. McCarty, MD

1:52 pm – 2:02 pm  Questions and Answers

2:02 pm – 2:12 pm  Break

2:12 pm – 3:28 pm  Session VI: Contemporary Controversies: Give Us Answers

Moderators: William R. Beach, MD and Elizabeth Arendt, MD

Paper #10
2:12 pm – 2:17 pm  Return to Sport Following Stabilization Surgery for Recurrent Patellar Instability in Patients Undergoing Isolated MPFL Reconstruction vs. Combined MPFL Reconstruction and Tibial Tubercle Osteotomy
Stephanie J. Swensen-Buza, MD
Paper #11
2:17 pm – 2:23 pm Outcomes and Reoperation Rates After Tibial Tubercle Transfer and Medial Patellofemoral Ligament Reconstruction

Jacob Gorbaty, MD

2:23 pm – 2:28 pm Questions and Answers

2:28 pm – 2:34 pm Debate: Patella Instability with Maltracking, Dysplasia and Alta

William R. Beach, MD

2:34 pm – 2:40 pm Debate: MPFL Only – TTO Not Worth Morbidity

Michael G. Baraga, MD

2:40 pm – 2:46 pm Debate: TTO + MPFL: Worth It!

Andrew J. Cosgarea, MD

2:46 pm – 2:54 pm Questions and Answers

2:54 pm – 3:00 pm Decision-Making and Treatment of Partial UCL Tears

Steven B. Cohen, MD

3:00 pm – 3:01 pm Debate: UCL Repair in Elbow

Moderator: James R. Andrews, MD

3:01 pm – 3:07 pm Debate: It Works and Worth a Try!

Jeffrey R. Dugas, MD

3:07 pm – 3:13 pm Debate: Not Doing it – Here’s Why

Michael G. Ciccotti, MD

Paper #12
3:13 pm – 3:18 pm The Ulnar Collateral Ligament Responds to Stress in Professional Pitchers

Peter N. Chalmers, MD

3:18 pm – 3:28 pm Questions and Answers

3:28 pm – 4:15 pm Session VII: Hip

Moderators: Bryan T. Kelly, MD and Allston J. Stubbs, IV, MD, MBA

Paper #13
3:28 pm – 3:33 pm Proximal Over-resection During Femoral Osteochondroplasty Negatively Affects the Distractive Stability of the Hip Joint

Lionel E. Lazaro, MD

3:33 pm – 3:35 pm Questions and Answers

3:35 pm – 3:41 pm Mid-term Outcomes with FAIS: What Have We Learned Over the Past Decade

J.W. Thomas Byrd, MD

3:41 pm – 3:47 pm Five Tips to Make Your Labral Repair Easier

Marc R. Safran, MD

3:47 pm – 3:53 pm Indications for Labral Reconstructions: What is the Evidence?

Marc J. Philippon, MD

3:53 pm – 3:59 pm Endoscopic Gluteus Medius/Minimus Repair: My Decision Making for Scope vs. Open

Shane J. Nho, MD

3:59 pm – 4:05 pm Endoscopic vs. Open Hamstring Repair: My Treatment Algorithm for Partial and Full Thickness Tears

Richard C. Mather, MD

4:05 pm – 4:15 pm Questions and Answers

4:15 pm Adjourn – See you in March 2021!