

# Treatment of Pediatric Supracondylar Humerus Fractures

# **Evidence-Based Clinical Practice Guideline**

Adopted by:

The American Academy of Orthopaedic Surgeons Board of Directors September 24, 2011

#### Disclaimer

This Clinical Practice Guideline was developed by an AAOS physician volunteer Work Group based on a systematic review of the current scientific and clinical information and accepted approaches to treatment and/or diagnosis. This Clinical Practice Guideline is not intended to be a fixed protocol, as some patients may require more or less treatment or different means of diagnosis. Clinical patients may not necessarily be the same as those found in a clinical trial. Patient care and treatment should always be based on a clinician's independent medical judgment, given the individual patient's clinical circumstances.

# **Disclosure Requirement**

In accordance with AAOS policy, all individuals whose names appear as authors or contributors to Clinical Practice Guideline filed a disclosure statement as part of the submission process. All panel members provided full disclosure of potential conflicts of interest prior to voting on the recommendations contained within this Clinical Practice Guidelines.

# **Funding Source**

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#### **FDA Clearance**

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# **Summary of Recommendations**

The following is a summary of the recommendations in the AAOS' clinical practice guideline, The Treatment of Pediatric Supracondylar Humerus Fractures. This summary does not contain rationales that explain how and why these recommendations were developed nor does it contain the evidence supporting these recommendations. All readers of this summary are strongly urged to consult the full guideline and evidence report for this information. We are confident that those who read the full guideline and evidence report will see that the recommendations were developed using systematic evidence-based processes designed to combat bias, enhance transparency, and promote reproducibility.

This summary of recommendations is not intended to stand alone. Treatment decisions should be made in light of all circumstances presented by the patient. Treatments and procedures applicable to the individual patient rely on mutual communication between guardian and physician as well as other healthcare practitioners.

1. We suggest nonsurgical immobilization of the injured limb for patients with acute (e.g. Gartland Type I) or non-displaced pediatric supracondylar fractures of the humerus or posterior fat pad sign

Strength of Recommendation: Moderate

Description: Evidence from two or more "Moderate" strength studies with consistent findings, or evidence from a single "High" quality study for recommending for or against the intervention. A **Moderate** recommendation means that the benefits exceed the potential harm (or that the potential harm clearly exceeds the benefits in the case of a negative recommendation), but the strength of the supporting evidence is not as strong.

Implications: Practitioners should generally follow a **Moderate** recommendation but remain alert to new information and be sensitive to patient preferences.

2. We suggest closed reduction with pin fixation for patients with displaced (Gartland Type II and III, and displaced flexion) pediatric supracondylar fractures of the humerus.

Strength of Recommendation: Moderate

Description: Evidence from two or more "Moderate" strength studies with consistent findings, or evidence from a single "High" quality study for recommending for or against the intervention. A **Moderate** recommendation means that the benefits exceed the potential harm (or that the potential harm clearly exceeds the benefits in the case of a negative recommendation), but the strength of the supporting evidence is not as strong.

Implications: Practitioners should generally follow a **Moderate** recommendation but remain alert to new information and be sensitive to patient preferences.

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 The practitioner might use two or three laterally introduced pins to stabilize the reduction of displaced pediatric supracondylar fractures of the humerus.
 Considerations of potential harm indicate that the physician might avoid the use of a medial pin.

# Strength of Recommendation: Limited

Description: Evidence from two or more "Low" strength studies with consistent findings, or evidence from a single "Moderate" quality study recommending for or against the intervention or diagnostic. A **Limited** recommendation means the quality of the supporting evidence that exists is unconvincing, or that well-conducted studies show little clear advantage to one approach versus another.

Implications: Practitioners should exercise clinical judgment when following a recommendation classified as **Limited**, and should be alert to emerging evidence that might negate the current findings. Patient preference should have a substantial influencing role.

4. We cannot recommend for or against using an open incision to introduce a medial pin to stabilize the reduction of displaced pediatric supracondylar fractures of the humerus.

# Strength of Recommendation: Inconclusive

Description: Evidence from a single low quality study or conflicting findings that do not allow a recommendation for or against the intervention. An **Inconclusive** recommendation means that there is a lack of compelling evidence resulting in an unclear balance between benefits and potential harm.

Implications: Practitioners should feel little constraint in following a recommendation labeled as **Inconclusive**, exercise clinical judgment, and be alert for emerging evidence that clarifies or helps to determine the balance between benefits and potential harm. Patient preference should have a substantial influencing role.

We are unable to recommend for or against a time threshold for reduction of displaced pediatric supracondylar fractures of the humerus without neurovascular injury.

### Strength of Recommendation: Inconclusive

Description: Evidence from a single low quality study or conflicting findings that do not allow a recommendation for or against the intervention. An **Inconclusive** recommendation means that there is a lack of compelling evidence resulting in an unclear balance between benefits and potential harm.

Implications: Practitioners should feel little constraint in following a recommendation labeled as **Inconclusive**, exercise clinical judgment, and be alert for emerging evidence that clarifies or helps to determine the balance between benefits and potential harm. Patient preference should have a substantial influencing role.

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6. The practitioner might perform open reduction for displaced pediatric supracondylar fractures of the humerus with varus or other malposition after closed reduction.

# Strength of Recommendation: Limited

Description: Evidence from two or more "Low" strength studies with consistent findings, or evidence from a single "Moderate" quality study recommending for or against the intervention or diagnostic. A **Limited** recommendation means the quality of the supporting evidence that exists is unconvincing, or that well-conducted studies show little clear advantage to one approach versus another.

Implications: Practitioners should exercise clinical judgment when following a recommendation classified as **Limited**, and should be alert to emerging evidence that might negate the current findings. Patient preference should have a substantial influencing role.

7. In the absence of reliable evidence, the opinion of the work group is that emergent closed reduction of displaced pediatric supracondylar humerus fractures be performed in patients with decreased perfusion of the hand.

# Strength of Recommendation: Consensus

Description: The supporting evidence is lacking and requires the work group to make a recommendation based on expert opinion by considering the known potential harm and benefits associated with the treatment. A **Consensus** recommendation means that expert opinion supports the guideline recommendation even though there is no available empirical evidence that meets the inclusion criteria of the guideline's systematic review.

Implications: Practitioners should be flexible in deciding whether to follow a recommendation classified as **Consensus**, although they may give it preference over alternatives. Patient preference should have a substantial influencing role.

8. In the absence of reliable evidence, the opinion of the work group is that open exploration of the antecubital fossa be performed in patients who have absent wrist pulses and are underperfused after reduction and pinning of displaced pediatric supracondylar humerus fractures.

### Strength of Recommendation: Consensus

Description: The supporting evidence is lacking and requires the work group to make a recommendation based on expert opinion by considering the known potential harm and benefits associated with the treatment. A **Consensus** recommendation means that expert opinion supports the guideline recommendation even though there is no available empirical evidence that meets the inclusion criteria of the guideline's systematic review.

Implications: Practitioners should be flexible in deciding whether to follow a recommendation classified as **Consensus**, although they may give it preference over alternatives. Patient preference should have a substantial influencing role.

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9. We cannot recommend for or against open exploration of the antecubital fossa in patients with absent wrist pulses but with a perfused hand after reduction of displaced pediatric supracondylar humerus fractures.

Strength of Recommendation: Inconclusive

Description: Evidence from a single low quality study or conflicting findings that do not allow a recommendation for or against the intervention. An **Inconclusive** recommendation means that there is a lack of compelling evidence resulting in an unclear balance between benefits and potential harm.

Implications: Practitioners should feel little constraint in following a recommendation labeled as **Inconclusive**, exercise clinical judgment, and be alert for emerging evidence that clarifies or helps to determine the balance between benefits and potential harm. Patient preference should have a substantial influencing role.

10. We are unable to recommend an optimal time for removal of pins and mobilization in patients with displaced pediatric supracondylar fractures of the humerus.

Strength of Recommendation: Inconclusive

Description: Evidence from a single low quality study or conflicting findings that do not allow a recommendation for or against the intervention. An **Inconclusive** recommendation means that there is a lack of compelling evidence resulting in an unclear balance between benefits and potential harm.

Implications: Practitioners should feel little constraint in following a recommendation labeled as **Inconclusive**, exercise clinical judgment, and be alert for emerging evidence that clarifies or helps to determine the balance between benefits and potential harm. Patient preference should have a substantial influencing role.

11. We are unable to recommend for or against routine supervised physical or occupational therapy for patients with pediatric supracondylar fractures of the humerus.

Strength of Recommendation: Inconclusive

Description: Evidence from a single low quality study or conflicting findings that do not allow a recommendation for or against the intervention. An **Inconclusive** recommendation means that there is a lack of compelling evidence resulting in an unclear balance between benefits and potential harm.

Implications: Practitioners should feel little constraint in following a recommendation labeled as **Inconclusive**, exercise clinical judgment, and be alert for emerging evidence that clarifies or helps to determine the balance between benefits and potential harm. Patient preference should have a substantial influencing role.

12. We are unable to recommend an optimal time for allowing unrestricted activity after injury in patients with healed pediatric supracondylar fractures of the humerus.

Strength of Recommendation: Inconclusive

Description: Evidence from a single low quality study or conflicting findings that do not allow a recommendation for or against the intervention. An **Inconclusive** recommendation means that there is a lack of compelling evidence resulting in an unclear balance between benefits and potential harm.

Implications: Practitioners should feel little constraint in following a recommendation labeled as **Inconclusive**, exercise clinical judgment, and be alert for emerging evidence that clarifies or helps to determine the balance between benefits and potential harm. Patient preference should have a substantial influencing role.

13. We are unable to recommend optimal timing of or indications for electrodiagnostic studies or nerve exploration in patients with nerve injuries associated with pediatric supracondylar fractures of the humerus.

Strength of Recommendation: Inconclusive

Description: Evidence from a single low quality study or conflicting findings that do not allow a recommendation for or against the intervention. An **Inconclusive** recommendation means that there is a lack of compelling evidence resulting in an unclear balance between benefits and potential harm.

Implications: Practitioners should feel little constraint in following a recommendation labeled as **Inconclusive**, exercise clinical judgment, and be alert for emerging evidence that clarifies or helps to determine the balance between benefits and potential harm. Patient preference should have a substantial influencing role.

14. We are unable to recommend for or against open reduction and stable fixation for adolescent patients with supracondylar fractures of the humerus.

Strength of Recommendation: Inconclusive

Description: Evidence from a single low quality study or conflicting findings that do not allow a recommendation for or against the intervention. An **Inconclusive** recommendation means that there is a lack of compelling evidence resulting in an unclear balance between benefits and potential harm.

Implications: Practitioners should feel little constraint in following a recommendation labeled as **Inconclusive**, exercise clinical judgment, and be alert for emerging evidence that clarifies or helps to determine the balance between benefits and potential harm. Patient preference should have a substantial influencing role.

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# **Peer Review**

Participation in the AAOS peer review process does not constitute an endorsement of this guideline by the participating organization.

The following organizations participated in peer review of this clinical practice guideline and gave their explicit consent to have their names listed in this document:

American Society for Surgery of the Hand

American Association for Hand Surgery

Pediatric Orthopaedic Society of North America

American Pediatric Surgery Association

American Physical Therapy Association

American Academy of Pediatrics

American Academy of Pediatrics; Section on Administration and Practice Management

Participation in the AAOS peer review process does not constitute an endorsement of this guideline by the participating organization.

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# I. INTRODUCTION

# **OVERVIEW**

This clinical practice guideline is based on a systematic review of published studies on the treatment of supracondylar fractures of the humerus in children. In addition to providing practice recommendations, this guideline highlights gaps in the literature and areas that require future research.

This guideline is intended to be used by all appropriately trained surgeons and all qualified physicians managing the treatment supracondylar fractures of the humerus in children. It is also intended to serve as an information resource for decision makers and other developers of clinical practice guidelines.

# GOALS AND RATIONALE

The purpose of this clinical practice guideline is to help improve treatment based on the current best evidence. Contemporary evidence-based medicine (EBM) standards demand that physicians use such evidence in their clinical decision making. To assist in this, this clinical practice guideline consists of a systematic review of the available literature regarding the treatment of supracondylar fractures of the humerus in children. The systematic review detailed herein was conducted between October 2009 and July 2010 and demonstrates where there is good evidence, where evidence is lacking, and what topics future research must target in order to improve the treatment of patients with supracondylar fractures of the humerus in children. AAOS staff and the physician work group systematically reviewed the available literature and subsequently wrote the following recommendations based on a rigorous, standardized process.

Musculoskeletal care is provided in many different settings by many different providers. We created this guideline as an educational tool to guide qualified physicians through a series of treatment decisions in an effort to improve the quality and efficiency of care. This guideline should not be construed as including all proper methods of care or excluding methods of care reasonably directed to obtaining the same results. The ultimate judgment regarding any specific procedure or treatment must be made in light of all circumstances presented by the patient and the needs and resources particular to the locality or institution.

#### INTENDED USERS

This guideline is intended to be used by orthopaedic surgeons and all physicians managing children with supracondylar fractures of the humerus. Typically, orthopaedic surgeons will have completed medical training, a qualified residency in orthopaedic surgery, and some may have completed additional sub-specialty training.

The guideline is intended to both guide clinical practice and to serve as an information resource for medical practitioners. An extensive literature base was considered during the development of this guideline. In general, practicing clinicians do not have the resources necessary for such a large project. The AAOS hopes that this guideline will assist practitioners not only in making clinical decisions about their patients, but also in

describing, to patients and others, why the chosen treatment represents the best available course of action.

This guideline is not intended for use as a benefits determination document. Making these determinations involves many factors not considered in the present document, including available resources, business and ethical considerations, and need.

Users of this guideline may also want to consider any appropriate use criteria (AUC) that the AAOS has developed on the topic of this guideline. The focus of AAOS guidelines is on the question "Does it work?" When an AAOS guideline or an AAOS-endorsed guideline shows effectiveness, the AAOS may undertake development of AUC that ask the question "In whom does it work?" This dichotomy is necessary because the medical literature (both orthopaedic and otherwise) typically does not adequately address the latter question.

That having been said, evidence for the effectiveness of medical services is not always present. This is true throughout all areas of medicine. Accordingly, all users of this clinical practice guideline are cautioned that an absence of evidence is not evidence of ineffectiveness. An absence means just that; there are no data. It is the AAOS position that rigorously developed clinical practice guidelines should not seek to guide clinical practice when data are absent unless the disease, disorder, or condition in question can result in loss of life or limb. The AAOS incorporates expert opinion into a guideline under these circumstances, and only under these circumstances. Accordingly, when the AAOS states that it cannot recommend for or against a given intervention or service, it is stating that currently available data do not provide clear guidance on which course of action is best, and that it is therefore reluctant to make a recommendation that has potentially national ramifications. Although true in all circumstances, the AAOS believes that when evidence is absent, it is particularly important for the treatment for pediatric supracondylar fractures of the humerus in children to be based on the assumption that decisions are predicated on guardian and physician mutual communication with discussion of available treatments and procedures applicable to the individual patient. Once the patient's guardian has been informed of available therapies and has discussed these options with his/her child's physician, an informed decision can be made. Clinician input based on experience with conservative management and the clinician's surgical experience and skills increases the probability of identifying patients who will benefit from specific treatment options.

# PATIENT POPULATION

This document addresses the treatment of isolated supracondylar fractures of the humerus in children who have not yet reached skeletal maturity (see Study Selection Criteria for specific age criteria of included studies). It provides information on pediatric patient management after diagnosis of a supracondylar fracture of the humerus. It is not intended for use in pediatric patients who present with additional coexisting injuries that require formal surgical intervention or other life-threatening conditions that take precedence over the treatment of the supracondylar fracture of the humerus.

### **ETIOLOGY**

Supracondylar fractures of the humerus in children are the result of trauma to the elbow, most often a fall from height or related to sports or leisure activities.<sup>1</sup>

## **INCIDENCE**

Supracondylar humerus fractures are widely considered the most common fracture of the elbow in children. The annual rate of children who present with supracondylar fractures has been estimated at 177.3 per 100,000.<sup>1</sup>

# **BURDEN OF DISEASE**

There are many components to consider when calculating the overall cost of treatment for pediatric supracondylar fractures of the humerus.<sup>2</sup> The main considerations are the relative cost and effectiveness of each treatment option. However, hidden costs for pediatric patients must also be considered. These costs include the additional home care required for a patient, the costs of rehabilitation and of missed school for the patient, child care costs if both parents work, and time off of work required by one or both parents to care for the pediatric patient.

# EMOTIONAL AND PHYSICAL IMPACT

The potential deformity of the arm at the elbow including varus deformity, prolonged loss of mobility, and absence from school often associated with the treatment of pediatric supracondylar fractures of the humerus can have adverse physical, social, and emotional consequences for the child as well as the child's family. Treatments that minimize these concerns are therefore desirable.

# POTENTIAL BENEFITS, HARMS, AND CONTRAINDICATIONS

Most treatments are associated with some known risks, especially invasive and operative treatments. Contraindications vary widely based on the treatment administered. A particular concern when managing supracondylar humerus fractures is the potential for this fracture to cause vascular compromise of the limb, which can lead to long term loss of nerve and/or muscle function. Additional factors may affect the physician's choice of treatment including but not limited to associated injuries the patient may present with as well as the individual's co-morbidities, skeletal maturity, and/or specific patient characteristics including obesity. Clinician input based on experience increases the probability of identifying patients who will benefit from specific treatment options. The individual patient's family dynamic will also influence treatment decisions therefore, discussion of available treatments and procedures applicable to the individual patient rely on mutual communication between the patient's guardian and physician, weighing the potential risks and benefits for that patient. Once the patient's guardian has been informed of available therapies and has discussed these options with his/her child's physician, an informed decision can be made.

# II. METHODS

This clinical practice guideline and the systematic review upon which it is based evaluate the effectiveness of treatments for supracondylar humerus fracture in children. This section describes the methods used to prepare this guideline and systematic review, including search strategies used to identify literature, criteria for selecting eligible articles, determining the strength of the evidence, data extraction, methods of statistical analysis, and the review and approval of the guideline. We employed these methods to minimize bias in the selection, appraisal, and analysis of the available evidence.<sup>3, 4</sup> These processes are vital to the development of reliable, transparent, and accurate clinical recommendations for treating supracondylar humerus fracture in children.

This guideline and systematic review were prepared by the AAOS Treatment of Pediatric Supracondylar Fracture of the Humerus guideline work group with the assistance of the AAOS Clinical Practice Guidelines Unit in the Department of Research and Scientific Affairs at the AAOS (Appendix I).

To develop this guideline, the work group held an introductory meeting on October 4, 2009 to establish the scope of the guideline and the systematic reviews. Upon completing the systematic reviews, the work group participated in a two-day recommendation meeting on October 2 and 3, 2010 at which the final recommendations and rationales were edited, written and voted on. An initial draft was completed and submitted for peer review November 15, 2010.

The resulting draft guidelines were then peer-reviewed, edited in response to that review, and subsequently sent for public commentary, whereafter additional edits are made. Thereafter, the draft guideline was sequentially sent for approval to the AAOS Evidence Based Practice Committee, AAOS Guidelines and Technology Oversight Committee, AAOS Council on Research, Quality Assessment, and Technology, and the AAOS Board of Directors (see Appendix II for a description of the AAOS bodies involved in the approval process). All AAOS guidelines are reviewed and updated or retired every five years in accordance with the criteria of the National Guideline Clearinghouse.

### FORMULATING PRELIMINARY RECOMMENDATIONS

The work group began work on this guideline by constructing a set of preliminary recommendations. These recommendations specify [what] should be done in [whom], [when], [where], and [how often or how long]. They function as questions for the systematic review, not as final recommendations or conclusions. Preliminary recommendations are almost always modified on the basis of the results of the systematic review. Once established, these *a priori* preliminary recommendations cannot be modified until the final work group meeting, they must be addressed by the systematic review, and the relevant review results must be presented in the final guideline.

# FULL DISCLOSURE INFORMATION

Each preliminary recommendation developed by the work group is addressed in this guideline. This is of critical importance because it ensures full disclosure of all the data

the work group considered. It also prevents bias that could result from failure to make such disclosure.

### STUDY SELECTION CRITERIA

We developed *a priori* article inclusion criteria for our review. These criteria are our "rules of evidence" and articles that did not meet them are, for the purposes of this guideline, not evidence.

To be included in our systematic reviews (and hence, in this guideline) an article had to be a report of a study that:

- Study must be of supracondylar humeral fracture
- Article must be a full article report of a clinical study
- Study must appear in a peer-reviewed publication
- Study must be published in English
- Study must be published in or after 1966
- Study must be of humans
- ≥80% of the enrolled study population must be < 12 years of age at the time of fracture (for all Recommendations except 14) For Recommendation 14, ≥80% of the enrolled study population must be >12 and <18.
- Study must not be an in vitro study
- Study must not be a biomechanical study
- Study must not have been performed on cadavers
- Study should have 10 or more patients per group
- All study follow up durations are included
- Study results must be quantitatively presented
- For any given follow-up time point in any included study, there must be ≥ 50% patient follow-up
- Retrospective non-comparative case series, medical records review, meeting abstracts, historical articles, editorials, letters, and commentaries are excluded
- Case series studies that give patients the treatment of interest AND another treatment are excluded
- Case series studies that have non-consecutive enrollment of patients are excluded
- All studies of "Very Low" strength of evidence are excluded

We did not include systematic reviews or meta-analyses compiled by others or guidelines developed by other organizations. These documents are developed using different inclusion criteria than those specified by the AAOS work group. Therefore they may include studies that do not meet our inclusion criteria. We recalled these documents, if the abstract suggested they might provide an answer to one of our recommendations, and searched their bibliographies for additional studies to supplement our systematic review.

# **BEST EVIDENCE SYNTHESIS**

We included only the best available evidence for any given outcome addressing a recommendation. Accordingly, we first included the highest quality evidence for any given outcome if it was available. In the absence of two or more occurrences of an

outcome at this quality, we considered outcomes of the next lowest quality until at least two or more occurrences of an outcome had been acquired. For example, if there were two 'moderate' quality occurrences of an outcome that addressed a recommendation, we did not include 'low' quality occurrences of this outcome.

# **OUTCOMES CONSIDERED**

The work group identified the critical outcomes for each recommendation prior to conducting the literature searches. These outcomes are indicated in the table immediately following each recommendation. Non-critical outcomes reported by an author are reported as well.

We address a total of 60 unique outcomes in this guideline. The outcomes considered for each recommendation can be found in the summary table of results for each recommendation. Critical outcomes are listed at the beginning of these summary tables in bold text. All critical outcomes identified by the work group are listed and when no evidence was found for these critical outcomes this is reported.

Clinical studies often report many different outcomes. For this guideline, patient-oriented outcomes are included wherever possible. If patient-oriented outcomes were not available surrogate/intermediate outcomes were considered. Surrogate outcome measures are laboratory measurements or another physical sign used as substitutes for a clinically meaningful end point that measures directly how a patient feels, functions, or survives. Radiographic results are an example of a surrogate outcome.

For outcomes measured using "paper and pencil" instruments (e.g. the visual analogue scale), the results using validated instruments are considered the best available evidence. In the absence of results using validated instruments, results using non-validated instruments are considered as the best available evidence and are subject to quality parameters reported below.

## MINIMAL CLINICALLY IMPORTANT IMPROVEMENT

There were no occurrences of validated MCII outcomes in the studies included in this clinical practice guideline. The following information is included in all AAOS guidelines because the analysis of statistical importance is incomplete without consideration of the clinical importance.

Wherever possible, we consider the effects of treatments in terms of the minimal clinically important improvement (MCII) in addition to whether their effects are statistically significant. The MCII is the smallest clinical change that is important to patients, and recognizes the fact that there are some treatment-induced statistically significant improvements that are too small to matter to patients.

When possible we describe the results of studies using terminology based on Armitage, et al.<sup>6</sup> The associated descriptive terms in this guideline and the conditions for using each of these terms, are outlined in Table 1.

Table 1 Descriptive terms for results with MCII

| <b>Descriptive Term</b>       | <b>Condition for Use</b>  |
|-------------------------------|---|
| Clinically Important          | Statistically significant and lower confidence limit > MCII             |
| Possibly Clinically Important | Statistically significant and confidence intervals contain the MCII     |
| Not Clinically Important      | Statistically significant and upper confidence limit < MCII             |
| Negative                      | Not statistically significant and upper confidence limit < MCII         |
| Inconclusive                  | Not statistically significant but confidence intervals contain the MCII |

When MCII values from the specific guideline patient population was not available, we used values from the most closely related population that has published data available. We acknowledge that there can be variance in the MCII from disease to disease as well as what individual patients consider improvement.

### LITERATURE SEARCHES

We attempted to make our searches for articles comprehensive. Using comprehensive literature searches ensures that the evidence we considered for this guideline is not biased for (or against) any particular point of view.

We searched for articles published from January 1966 to July 29, 2010. We searched four electronic databases; PubMed, EMBASE, CINAHL, and The Cochrane Central Register of Controlled Trials. Strategies for searching electronic databases were constructed by the AAOS Medical Librarian using previously published search strategies to identify relevant studies.<sup>7-12</sup>

We supplemented searches of electronic databases with manual screening of the bibliographies of all retrieved publications. We also searched the bibliographies of recent systematic reviews and other review articles for potentially relevant citations. All articles identified were subject to the study selection criteria listed above.

The study attrition diagram in Appendix III provides details about the inclusion and exclusion of the studies considered for this guideline. The search strategies used to identify these studies are provided in Appendix IV.

# METHODS FOR EVALUATING EVIDENCE

# CLASSIFICATION OF THE FRACTURE

#### **TIMING**

Based on the evidence, acute fracture we defined patients with "acute" fractures as those patients who presented for treatment within fourteen days of injury. Please see the supporting evidence for Recommendation 1 for additional information.

#### SYSTEMS OF CLASSIFICATION

There are numerous fracture classification systems employed by surgeons to help evaluate, plan and standardize treatment. Classification systems communicate the displacement, comminution and rotation of the fracture being treated but no single classification system has perfect inter and intra observer reliability. Further, no classification system can precisely classify all fractures without consideration of additional clinical factors including the mechanism of injury, time and duration since injury, soft tissue damage and swelling and/or presence of neurovascular compromise. Hence, within the guideline we reference the Gartland classification system as a point of reference and not a standard for fracture classification.

The Gartland classification system also applies only to extension and not flexion fractures. However, within our guideline all recommendations that address a displaced fracture refer to both extension and flexion fractures. The ultimate goal of treatment is to achieve optimal outcomes for the patient. As stated throughout the guideline, treatments and procedures applicable to the individual patient rely on mutual communication between the patient's guardian and physician, weighing the potential risks and benefits for that patient based on their individual circumstances, injury and presentation.

### **QUALITY**

We evaluated the quality of the data on each outcome using a domain-based approach. Such an approach is used by the Cochrane Collaboration.<sup>13</sup> Unlike the Cochrane Collaboration's scheme (which is for studies with parallel control groups), our scheme allows for evaluation of studies of all designs. The domains we used are whether:

- The study was prospective (with prospective studies, it is possible to have an a priori hypothesis to test; this is not possible with retrospective studies.)
- The study was of low statistical power
- The assignment of patients to groups was unbiased
- There was sufficient blinding to mitigate against a placebo effect
- The patient groups were comparable at the beginning of the study
- The treatment was delivered in such a way that any observed effects could reasonably be attributed to that treatment
- Whether the instruments used to measure outcomes were valid
- Whether there was evidence of investigator bias

Each quality domain is addressed by one or more questions. These questions are shown in Appendix V, Table 76.

To arrive at the quality of the evidence for a given outcome, every quality domain for that outcome reported in any given study is initially judged as not having any flaws and, therefore, the quality of evidence for the effect of that treatment on that outcome is taken as "High." For all domains except the "Statistical Power" domain, if one or more questions addressing any given domain are answered "No" for a given outcome, that domain is said to have a flaw. A domain is also flawed if there are two or more "Unclear" answers to questions addressing that domain.

Our evaluation of the "Statistical Power" domain considers whether a study had high, moderate or low power. In doing so, we account for whether the results were statistically significant and for the number of patients in the statistical analysis performed on the outcome of interest. The details of these considerations are provided in Appendix V, Table 77.

Domain flaws lead to corresponding reductions in the quality of the evidence. The manner in which we conducted these reductions is shown in the table below (Table 2). For example, the evidence reported in a randomized controlled trial (RCT) for an outcome of interest begins as being rated as "High" quality. However, if more than one domain is flawed for the evidence addressing this outcome, the quality of evidence is reduced to "Moderate." The quality remains "Moderate" even if another domain is flawed. However, if a fourth domain is flawed, the quality of evidence for that outcome is reduced to "Low." The quality of evidence is reduced to "Very Low" if six or more domains are flawed.

Some flaws are so serious that we automatically term the evidence as being of "Very Low" quality if a study exhibits them. These serious design flaws are:

- Non-consecutive enrollment of patients in a case series
- Case series that gave patients the treatment of interest AND another treatment
- Measuring the outcome of interest one way in some patients and measuring it in another way in other patients
- Low Statistical Power

Table 2 Relationship between Quality and Domain Scores for Outcomes of Treatments

| Number of Domains With No More Than<br>One "Unclear" Answer* | Strength of Evidence |
|--|----------------------|
| 0  | High                 |
| 1-2  | Moderate             |
| 3-4  | Low                  |
| >5   | Very Low             |

#### APPLICABILITY

The applicability (also called "generalizability" or "external validity") of an outcome is one of the factors used to determine the strength of a recommendation. We categorize

outcomes according to whether their applicability is "High", "Moderate", or "Low." As with quality, we separately evaluate the applicability for each outcome a study reports.

The applicability of a study is evaluated using the PRECIS instrument.<sup>14</sup> The instrument was originally designed to evaluate the applicability of randomized controlled trials, but it can also be used for studies of other design. For example, the existence of an implicit control group in a case series (see above) make it useful for evaluating outcomes from these latter studies.

This instrument is comprised of the 10 questions that are briefly described in Table 3. All 10 questions are asked of all studies, regardless of design. The questions are divided into four domains. These domains and their corresponding questions are given in Table 3.

Table 3 Brief Description of the PRECIS Questions and Domains

| Question                               | Domain                      |
|--|-----------------------------|
| All Types of Patients Enrolled         | Participants                |
| Flexible Instructions to Practitioners | Interventions and Expertise |
| Full Range of Expt'l Practitioners     | Interventions and Expertise |
| Usual Practice Control                 | Interventions and Expertise |
| Full Range of Control Practitioners    | Interventions and Expertise |
| No Formal Follow-up                    | Interventions and Expertise |
| Usual and Meaningful Outcome           | Interventions and Expertise |
| Compliance Not Measured                | Compliance and Adherence    |
| No Measure of Practitioner Adherence   | Compliance and Adherence    |
| All Patients in Analysis               | Analysis                    |

Each study is assumed to have "High" applicability at the start, and applicability is downgraded for flawed domains as summarized in Table 4.

**Table 4 Relationship Between Applicability and Domain Scores for Studies of Treatments** 

| <b>Number. Of Flawed Domains</b> | Applicability |
|----------------------------------|---------------|
| 0                                | High          |
| 1, 2, 3                          | Moderate      |
| 4                                | Low           |

A study's applicability is "High" if there is only one "Unclear" answer in one domain and the answers to all of the questions for all other domains is "Yes." A study's applicability is low if there is one "Unclear" answer in one domain and the answers to all of the questions for all other domains is "No." A study's applicability is "Moderate" under all other conditions.

### FINAL STRENGTH OF EVIDENCE

To determine the final strength of evidence for an outcome, the strength is initially taken to equal quality. An outcome's strength of evidence is increased by one category if its applicability is "High", and an outcome's strength of evidence is decreased by one category if its applicability is "Low." If an outcome's applicability is "Moderate", no adjustment is made to the strength of evidence derived from the quality evaluation.

# DEFINING THE STRENGTH OF THE RECOMMENDATIONS

Judging the strength of evidence is only a stepping stone towards arriving at the strength of a guideline recommendation. The strength of recommendation also takes into account the quality, quantity, and the trade-off between the benefits and harms of a treatment, the magnitude of a treatment's effect, and whether there is data on critical outcomes.

Strength of recommendation expresses the degree of confidence one can have in a recommendation. As such, the strength expresses how possible it is that a recommendation will be overturned by future evidence. It is very difficult for future evidence to overturn a recommendation that is based on many high quality randomized controlled trials that show a large effect. It is much more likely that future evidence will overturn recommendations derived from a few small case series. Consequently, recommendations based on the former kind of evidence are given a high strength of recommendation and recommendations based on the latter kind of evidence are given a low strength.

To develop the strength of a recommendation, AAOS staff first assigned a preliminary strength for each recommendation that took only the final strength of evidence (including quality and applicability) and the quantity of evidence (see Table 5). Work group members then modified the preliminary strength of the recommendation using the 'Form for Assigning Strength of Recommendation (Interventions)' shown in Appendix VI.

**Table 5 Strength of recommendation descriptions** 

| Statement              | Description of Evidence Strength  | Implication for Practice   |  |
|------------------------|---|--|--|
| Rating                 |   | _  |  |
| Strong                 | Evidence is based on two or more "High" strength studies with consistent findings for recommending for or against the intervention.   | Practitioners should follow a <b>Strong</b> recommendation unless a clear and compelling rationale for an alternative approach is present.   |  |
|                        | A <b>Strong</b> recommendation means that the benefits of the recommended approach clearly exceed the potential harm (or that the potential harm clearly exceeds the benefits in the case of a strong negative recommendation), and that the strength of the supporting evidence is high. |  |  |
| Moderate               | Evidence from two or more "Moderate" strength studies with consistent findings, or evidence from a single "High" quality study for recommending for or against the intervention.  | Practitioners should generally follow a <b>Moderate</b> recommendation but remain alert to new information and be sensitive to patient preferences.  |  |
|                        | A <b>Moderate</b> recommendation means that the benefits exceed the potential harm (or that the potential harm clearly exceeds the benefits in the case of a negative recommendation), but the strength of the supporting evidence is not as strong.                                      |  |  |
| Limited                | Evidence from two or more "Low" strength studies with consistent findings, or evidence from a single Moderate quality study recommending for or against the intervention or diagnostic.   | Practitioners should be cautious in deciding whether to follow a recommendation classifi as <b>Limited</b> , and should exercise judgment at be alert to emerging publications that report evidence. Patient preference should have a  |  |
|                        | A <b>Limited</b> recommendation means the quality of the supporting evidence that exists is unconvincing, or that well-conducted studies show little clear advantage to one approach versus another.  | substantial influencing role.  |  |
| Inconclusive           | Evidence from a single low quality study or conflicting findings that do not allow a recommendation for or against the intervention.  | Practitioners should feel little constraint in deciding whether to follow a recommendation labeled as <b>Inconclusive</b> and should exercise judgment and be alert to future publications   |  |
|                        | An <b>Inconclusive</b> recommendation means that there is a lack of compelling evidence resulting in an unclear balance between benefits and potential harm.  | that clarify existing evidence for determining balance of benefits versus potential harm. Patient preference should have a substantial influencing role.   |  |
| Consensus <sup>1</sup> | The supporting evidence is lacking and requires the work group to make a recommendation based on expert opinion by considering the known potential harm and benefits associated with the treatment.   | Practitioners should be flexible in deciding whether to follow a recommendation classified as <b>Consensus</b> , although they may set boundaries on alternatives. Patient preference should have a substantial influencing role.  |  |
|                        | A <b>Consensus</b> recommendation means that expert opinion supports the guideline recommendation even though there is no available empirical evidence that meets the inclusion criteria.   | , and the second |  |

<sup>&</sup>lt;sup>1</sup> The AAOS will issue a consensus-based recommendation only when the service in question has virtually no associated harm and is of low cost (e.g. a history and physical) or when not establishing a recommendation could have catastrophic consequences.

Each recommendation was written using language that accounts for the final strength of the recommendation. This language, and the corresponding strength, is shown in Table 6.

Table 6 AAOS guideline language

| G 43.44 - T  | Strength of    |
|--|----------------|
| Guideline Language   | Recommendation |
| We recommend   | Strong         |
| We suggest   | Moderate       |
| The Practitioner might   | Limited        |
| We are unable to recommend for or against                                      | Inconclusive   |
| In the absence of reliable evidence, the <i>opinion</i> of this work group is* | Consensus*     |

<sup>\*</sup>Consensus based recommendations are made according to specific criteria. These criteria can be found in Appendix VII.

# **VOTING ON THE RECOMMENDATIONS**

The recommendations and their strength were voted on using a structured voting technique known as the nominal group technique.<sup>15</sup> We present details of this technique in Appendix VII. Voting on guideline recommendations was conducted using a secret ballot and work group members were blinded to the responses of other members. If disagreement between work group members was significant, there was further discussion to see whether the disagreement(s) could be resolved. Up to three rounds of voting were held to attempt to resolve disagreements. If disagreements were not resolved following three voting rounds, no recommendation was adopted. Lack of agreement is a reason that the strength for some recommendations can be labeled "Inconclusive."

# STATISTICAL METHODS

When possible, we recalculate the results reported in individual studies and compile them to answer the recommendations. The results of all statistical analysis conducted by the AAOS Clinical Practice Guidelines Unit is conducted using STATA 10.0<sup>16</sup>. STATA was used to determine the magnitude, direction, and/or 95% confidence intervals of the treatment effect. For data reported as means (and associated measures of dispersion) the mean difference between groups and the 95% confidence interval was calculated and a two-tailed t-test of independent groups was used to determine statistical significance. When published studies report measures of dispersion other than the standard deviation the value was estimated to facilitate calculation of the treatment effect. In studies that report standard errors or confidence intervals the standard deviation was back-calculated. In studies that only report the median, range, and/or size of the trial, we estimated the means and variances according to a published method.<sup>17</sup> In some circumstances statistical testing was conducted by the authors and measures of dispersion were not reported. In the absence of measures of dispersion, the results of the statistical analyses conducted by the authors (i.e. the p-value) are considered as evidence. For proportions, we report the proportion of patients that experienced an outcome along with the percentage of patients that experienced an outcome. The variance of the arcsine difference was used to

determine statistical significance.  $^{18}$  P-values < 0.05 were considered statistically significant.

We performed meta-analyses using the random effects method of DerSimonian and Laird. A minimum of four studies was required for an outcome to be considered by meta-analysis. Heterogeneity was assessed with the I-squared statistic. Meta-analyses with I-squared values less than 50% were considered as evidence. Those with I-squared larger than 50% were not considered as evidence for this guideline. All meta-analyses were performed using STATA 10.0 and the "metan" command. The arcsine difference was used in meta-analysis of proportions. In order to overcome the difficulty of interpreting the magnitude of the arcsine difference, a summary odds ratio is calculated based on random effects meta-analysis of proportions and the number needed to treat (or harm) is calculated. The standardized mean difference was used for meta-analysis of means and magnitude was interpreted using Cohen's definitions of small, medium, and large effect. Reference was used for meta-analysis of means and magnitude was interpreted using Cohen's definitions of small, medium, and large effect.

In this guideline, we conduct meta-analysis on relatively low quality data. We do this to combat low power of individual studies, however readers should remember that the data are still low quality and our meta-analysis do not increase the quality of the this evidence.

#### PEER REVIEW

The draft of the guideline and evidence report was peer reviewed for content. The work group nominated external specialty societies *a priori* to the development of the guideline who then chose content experts to review the document on their behalf. The physician members of the AAOS Guidelines Oversight Committee and the Evidence Based Practice Committee also peer reviewed this document.

Peer review was accomplished using a structured peer review form (see Appendix VIII). The structured review form requires all peer reviewers to declare their conflicts of interest. Peer reviewers may request that their name and corresponding contact information remain anonymous when the final document is published, however, all comments, corresponding conflicts of interest and AAOS responses will be made public with the guidelines if the AAOS Board of Directors approves the document.

Some external specialty societies' will ask their evidence-based practice (EBP) committee to provide peer review comments of our guidelines. These comments must be compiled into one succinct document. We require that the Chair of the external specialty societies' EBP declare his/her conflict of interest and manage the conflicts of interest of the members of that organizations EBP committee.

The draft guideline was sent to eight review organizations of ten that were solicited. A total of thirty-seven reviewers including the members of the AAOS Guidelines Oversight Committee and Evidence-Based Practice Committee were forwarded the draft. Thirteen peer reviewers returned comments (see Appendix IX). The disposition of all non-editorial peer review comments was documented and accompanied this guideline through the public commentary and the AAOS guideline approval process.

# **PUBLIC COMMENTARY**

After modifying the draft in response to peer review, the guideline was subjected to a thirty day period of "Public Commentary." Commentators consist of members of the AAOS Board of Directors (BOD), members of the Council on Research and Quality (CORQ), members of the Board of Councilors (BOC), and members of the Board of Specialty Societies (BOS). The guideline is automatically forwarded to the AAOS BOD and CORQAT so that they may review it and provide comment prior to being asked to approve the document. Members of the BOC and BOS are solicited for interest. If they request to see the document, it is forwarded to them for comment. Based on these bodies, over 200 commentators have the opportunity to provide input into this guideline. Of these, eighteen members received the document for review and four members returned public comments (see Appendix IX).

# THE AAOS GUIDELINE APPROVAL PROCESS

Following public commentary, the draft is again modified by the AAOS Clinical Practice Guidelines Unit and work group members. If changes are made as a result of public comment, these changes are summarized and members providing commentary are notified that their input resulted in a change in the guideline.

This final guideline draft must be approved by the AAOS Evidence Based Practice Committee, the AAOS Guidelines Oversight Committee, the AAOS Council on Research and Quality, and the AAOS Board of Directors. Descriptions of these bodies are provided in Appendix II.

# **REVISION PLANS**

This guideline represents a cross-sectional view of current treatment and may become outdated as new evidence becomes available. This guideline will be revised in accordance with new evidence, changing practice, rapidly emerging treatment options, and new technology. This guideline will be updated or withdrawn in five years in accordance with the standards of the National Guideline Clearinghouse.

# **GUIDELINE DISSEMINATION PLANS**

The primary purpose of the present document is to provide interested readers with full documentation about not only our recommendations, but also about how we arrived at those recommendations. This document is also posted on the AAOS website at <a href="http://www.aaos.org/research/guidelines/guide.asp">http://www.aaos.org/research/guidelines/guide.asp</a>.

Shorter versions of the guideline are available in other venues. Publication of most guidelines is announced by an Academy press release, articles authored by the work group and published in the Journal of the American Academy of Orthopaedic Surgeons, and articles published in AAOS *Now*. Most guidelines are also distributed at the AAOS Annual Meeting in various venues such as on Academy Row and at Committee Scientific Exhibits.

Selected guidelines are disseminated by webinar, an Online Module for the Orthopaedic Knowledge Online website, Radio Media Tours, Media Briefings, and by distributing

them at relevant Continuing Medical Education (CME) courses and at the AAOS Resource Center.

Other dissemination efforts outside of the AAOS will include submitting the guideline to the National Guideline Clearinghouse and distributing the guideline at other medical specialty societies' meetings.

# III.RECOMMENDATIONS

# **RECOMMENDATION 1**

We suggest nonsurgical immobilization of the injured limb for patients with acute (e.g. Gartland Type I) or non-displaced pediatric supracondylar fractures of the humerus or posterior fat pad sign.

# **Strength of Recommendation: Moderate**

Description: Evidence from two or more "Moderate" strength studies with consistent findings, or evidence from a single "High" quality study for recommending for or against the intervention. A **Moderate** recommendation means that the benefits exceed the potential harm (or that the potential harm clearly exceeds the benefits in the case of a negative recommendation), but the strength of the supporting evidence is not as strong.

Implications: Practitioners should generally follow a **Moderate** recommendation but remain alert to new information and be sensitive to patient preferences.

| Included<br>Studies  | Number<br>of<br>Outcomes | Level of<br>Evidence | Quality  | Applicability | Critical Outcome(s) For this Recommendation | Benefits<br>and Harms<br>Adjustment |
|----------------------|--------------------------|----------------------|----------|---------------|---|-------------------------------------|
| Oakley <sup>22</sup> | 2                        | II                   | Moderate | Moderate      | cubitus varus, hyperextension,              | None                                |
| Ballal <sup>23</sup> | 3                        | II                   | Low      | High          | loss of reduction, pain                     |                                     |

## **RATIONALE**

Gartland Type I or non-displaced pediatric supracondylar humeral fractures are fractures without significant distortion of anatomical bony landmarks of the supracondylar region and can be associated with posterior fat pad sign. Non-operative immobilization of these fractures is common practice.

This recommendation is based on two moderate quality studies that analyzed collar and cuff immobilization versus back-slab (posterior splint) immobilization for non-displaced pediatric supracondylar humeral fractures. Ballal, et al. was a prospective double-cohort study with a total of 40 patients and 20 in each group (collar and cuff versus back slab). Oakley, et al presented a randomized control trial with similar comparison groups and had a total of 50 patients (27 randomized to a posterior slab group and 23 to a collar and cuff). The randomized controlled trial was classified as moderate quality (see below for quality evaluation). Both of these prospective studies found better pain relief within the first two weeks of injury with the posterior splint/ back slab method of immobilization. The critical outcomes not reported include cubitus varus, hyperextension and loss of reduction.

#### SUPPORTING EVIDENCE

# **QUALITY**

Relevant Tables: Table 7, Table 9

Data on 5 outcomes from two studies were found for this recommendation. Two outcomes were of moderate quality and three were of low quality (Table 7). Oakley, et al. was a randomized controlled trial and Ballal, et al. was a prospective controlled trial. Neither study blinded patients, caregivers, or assessors. The blinding domain was the only flawed quality domain for the randomized controlled trial. The other study assigned patients to a treatment group based on the preference of the treating physician and had statistically significant differences in the duration between injury and time of clinic review (i.e. group comparability). All other quality analysis domains were not flawed (Table 9).

### **APPLICABILITY**

Relevant Tables: Table 7, Table 9

Outcomes from Ballall, et al. were assessed as likely to apply to usual clinical practice. Therefore, the applicability of results to results that would be obtained in a typical practice is high. Oakley, et al., a randomized controlled trial with a strict treatment protocol, has some uncertainty if the treatment was delivered similarly to the way it would be delivered in the typical practice and uncertainty if the practitioners who delivered the treatment did so in a way similar to the way it would be delivered in most practices. The applicability of these to results that would be obtained in a typical practice is moderate. Results of the applicability domains analysis are available in Table 9.

### FINAL STRENGTH OF EVIDENCE

All 'Low' quality outcomes considered for this recommendation were upgraded because of 'High' applicability, resulting in a 'Moderate' final strength of evidence. The 'Moderate' quality outcomes remained at 'Moderate' strength of evidence based on their 'Moderate' applicability (Table 7).

Table 7 Quality and Applicability Summary - Treatment of Type I Fractures

| Study  | Outcome                          | Duration | Quality  | Applicability | Strength<br>of<br>Evidence |
|--------|----------------------------------|----------|----------|---------------|----------------------------|
| Oakley | Days to resume normal activities | 2 weeks  | Moderate | Moderate      | Moderate                   |
| Ballal | Pain (Wong-Baker Faces)          | 2-3 days | Low      | High          | Moderate                   |
| Oakley | Pain (VAS)                       | 2 weeks  | Moderate | Moderate      | Moderate                   |
| Ballal | Regular use of analgesia         | 2-3 days | Low      | High          | Moderate                   |
| Ballal | Sleep interruption               | 2-3 days | Low      | High          | Moderate                   |

Bold outcomes are identified as critical outcomes

#### RESULTS

# Relevant Tables: Table 8, Table 10, Table 11

Both studies compared treatment with a backslab to treatment with cuff and collar. One study reported outcomes 2-3 days after treatment and the other reported outcomes 2 weeks after treatment. The results of statistical testing and the direction of treatment effect (i.e. the favored treatment) are summarized in the table below (Table 8).

In total, 5 of 5 outcomes had statistically significant differences based on analysis of mean differences and proportions (Table 8, Table 10, Table 11)

One (of 4) critical outcome identified by the work group was reported. Pain was reported by both studies, although at different durations and using different scales. The results were statistically significant in both studies when analyzing mean differences (Table 10). Oakley, et al. reported that 20 mm difference in pain on the visual analog scale (VAS) would be clinically important. The difference between the two treatment groups in this study, for pain on the VAS, was statistically significant with confidence intervals that did not include this clinically meaningful difference.

Table 8 Results Summary - Treatment of Type I Fractures

| Outcome(s)                                 | 2-3 days                          | 2 weeks |
|--|-----------------------------------|---------|
| Cubitus varus                              | no evidence                       |         |
| Hyperextension                             | <b>Hyperextension</b> no evidence |         |
| Loss of Reduction                          | <b>Reduction</b> no evidence      |         |
| Pain                                       | •                                 | •       |
| Number of days to resume normal activities |                                   | •       |
| Regular use of analgesia                   | •                                 |         |
| Sleep interruption                         | •                                 |         |

Bold outcomes are identified as critical outcomes, ◆: statistically significant in favor of backslab, o: no statistically significant difference, ◆: statistically significant in favor of cuff and collar

# EVIDENCE TABLES AND FIGURES QUALITY AND APPLICABILITY

## Table 9 Quality and Applicability Domain Scores – Treatment of Type I Fractures

| •: Domain fr<br>•: Domain fla |                                  | Duration | Prospective | Power | Group Assignment | Blinding | Group Comparability | Treatment Integrity | Measurement | Investigator Bias | Quality  | Participants | Interventions & Expertise | Compliance & Adherence | Analysis | Applicability |
|-------------------------------|----------------------------------|----------|-------------|-------|------------------|----------|---------------------|---------------------|-------------|-------------------|----------|--------------|---------------------------|------------------------|----------|---------------|
| Siddy                         | 1                                | Duration |             |       |                  |          |                     | 1                   | 1           | 1                 | Quality  |              |                           |                        |          | Ippucubuiy    |
| Oakley                        | Days to resume normal activities | 2 weeks  | •           | •     | •                | 0        | •                   | •                   | •           | •                 | Moderate | •            | 0                         | •                      | •        | Moderate      |
| Ballal                        | Pain (Wong-Baker<br>Faces)       | 2-3 days | •           | •     | 0                | 0        | 0                   | •                   | •           | •                 | Low      | •            | •                         | •                      | •        | High          |
| Oakley                        | Pain (VAS)                       | 2 weeks  | •           | •     | •                | 0        | •                   | •                   | •           | •                 | Moderate | •            | 0                         | •                      | •        | Moderate      |
| Ballal                        | Regular use of analgesia         | 2-3 days | •           | •     | 0                | 0        | 0                   | •                   | •           | •                 | Low      | •            | •                         | •                      | •        | High          |
| Ballal                        | Sleep interruption               | 2-3 days | •           | •     | 0                | 0        | 0                   | •                   | •           | •                 | Low      | •            | •                         | •                      | •        | High          |

FINDINGS
Table 10 Analysis of Mean Differences – Treatment of Type I fractures

| Study  | n  | Strength of Evidence | Outcome                          | Duration | Backslab<br>(mean±SD) | Cuff/Collar (mean±SD) | Difference<br>(95% CI) | Results         |
|--------|----|----------------------|----------------------------------|----------|-----------------------|-----------------------|------------------------|-----------------|
| Oakley | 39 | Moderate             | Days to resume normal activities | 2 weeks  | $2.5 \pm 1$           | 7 ± 2.5               | 4.5<br>(3.3, 5.7)      | Favors Backslab |
| Oakley | 48 | Moderate             | Pain (100mm<br>VAS)              | 2 weeks  | 28 ± 5                | 36 ± 7                | 8*<br>(4.6, 11.4)      | Favors Backslab |
| Ballal | 50 | Moderate             | Pain (Wong-Baker<br>Faces scale) | 2-3 days | $3.4 \pm 1.58$        | $7.2 \pm 1.4$         | 3.8<br>(2.8, 4.8)      | Favors Backslab |

<sup>\*</sup> study authors use a clinically significant difference of 20mm in a priori power analysis.

**Table 11 Analysis of Proportions – Treatment of Type I Fractures** 

| Study  | n  | Strength of Evidence | Outcome                  | Duration | Backslab<br>%, n/N | Cuff/Collar<br>%, n/N | p-value | Results         |
|--------|----|----------------------|--------------------------|----------|--------------------|-----------------------|---------|-----------------|
| Ballal | 40 | Moderate             | Regular use of analgesia | 2-3 days | 20% , 4/20         | 70%, 14/20            | 0.00    | Favors Backslab |
| Ballal | 40 | Moderate             | Sleep interruption       | 2-3 days | 45%, 9/20          | 85%, 17/20            | 0.01    | Favors Backslab |

#### **RECOMMENDATION 2**

We suggest closed reduction with pin fixation for patients with displaced (e.g. Gartland Type II and III, and displaced flexion) pediatric supracondylar fractures of the humerus.

#### **Strength of Recommendation: Moderate**

Description: Evidence from two or more "Moderate" strength studies with consistent findings, or evidence from a single "High" quality study for recommending for or against the intervention. A **Moderate** recommendation means that the benefits exceed the potential harm (or that the potential harm clearly exceeds the benefits in the case of a negative recommendation), but the strength of the supporting evidence is not as strong.

Implications: Practitioners should generally follow a **Moderate** recommendation but remain alert to new information and be sensitive to patient preferences.

| Included                         | Number<br>of | Level of | O W      |               | Critical                       | Benefits and<br>Harms |
|----------------------------------|--------------|----------|----------|---------------|--------------------------------|-----------------------|
| Studies                          | Outcomes     | Evidence | Quality  | Applicability | Outcome(s)                     | Adjustment            |
| Ababneh <sup>24</sup>            | 3            | III      | Low      | Moderate      | cubitus varus, hyperextension, | Upgrade               |
| Almorhij <sup>25</sup>           | 2            | III      | Low      | Moderate      | loss of reduction,             |                       |
| France <sup>26</sup>             | 2            | III      | Low      | Moderate      | malunions, pain, stiff         |                       |
| Kennedy <sup>27</sup>            | 4            | III      | Low      | Moderate      | elbow                          |                       |
| Khan <sup>28</sup>               | 4            | III      | Low      | Moderate      |                                |                       |
| Padman <sup>29</sup>             | 1            | III      | Low      | Moderate      |                                |                       |
| Pandey <sup>30</sup>             | 3            | II       | Low      | Moderate      |                                |                       |
| Pirone <sup>31</sup>             | 7            | III      | Low      | Moderate      | _                              |                       |
| Ababneh <sup>24</sup>            | 3            | III      | Low      | Moderate      |                                |                       |
| Kaewpor-<br>nsawan <sup>32</sup> | 1            | II       | Moderate | Moderate      |                                |                       |
| Ozkoc <sup>33</sup>              | 8            | III      | Low      | Moderate      | _                              |                       |
| France <sup>26</sup>             | 2            | III      | Low      | Moderate      |                                |                       |
| Pirone <sup>31</sup>             | 7            | III      | Low      | Moderate      |                                |                       |
| Sutton <sup>2</sup>              | 1            | III      | Low      | Moderate      |                                |                       |

#### RATIONALE

Data on 48 outcomes from 11 studies formed the basis of this recommendation. For this analysis, Gartland Type II and III fractures were analyzed in aggregate since many of the studies combined the results from the two types. Similarly, the less common flexion type pediatric supracondylar fracture was included in this group. [Please refer to line 732 of this guideline for additional information.] The quality, applicability, and the strength of the evidence generated a preliminary strength of recommendation of "limited". The work group upgraded the recommendation to "moderate" based on the potential for harm from non-operative treatment of displaced pediatric supracondylar fractures. For example, casting the arm in hyperflexion may cause limb threatening ischemia.

The initial recommendation of "limited" was based on the lack of evidence addressing the six critical outcomes that the work group had identified. Pin fixation was shown to be statistically superior to non-operative treatment for two critical outcomes, prevention of cubitus varus and loss of motion.

Among the non-critical outcomes, pin fixation was statistically superior to non-operative treatment in a meta-analysis of Flynn's Criteria. This outcome incorporates both range of motion and carrying angle. Two non-critical outcomes, infection and pin track infection, favored non-operative treatment because they can only occur in patients who receive operative treatment.

Although operative treatment introduces the risk of infection, the improved critical outcomes combined with the decreased risk of limb threatening ischemic injury outweigh these risks.

#### SUPPORTING EVIDENCE

**QUALITY** 

Relevant Tables: Table 12-Table 14, Table 18-Table 20

Data on 48 outcomes from eleven studies were found for this recommendation. One outcome was of moderate quality and all remaining outcomes were of low quality (Table 52-Table 55). The single moderate strength outcome was from the randomized controlled trial by Kaewpornsawan. This outcome, patient satisfaction, had two flawed quality domains; blinding and measurement. The measurement domain is flawed, despite its obvious importance to patients, due to not being validated. Three outcomes from the second RCT, Pandey, et al., had an unflawed prospective quality domain but was flawed for group assignment, blinding, and measurement. Three outcomes measuring infection had unflawed measurement domains due to being directly observable without the need for testing and/or important to the patient. The remaining 41 outcomes from nine retrospective comparative studies had flawed prospective, group assignment, blinding and measurement domains. All other quality analysis domains were not flawed (Table 18-Table 20).

#### **APPLICABILITY**

Relevant Tables: Table 12-Table 14, Table 18-Table 20

For all eleven studies there is some uncertainty if the practitioners who delivered the treatment did so in a way similar to the way it would be delivered in most practices due to the low number of surgeons performing the operations in each study. Except for the patients enrolled in the two randomized controlled trials (Pandey, et al. and Kaewpornsawan), the patients investigated in these studies are thought to be similar to those seen in actual clinical practice. The compliance and adherence to treatment in all of the studies is believed to be similar to that seen in actual clinical practice. The applicability of the included outcomes to results that would be obtained in a typical practice is moderate. Results of the applicability domains analysis are available in Table 18-Table 20.

#### FINAL STRENGTH OF EVIDENCE

All 'Low' quality outcomes remained at 'Low' strength of evidence based on their 'Moderate' applicability. The single 'Moderate' quality outcome remained at 'Moderate' strength of evidence based on it's 'Moderate' applicability (Table 12-Table 14).

Table 12 Quality and Applicability Summary - Closed Reduction with Pin Fixation vs. Non-operative Treatment

| Study    | Outcome                            | Duration           | Quality | Applicability | Strength<br>of<br>Evidence |
|----------|------------------------------------|--------------------|---------|---------------|----------------------------|
| France   | Baumann's angle                    | Union              | Low     | Moderate      | Low                        |
| Pirone   | Carrying angle                     | Final<br>follow-up | Low     | Moderate      | Low                        |
| Ababneh  | Cubitus varus                      | n/a                | Low     | Moderate      | Low                        |
| Almohrij | Cubitus varus                      | n/a                | Low     | Moderate      | Low                        |
| Kennedy  | Cubitus varus                      | n/a                | Low     | Moderate      | Low                        |
| Khan     | Cubitus varus                      | n/a                | Low     | Moderate      | Low                        |
| Pirone   | Cubitus varus                      | n/a                | Low     | Moderate      | Low                        |
| Pirone   | Elbow extension                    | Final<br>follow-up | Low     | Moderate      | Low                        |
| Pirone   | Elbow flexion                      | Final<br>follow-up | Low     | Moderate      | Low                        |
| Ababneh  | Flynn's criteria -<br>satisfactory | Final<br>follow-up | Low     | Moderate      | Low                        |
| Khan     | Flynn's criteria -<br>satisfactory | 1 year             | Low     | Moderate      | Low                        |
| Pandey   | Flynn's criteria -<br>satisfactory | 6 months           | Low     | Moderate      | Low                        |
| Pirone   | Flynn's criteria -<br>satisfactory | Final<br>follow-up | Low     | Moderate      | Low                        |

Table 12 Quality and Applicability Summary - Closed Reduction with Pin Fixation vs. Non-operative Treatment

|               |  |                    |         |               | Strength<br>of |
|---------------|--|--------------------|---------|---------------|----------------|
| Study         | Outcome                                | Duration           | Quality | Applicability | Evidence       |
| Padman        | Good<br>outcome/uneventful<br>recovery | Final<br>follow-up | Low     | Moderate      | Low            |
| France        | Humerocapitellar angle                 | Union              | Low     | Moderate      | Low            |
| Pandey        | Iatrogenic ulnar nerve injuries        | n/a                | Low     | Moderate      | Low            |
| Bold outcomes | s are identified as critical outco     | omes               |         |               |                |
|               |  |                    |         |               |                |
| Pirone        | Iatrogenic ulnar nerve injuries        | n/a                | Low     | Moderate      | Low            |
| Kennedy       | Iatrogenic ulnar nerve injury          | n/a                | Low     | Moderate      | Low            |
| Khan          | Iatrogenic ulnar nerve injury          | n/a                | Low     | Moderate      | Low            |
| Pirone        | Infection                              | n/a                | Low     | Moderate      | Low            |
| Almohrij      | Infection – pin track                  | n/a                | Low     | Moderate      | Low            |
| Kennedy       | Infection – pin track                  | n/a                | Low     | Moderate      | Low            |
| Khan          | Infection – pin track                  | n/a                | Low     | Moderate      | Low            |
| Pandey        | Infection – pin track                  | n/a                | Low     | Moderate      | Low            |
| Ababneh       | Loss of motion                         | n/a                | Low     | Moderate      | Low            |
| Kennedy       | Loss of reduction                      | n/a                | Low     | Moderate      | Low            |

Bold outcomes are identified as critical outcomes

Table 13 Quality and Applicability Summary - Closed Reduction with Pin Fixation vs. Open Reduction with Pin Fixation

| Study   | Outcome                                  | Duration           | Quality | Applicability | Strength<br>of<br>Evidence |
|---------|--|--------------------|---------|---------------|----------------------------|
| Ababneh | Cubitus varus                            | n/a                | Low     | Moderate      | Low                        |
| Ozkoc   | Extension lag                            | Final<br>follow-up | Low     | Moderate      | Low                        |
| Ozkoc   | Flexion deficiency                       | Final<br>follow-up | Low     | Moderate      | Low                        |
| Ozkoc   | Flynn's cosmetic criteria - satisfactory | Final follow-up    | Low     | Moderate      | Low                        |

Table 13 Quality and Applicability Summary - Closed Reduction with Pin Fixation vs. Open Reduction with Pin Fixation

| C4 J              | Outcome                                    | Dungton            | Onalite  | A multi ookilitaa | Strength<br>of |
|-------------------|--|--------------------|----------|-------------------|----------------|
| <u>Study</u>      | Outcome                                    | Duration           | Quality  | Applicability     | Evidence       |
| Ababneh           | Flynn's criteria -<br>satisfactory         | Final<br>follow-up | Low      | Moderate          | Low            |
| Ozkoc             | Flynn's functional criteria - satisfactory | Final follow-up    | Low      | Moderate          | Low            |
| Ozkoc             | Fracture healing time                      | n/a                | Low      | Moderate          | Low            |
| Ozkoc             | Humeral-ulnar angle difference             | Final<br>follow-up | Low      | Moderate          | Low            |
| Bold outcom       | es are identified as critical outo         | comes              |          |                   |                |
| Ozkoc             | Iatrogenic ulnar nerve injury              | n/a                | Low      | Moderate          | Low            |
| Ozkoc             | Infection – pin track                      | n/a                | Low      | Moderate          | Low            |
| Ababneh           | Loss of motion                             | n/a                | Low      | Moderate          | Low            |
| Kaewporn<br>sawan | Patient satisfaction score (VAS)           | Final<br>follow-up | Moderate | Moderate          | Moderate       |

Bold outcomes are identified as critical outcomes

Table 14 Quality and Applicability Summary - Closed Reduction with Pin Fixation vs. Traction

| Study  | Outcome                            | Duration           | Quality | Applicability | Strength<br>of<br>Evidence |
|--------|------------------------------------|--------------------|---------|---------------|----------------------------|
| France | Baumann's angle                    | Union              | Low     | Moderate      | Low                        |
| Pirone | Carrying angle                     | Final<br>follow-up | Low     | Moderate      | Low                        |
| Pirone | Cubitus varus                      | n/a                | Low     | Moderate      | Low                        |
| Pirone | Elbow extension                    | Final<br>follow-up | Low     | Moderate      | Low                        |
| Pirone | Elbow flexion                      | Final follow-up    | Low     | Moderate      | Low                        |
| Pirone | Flynn's criteria -<br>satisfactory | Final<br>follow-up | Low     | Moderate      | Low                        |
| France | Humerocapitellar angle             | Union              | Low     | Moderate      | Low                        |
| Pirone | Iatrogenic ulnar nerve injuries    | n/a                | Low     | Moderate      | Low                        |
| Pirone | Infection                          | n/a                | Low     | Moderate      | Low                        |
| Sutton | Volkmann's ischemia                | n/a                | Low     | Moderate      | Low                        |

#### RESULTS

## Relevant Tables and Figures: Table 15-Table 17, Table 21-Table 26, Figure 1- Figure 4

Eight of the studies compared closed reduction with pin fixation to closed reduction and non-operative immobilization. Two of the eight studies investigated only Type III fracture (or otherwise described as displaced with posterior cortex not intact) and the remaining six investigated Type II or III fractures (or otherwise described as displaced with posterior cortex not intact or simply described as displaced). Three of the studies compared closed reduction with pin fixation to closed reduction and traction. Two of these studies investigated Type III fractures only and one investigated Type II or III fractures. Three of the studies compared closed reduction with pin fixation to open reduction with pin fixation. The patients that received open reduction in the final group of studies did not undergo closed reduction attempts and received open reduction as the primary reduction (due to lack of technology to attempt closed reduction). Two of these studies investigated Type III fractures only and one investigated Type II or III fractures. These characteristics are summarized in Table 16.

The results of statistical testing and the direction of treatment effect (i.e. the favored treatment) are summarized in Table 17 according to the fracture types. In total 19 of 39 outcomes had statistically significant differences in favor of closed reduction with pin fixation, 2 of 39 had statistically significant differences in favor of non-operative treatment, and 17 did not have statistically significant differences (Table 17). 9 outcomes in the comparison of closed reduction with pin fixation to closed reduction with non-operative treatment were only considered for meta-analysis because of low power. The results of all meta-analysis for these four outcomes (cubitus varus, Flynn's criteria, iatrogenic ulnar nerve injury, and infection) are summarized in Table 17.

Three (of 6) critical outcomes; cubitus varus, loss of reduction, and stiff elbow, identified by the work group were reported in the included studies for the comparison of closed reduction with pin fixation to closed reduction with non-operative treatment. Cubitus varus was evaluated with meta-analysis of five studies and showed no statistically significant difference between closed reduction with pin fixation and closed reduction with non-operative treatment (Figure 1). Loss of reduction was evaluated in one study of Type II and III fractures and was not statistically significant. Loss of motion (i.e. stiff elbow) was evaluated in one study of Type II and III fractures and was statistically significant in favor of closed reduction and pin fixation. The meta-analysis of Flynn's criteria was statistically significant in favor of closed reduction with pin fixation, the meta-analysis of iatrogenic ulnar nerve injury was not statistically significant, and the

meta-analysis of infection was statistically significant in favor of closed reduction with non-operative treatment (Figure 2-Figure 4)

Two (of 6) critical outcomes, cubitus varus and stiff elbow, identified by the work group were reported in the included studies for the comparison of closed reduction with pin fixation to closed reduction with open reduction and pin fixation. There was no statistically significant difference between the treatment groups for cubitus varus and a statistically significant difference in favor of closed reduction with pin fixation for loss of motion (i.e. stiff elbow).

One (of 6) critical outcome, cubitus varus, identified by the work group was reported in the included studies for the comparison of closed reduction with pin fixation to traction. This result was not statistically significant.

**Table 15 Treatments Compared to Closed Reduction with Pin Fixation** 

| Treatment compared to Closed reduction with Pin fixation           | Number of Studies |
|--|-------------------|
| Closed reduction and non-operative immobilization                  | 8                 |
| Closed reduction and traction                                      | 3                 |
| Open reduction (without closed reduction attempt) and pin fixation | 3                 |
| Open reduction and internal fixation                               | 0                 |
| External fixation  | 0                 |

**Table 16 Fracture Type and Treatment Comparisons to Closed Reduction with Pin Fixation** 

| Fracture<br>Types | <b>Treatment Compared to Closed Reduction</b>                                       |
|-------------------|---|
| Studied           | with Pin Fixation   |
| II, III           | cast immobilization   |
| II, III           | cast immobilization in flexion  |
| III               | cast immobilization in flexion  |
| II, III           | cast immobilization in flexion  |
| II, III           | cast immobilization in flexion  |
| II, III           | cast immobilization in flexion  |
| II, III           | collar and cuff immobilization  |
| III               | splint immobilization in flexion  |
| II, III           | open reduction with crossed pin fixation  |
| III               | open reduction with crossed pin fixation  |
| III               | open reduction with crossed lateral pin fixation                                    |
| III               | traction/ormandy screw or ulna wire   |
|                   | Types Studied  II, III III, III III |

## **Table 16 Fracture Type and Treatment Comparisons to Closed Reduction with Pin Fixation**

| Study                | Fracture<br>Types<br>Studied | Treatment Compared to Closed Reduction with Pin Fixation |
|----------------------|------------------------------|--|
| Pirone <sup>31</sup> | II, III                      | skeletal traction/olecranon screw                        |
| Sutton <sup>2</sup>  | III                          | skeletal traction/olecranon wire                         |

Table 17 Results Summary - Closed Reduction with Pin Fixation vs. Non-operative, Open Reduction with Pin Fixation, or Traction

| Closed Reduction/Pin             | vs. No                | n-opera | ıtive    | vs. Open Rec | luction/Pin | vs. Tra    | ction |
|----------------------------------|-----------------------|---------|----------|--------------|-------------|------------|-------|
|                                  | Type                  | Type    | Meta-    | Type         | Type        | Туре       | Type  |
| Outcome(s)                       | II and III            | III     | Analysis | II and III   | III         | II and III | III   |
| Cubitus Varus                    | ullet $ullet$ $ullet$ |         | 0        | 0            |             | 0          |       |
| Hyperextension                   | no                    | evidenc | ee       | no evid      | lence       | no evid    | lence |
| Loss of reduction                | 0                     |         |          | no evic      | lence       | no evid    | lence |
| Malunion                         | no                    | evidenc | ee       | no evic      | lence       | no evid    | lence |
| Pain                             | no                    | evidenc | e        | no evic      | lence       | no evid    | lence |
| Stiff elbow (Loss of motion)     | •                     |         |          | •            |             | no evid    | lence |
| Baumann's angle                  |                       | •       |          |              |             |            | •     |
| Carrying angle                   | •                     |         |          |              |             | 0          |       |
| Elbow extension                  | 0                     |         |          |              |             | •          |       |
| Elbow flexion                    | •                     |         |          |              |             | 0          |       |
| Extension lag                    |                       |         |          |              | •           |            |       |
| Flexion deficiency               |                       |         |          |              |             |            |       |
| Flynn's cosmetic criteria        |                       |         |          |              | 0           |            |       |
| Flynn's criteria                 | • •                   |         | •        | 0            |             | 0          |       |
| Flynn's functional criteria      |                       |         |          |              | •           |            |       |
| Fracture healing time            |                       |         |          |              | •           |            |       |
| Good outcome/uneventful recovery | 0                     |         |          |              |             |            |       |
| Humeral-ulnar angle difference   |                       |         |          |              | •           |            |       |
| Humerocapitellar angle           |                       | •       |          |              |             |            | •     |

Bold outcomes are identified as critical outcomes, •: statistically significant in favor of closed reduction with pin fixation, o: no statistically significant difference, •: statistically significant in favor of non-operative, open reduction with pin fixation, or traction

Table 17 Results Summary - Closed Reduction with Pin Fixation vs. Non-operative, Open Reduction with Pin Fixation, or Traction

| Closed Reduction/Pin          | vs. No             | on-opera    | tive              | vs. Open Rec       | duction/Pin | vs. Tra            | ction       |
|-------------------------------|--------------------|-------------|-------------------|--------------------|-------------|--------------------|-------------|
| Outcome(s)                    | Type<br>II and III | Type<br>III | Meta-<br>Analysis | Type<br>II and III | Type<br>III | Type<br>II and III | Type<br>III |
| Iatrogenic ulnar nerve injury | 00                 |             | 0                 |                    | 0           | 0                  |             |
| Infection                     | <b>♦</b>           |             | <b>♦</b>          |                    |             | 0                  |             |
| Infection - pin track         | <b>♦</b>           |             |                   |                    | 0           |                    |             |
| Patient satisfaction score    |                    |             |                   |                    | •           |                    |             |
| Volkmann's ischemia           |                    |             |                   |                    |             |                    | 0           |

Bold outcomes are identified as critical outcomes, •: statistically significant in favor of closed reduction with pin fixation, o: no statistically significant difference, •: statistically significant in favor of non-operative, open reduction with pin fixation, or traction

#### **EVIDENCE TABLES AND FIGURES**

## QUALITY AND APPLICABILITY-CLOSED REDUCTION WITH PIN FIXATION VS. NON-OPERATIVE TREATMENTS

Table 18 Quality and Applicability Domain Scores – Treatment of Type II and III Fractures, Closed Reduction with Pin Fixation vs. Non-operative Treatments

| •: Domain fro |                 | Duration        | Prospective | Power | Group Assignment | Blinding | Group Comparability | Treatment Integrity | Measurement | Investigator Bias | Quality | Participants | Interventions & Expertise | Compliance & Adherence | Analysis | Applicability |
|---------------|-----------------|-----------------|-------------|-------|------------------|----------|---------------------|---------------------|-------------|-------------------|---------|--------------|---------------------------|------------------------|----------|---------------|
| France        | Baumann's angle | Union           | 0           | •     | 0                | 0        | •                   | •                   | 0           | •                 | Low     | •            | 0                         | •                      | •        | Moderate      |
| Pirone        | Carrying angle  | Final follow-up | 0           | •     | 0                | 0        | •                   | •                   | 0           | •                 | Low     | •            | 0                         | •                      | •        | Moderate      |
| Ababneh       | Cubitus varus   | n/a             | 0           | •     | 0                | 0        | •                   | •                   | 0           | •                 | Low     | •            | 0                         | •                      | •        | Moderate      |
| Almohrij      | Cubitus varus   | n/a             | 0           | •     | 0                | 0        | •                   | •                   | 0           | •                 | Low     | •            | 0                         | •                      | •        | Moderate      |
| Kennedy       | Cubitus varus   | n/a             | 0           | •     | 0                | 0        | •                   | •                   | 0           | •                 | Low     | •            | 0                         | •                      | •        | Moderate      |
| Khan          | Cubitus varus   | n/a             | 0           | •     | 0                | 0        | •                   | •                   | 0           | •                 | Low     | •            | 0                         | •                      | •        | Moderate      |
| Pirone        | Cubitus varus   | n/a             | 0           | •     | 0                | 0        | •                   | •                   | 0           | •                 | Low     | •            | 0                         | •                      | •        | Moderate      |

Table 18 Quality and Applicability Domain Scores – Treatment of Type II and III Fractures, Closed Reduction with Pin Fixation vs. Non-operative Treatments

| •: Domain fre |  |                 | Prospective | Power | Group Assignment | Blinding | Group Comparability | Treatment Integrity | Measurement | Investigator Bias |         | Participants | Interventions & Expertise | Compliance & Adherence | Analysis |               |
|---------------|--|-----------------|-------------|-------|------------------|----------|---------------------|---------------------|-------------|-------------------|---------|--------------|---------------------------|------------------------|----------|---------------|
| Study         | Outcome                                | Duration        | 4           | Ā     | <u> </u>         | В        | 5                   | L                   | 2           | Ir                | Quality | P            | II                        | ೦                      | <b>V</b> | Applicability |
| Pirone        | Elbow extension                        | Final follow-up | 0           | •     | 0                | 0        | •                   | •                   | 0           | •                 | Low     | •            | 0                         | •                      | •        | Moderate      |
| Pirone        | Elbow flexion                          | Final follow-up | 0           | •     | 0                | 0        | •                   | •                   | 0           | •                 | Low     | •            | 0                         | •                      | •        | Moderate      |
| Ababneh       | Flynn's criteria - satisfactory        | Final follow-up | 0           | •     | 0                | 0        | •                   | •                   | 0           | •                 | Low     | •            | 0                         | •                      | •        | Moderate      |
| Khan          | Flynn's criteria - satisfactory        | 1 year          | 0           | •     | 0                | 0        | •                   | •                   | 0           | •                 | Low     | •            | 0                         | •                      | •        | Moderate      |
| Pandey        | Flynn's criteria - satisfactory        | 6 months        | •           | •     | •                | 0        | 0                   | •                   | 0           | •                 | Low     | 0            | 0                         | •                      | •        | Moderate      |
| Pirone        | Flynn's criteria - satisfactory        | Final follow-up | 0           | •     | 0                | 0        | •                   | •                   | 0           | •                 | Low     | •            | 0                         | •                      | •        | Moderate      |
| Padman        | Good<br>outcome/uneventful<br>recovery | Final follow-up | 0           | •     | 0                | 0        | •                   | •                   | 0           | •                 | Low     | •            | 0                         | •                      | •        | Moderate      |
| France        | Humerocapitellar angle                 | Union           | 0           | •     | 0                | 0        | •                   | •                   | 0           | •                 | Low     | •            | 0                         | •                      | •        | Moderate      |

Table 18 Quality and Applicability Domain Scores – Treatment of Type II and III Fractures, Closed Reduction with Pin Fixation vs. Non-operative Treatments

| •: Domain fro | aws present                      |          | Prospective | Power | Group Assignment | Blinding | Group Comparability | Treatment Integrity | Measurement | Investigator Bias |         | Participants | Interventions & Expertise | Compliance & Adherence | Analysis |               |
|---------------|----------------------------------|----------|-------------|-------|------------------|----------|---------------------|---------------------|-------------|-------------------|---------|--------------|---------------------------|------------------------|----------|---------------|
| Study         | Outcome                          | Duration |             |       |                  | <u> </u> | ٠                   | L                   |             | Ι                 | Quality | P            | I                         |                        | ₹        | Applicability |
| Pandey        | Iatrogenic ulnar nerve<br>injury | n/a      | •           | •     | •                | 0        | 0                   | •                   | 0           | •                 | Low     | 0            | 0                         | •                      | •        | Moderate      |
| Pirone        | Iatrogenic ulnar nerve injury    | n/a      | 0           | •     | 0                | 0        | •                   | •                   | 0           | •                 | Low     | •            | 0                         | •                      | •        | Moderate      |
| Kennedy       | Iatrogenic ulnar nerve injury    | n/a      | 0           | •     | 0                | 0        | •                   | •                   | 0           | •                 | Low     | •            | 0                         | •                      | •        | Moderate      |
| Khan          | Iatrogenic ulnar nerve injury    | n/a      | 0           | •     | 0                | 0        | •                   | •                   | 0           | •                 | Low     | •            | 0                         | •                      | •        | Moderate      |
| Pirone        | Infection                        | n/a      | 0           | •     | 0                | 0        | •                   | •                   | •           | •                 | Low     | •            | 0                         | •                      | •        | Moderate      |
| Almohrij      | Infection – pin track            | n/a      | 0           | •     | 0                | 0        | •                   | •                   | 0           | •                 | Low     | •            | 0                         | •                      | •        | Moderate      |
| Kennedy       | Infection – pin track            | n/a      | 0           | •     | 0                | 0        | •                   | •                   | 0           | •                 | Low     | •            | 0                         | •                      | •        | Moderate      |
| Khan          | Infection – pin track            | n/a      | 0           | •     | 0                | 0        | •                   | •                   | •           | •                 | Low     | •            | 0                         | •                      | •        | Moderate      |

Table 18 Quality and Applicability Domain Scores – Treatment of Type II and III Fractures, Closed Reduction with Pin Fixation vs. Non-operative Treatments

| •: Domain fro |                       |          | rospective | Power | Group Assignment | Blinding | Group Comparability | Treatment Integrity | Measurement | Investigator Bias |         | Participants | Interventions & Expertise | Compliance & Adherence | Analysis |               |
|---------------|-----------------------|----------|------------|-------|------------------|----------|---------------------|---------------------|-------------|-------------------|---------|--------------|---------------------------|------------------------|----------|---------------|
| Study         | Outcome               | Duration | Pr         | Po    | <u>5</u>         | BI       | <u>5</u>            | T                   | M           | In                | Quality | Pa           | In                        | ప                      | Aı       | Applicability |
| Pandey        | Infection – pin track | n/a      | •          | •     | •                | 0        | 0                   | •                   | •           | •                 | Low     | 0            | 0                         | •                      | •        | Moderate      |
| Ababneh       | Loss of motion        | n/a      | 0          | •     | 0                | 0        | •                   | •                   | 0           | •                 | Low     | •            | 0                         | •                      | •        | Moderate      |
| Kennedy       | Loss of reduction     | n/a      | 0          | •     | 0                | 0        | •                   | •                   | 0           | •                 | Low     | •            | 0                         | •                      | •        | Moderate      |

## QUALITY AND APPLICABILITY-CLOSED VS. OPEN REDUCTION WITH PIN FIXATION

Table 19 Quality and Applicability Domain Scores – Treatment of Type II and III Fractures, Closed vs. Open Reduction with Pin Fixation

| •: Domain fre •: Domain fla  Study |  | Duration        | Prospective | Power | Group Assignment | Blinding | Group Comparability | Treatment Integrity | Measurement | Investigator Bias | Quality | Participants | Interventions & Expertise | Compliance & Adherence | Analysis | Applicability |
|------------------------------------|--|-----------------|-------------|-------|------------------|----------|---------------------|---------------------|-------------|-------------------|---------|--------------|---------------------------|------------------------|----------|---------------|
| Ababneh                            | Cubitus varus                            | n/a             | 0           | •     | 0                | 0        | •                   | •                   | 0           | •                 | Low     | •            | 0                         | •                      | •        | Moderate      |
| Ozkoc                              | Extension lag                            | Final follow-up | 0           | •     | 0                | 0        | •                   | •                   | 0           | •                 | Low     | •            | 0                         | •                      | •        | Moderate      |
| Ozkoc                              | Flexion deficiency                       | Final follow-up | 0           | •     | 0                | 0        | •                   | •                   | 0           | •                 | Low     | •            | 0                         | •                      | •        | Moderate      |
| Ozkoc                              | Flynn's cosmetic criteria - satisfactory | Final follow-up | 0           | •     | 0                | 0        | •                   | •                   | 0           | •                 | Low     | •            | 0                         | •                      | •        | Moderate      |
| Ozkoc                              | Flynn's cosmetic criteria - satisfactory | Final follow-up | 0           | •     | 0                | 0        | •                   | •                   | 0           | •                 | Low     | •            | 0                         | •                      | •        | Moderate      |
| Ababneh                            | Flynn's criteria -<br>satisfactory       | Final follow-up | 0           | •     | 0                | 0        | •                   | •                   | 0           | •                 | Low     | •            | 0                         | •                      | •        | Moderate      |
| Ozkoc                              | Fracture healing time                    | n/a             | 0           | •     | 0                | 0        | •                   | •                   | 0           | •                 | Low     | •            | 0                         | •                      | •        | Moderate      |
| Ozkoc                              | Humeral-ulnar angle difference           | Final follow-up | 0           | •     | 0                | 0        | •                   | •                   | 0           | •                 | Low     | •            | 0                         | •                      | •        | Moderate      |

Table 19 Quality and Applicability Domain Scores – Treatment of Type II and III Fractures, Closed vs. Open Reduction with Pin Fixation

| •: Domain fre      |                                  |                 | Prospective | Power          | Group Assignment | Blinding | Group Comparability | Treatment Integrity | Measurement | Investigator Bias |          | Participants | Interventions & Expertise | Compliance & Adherence | Analysis |               |
|--------------------|----------------------------------|-----------------|-------------|----------------|------------------|----------|---------------------|---------------------|-------------|-------------------|----------|--------------|---------------------------|------------------------|----------|---------------|
| Study              | Outcome                          | Duration        | Pr          | $\mathbf{P}_0$ | 5                | BI       | 5                   | Tr                  | Ĭ           | In                | Quality  | Pa           | In                        | ວ                      | Ar       | Applicability |
| Ozkoc              | Iatrogenic ulnar nerve injury    | n/a             | 0           | •              | 0                | 0        | •                   | •                   | 0           | •                 | Low      | •            | 0                         | •                      | •        | Moderate      |
| Ozkoc              | Infection – pin track            | n/a             | 0           | •              | 0                | 0        | •                   | •                   | •           | •                 | Low      | •            | 0                         | •                      | •        | Moderate      |
| Ababneh            | Loss of motion                   | n/a             | 0           | •              | 0                | 0        | •                   | •                   | 0           | •                 | Low      | •            | 0                         | •                      | •        | Moderate      |
| Kaewpor-<br>nsawan | Patient satisfaction score (VAS) | Final follow-up | •           | •              | •                | 0        | •                   | •                   | 0           | •                 | Moderate | 0            | 0                         | •                      | •        | Moderate      |

## QUALITY AND APPLICABILITY-CLOSED REDUCTION WITH PIN FIXATION VS. TRACTION

Table 20 Quality and Applicability Domain Scores – Treatment of Type II and III Fractures, Closed Reduction with Pin Fixation vs. Traction

| •: Domain fre •: Domain fla  Study |                                    | Duration        | Prospective | Power | Group Assignment | Blinding | Group Comparability | Treatment Integrity | Measurement | Investigator Bias | Quality | Participants | Interventions & Expertise | Compliance & Adherence | Analysis | Applicability |
|------------------------------------|------------------------------------|-----------------|-------------|-------|------------------|----------|---------------------|---------------------|-------------|-------------------|---------|--------------|---------------------------|------------------------|----------|---------------|
| France                             | Baumann's angle                    | Union           | 0           | •     | 0                | 0        | •                   | •                   | 0           | •                 | Low     | •            | 0                         | •                      | •        | Moderate      |
| Pirone                             | Carrying angle                     | Final follow-up | 0           | •     | 0                | 0        | •                   | •                   | 0           | •                 | Low     | •            | 0                         | •                      | •        | Moderate      |
| Pirone                             | Cubitus varus                      | n/a             | 0           | •     | 0                | 0        | •                   | •                   | 0           | •                 | Low     | •            | 0                         | •                      | •        | Moderate      |
| Pirone                             | Elbow extension                    | Final follow-up | 0           | •     | 0                | 0        | •                   | •                   | 0           | •                 | Low     | •            | 0                         | •                      | •        | Moderate      |
| Pirone                             | Elbow flexion                      | Final follow-up | 0           | •     | 0                | 0        | •                   | •                   | 0           | •                 | Low     | •            | 0                         | •                      | •        | Moderate      |
| Pirone                             | Flynn's criteria -<br>satisfactory | Final follow-up | 0           | •     | 0                | 0        | •                   | •                   | 0           | •                 | Low     | •            | 0                         | •                      | •        | Moderate      |
| France                             | Humerocapitellar<br>angle          | Union           | 0           | •     | 0                | 0        | •                   | •                   | 0           | •                 | Low     | •            | 0                         | •                      | •        | Moderate      |
| Pirone                             | Iatrogenic ulnar nerve injuries    | n/a             | 0           | •     | 0                | 0        | •                   | •                   | 0           | •                 | Low     | •            | 0                         | •                      | •        | Moderate      |

Table 20 Quality and Applicability Domain Scores – Treatment of Type II and III Fractures, Closed Reduction with Pin Fixation vs. Traction

| •: Domain fro |                     | Duration | Prospective | Power | Group Assignment | Blinding | Group Comparability | Treatment Integrity | Measurement | Investigator Bias | Quality | Participants | Interventions & Expertise | Compliance & Adherence | Analysis | Applicability |
|---------------|---------------------|----------|-------------|-------|------------------|----------|---------------------|---------------------|-------------|-------------------|---------|--------------|---------------------------|------------------------|----------|---------------|
|               |                     |          |             |       |                  |          |                     |                     |             |                   |         |              |                           |                        |          |               |
| Pirone        | Infection           | n/a      | 0           | •     | 0                | 0        | •                   | •                   | •           | •                 | Low     | •            | 0                         |                        | •        | Moderate      |
|               |                     |          |             |       |                  |          |                     |                     |             |                   |         |              |                           |                        |          |               |
| Sutton        | Volkmann's ischemia | n/a      | 0           | •     | 0                | 0        | •                   | •                   | 0           | •                 | Low     | •            | 0                         | •                      | •        | Moderate      |

#### FINDINGS-CLOSED REDUCTION WITH PIN FIXATION VS. NON-OPERATIVE TREATMENTS

Table 21 Analysis of Mean Differences – Treatment of Type II and III Fractures, Closed Reduction with Pin Fixation vs. Non-operative Treatments

|        |     | Strength of |                        |                    | Closed/<br>Pin  | Non-op          | Difference          |               |
|--------|-----|-------------|------------------------|--------------------|-----------------|-----------------|---------------------|---------------|
| Study  | n   | Evidence    | Outcome                | Duration           | (mean±SD)       | (mean±SD)       | (95% CI)            | Results       |
| France | 99  | Low         | Baumann's angle        | Union              | $18 \pm 2.8$    | $12 \pm 2.9$    | 6<br>(4.8, 7.2)     | Favors Closed |
| Pirone | 197 | Low         | Carrying angle         | Final<br>follow-up | $7.8 \pm 4.6$   | $6.2 \pm 6.1$   | 1.6<br>(0.08, 3.12) | Favors Closed |
| Pirone | 197 | Low         | Elbow extension        | Final<br>follow-up | $-11.2 \pm 6.2$ | $-10.2 \pm 7.6$ | 1<br>(-0.95, 2.95)  | No difference |
| Pirone | 197 | Low         | Elbow flexion          | Final<br>follow-up | $139.1 \pm 5.1$ | $137.0 \pm 7.3$ | 2.1<br>(0.3, 3.9)   | Favors Closed |
| France | 99  | Low         | Humerocapitellar angle | Union              | $39 \pm 3.3$    | $18 \pm 4.2$    | 21<br>(19.5, 22.5)  | Favors Closed |

Table 22 Analysis of Proportions – Treatment of Type II and III Fractures, Closed Reduction with Pin Fixation vs. Non-operative Treatments

| Study    | n  | Strength of Evidence | Outcome       | Duration | Closed/Pin<br>%, n/N | Non-op<br>%, n/N | p-value | Results                          |
|----------|----|----------------------|---------------|----------|----------------------|------------------|---------|----------------------------------|
| Ababneh  | 82 | Low                  | Cubitus varus | n/a      | 5%, 2/37             | 20%, 9/45        | 0.04    | Favors Closed                    |
| Almohrij | 50 | Low                  | Cubitus varus | n/a      | 4%, 1/24             | 4%, 1/26         |         | wered, retained for eta-analysis |
| Kennedy  | 85 | Low                  | Cubitus varus | n/a      | 9%, 3/35             | 4%, 2/50         | 0.39    | No difference                    |

Table 22 Analysis of Proportions – Treatment of Type II and III Fractures, Closed Reduction with Pin Fixation vs. Non-operative Treatments

| Study   | n   | Strength of Evidence | Outcome                                | Duration           | Closed/Pin<br>%, n/N | Non-op<br>%, n/N | p-value                                  | Results       |
|---------|-----|----------------------|--|--------------------|----------------------|------------------|--|---------------|
| Khan    | 40  | Low                  | Cubitus varus                          | n/a                | 10%, 2/20            | 30%, 6/20        | underpowered, retained for meta-analysis |               |
| Pirone  | 197 | Low                  | Cubitus varus                          | n/a                | 1%, 1/96             | 8%, 8/101        | 0.01                                     | Favors Closed |
| Ababneh | 82  | Low                  | Flynn's criteria -<br>satisfactory     | Final<br>follow-up | 92%, 34/37           | 69%, 31/45       | 0.00                                     | Favors Closed |
| Khan    | 40  | Low                  | Flynn's criteria -<br>satisfactory     | 1 year             | 85%, 17/20           | 70%, 14/20       | underpowered, retained for meta-analysis |               |
| Pandey  | 46  | Low                  | Flynn's criteria -<br>satisfactory     | Final<br>follow-up | 100%, 24/24          | 86%, 19/22       | underpowered, retained for meta-analysis |               |
| Pirone  | 197 | Low                  | Flynn's criteria -<br>satisfactory     | Final<br>follow-up | 95%, 91/96           | 80%, 81/101      | 0.00                                     | Favors Closed |
| Padman  | 66  | Low                  | Good<br>outcome/uneventful<br>recovery | Final<br>follow-up | 90%, 44/49           | 88%, 15/17       | 0.86                                     | No difference |
| Pandey  | 46  | Moderate             | Iatrogenic ulnar nerve injury          | n/a                | 4%, 1/24             | 0%, 0/22         | underpowered, retained for meta-analysis |               |
| Pirone  | 197 | Low                  | Iatrogenic ulnar<br>nerve injury       | n/a                | 0%, 0/96             | 0%, 0/101        | 1.00                                     | No difference |

Table 22 Analysis of Proportions – Treatment of Type II and III Fractures, Closed Reduction with Pin Fixation vs. Non-operative Treatments

| Study    | n   | Strength of Evidence | Outcome                          | Duration | Closed/Pin<br>%, n/N | Non-op<br>%, n/N | p-value                                  | Results                                  |  |
|----------|-----|----------------------|----------------------------------|----------|----------------------|------------------|--|--|--|
| Kennedy  | 85  | Low                  | Iatrogenic ulnar nerve injury    | n/a      | 3%, 1/35             | 0%, 0/50         | 0.12                                     | No difference                            |  |
| Khan     | 40  | Low                  | Iatrogenic ulnar<br>nerve injury | n/a      | 5%, 1/20             | 0%, 0/20         | _  | underpowered, retained for meta-analysis |  |
| Pirone   | 197 | Low                  | Infection                        | n/a      | 2%, 2/96             | 0%, 0/101        | 0.04                                     | Favors Non-op                            |  |
| Almohrij | 50  | Low                  | Infection – pin<br>track         | n/a      | 4%, 1/24             | 0%, 0/26         | underpowered, retained for meta-analysis |  |  |
| Kennedy  | 85  | Low                  | Infection – pin<br>track         | n/a      | 17%, 6/35            | 0%, 0/50         | 0.00                                     | Favors Non-op                            |  |
| Khan     | 40  | Low                  | Infection – pin<br>track         | n/a      | 10%, 2/20            | 0%, 0/20         | _  | wered, retained for eta-analysis         |  |
| Pandey   | 46  | Low                  | Infection – pin<br>track         | n/a      | 0%, 0/24             | 0%, 0/22         | underpowered, retained for meta-analysis |  |  |
| Ababneh  | 82  | Low                  | Loss of motion                   | n/a      | 0%, 0/37             | 11%, 5/45        | 0.00                                     | Favors Closed                            |  |
| Kennedy  | 85  | Low                  | Loss of reduction                | n/a      | 3%, 1/35             | 10%, 5/50        | 0.16                                     | No difference                            |  |

#### FINDINGS-CLOSED VS. OPEN REDUCTION WITH PIN FIXATION

## Table 23 Analysis of Means - Treatment of Type II and III Fractures, Closed vs. Open Reduction with Pin Fixation

|                    |    | Strength of |                                  |                    | Closed/<br>Pin | Open/<br>Pin   | Difference          |               |
|--------------------|----|-------------|----------------------------------|--------------------|----------------|----------------|---------------------|---------------|
| Study              | n  | Evidence    | Outcome                          | Duration           | (mean±SD)      | (mean±SD)      | (95% CI)            | Results       |
| Ozkoc              | 99 | Low         | Extension lag                    | Final              | $0.6 \pm 1.7$  | $6.23 \pm 2.3$ | 5.63                | Favors Closed |
|                    |    |             |                                  | follow-up          |                |                | (4.8, 6.4)          |               |
| Ozkoc              | 99 | Low         | Flexion deficiency               | Final<br>follow-up | $5.25 \pm 1.9$ | $8.61 \pm 2.2$ | 3.36<br>(2.5, 4.2)  | Favors Closed |
| Ozkoc              | 99 | Low         | Fracture healing time            | n/a                | $4.8 \pm 0.7$  | $5.3 \pm 0.7$  | 0.5<br>(0.2, 0.8)   | Favors Closed |
| Ozkoc              | 99 | Low         | Humeral-ulnar angle difference   | Final<br>follow-up | $3.6 \pm 2.4$  | $5.1 \pm 2.2$  | 1.5<br>(0.6, 2.4)   | Favors Closed |
| Kaewpor-<br>nsawan | 28 | Moderate    | Patient satisfaction score (VAS) | Final follow-up    | $9.2 \pm 0.5$  | $8.6 \pm 0.8$  | 0.6<br>(0.08, 1.12) | Favors Closed |

Table 24 Analysis of Proportions – Treatment of Type II and III Fractures, Closed vs. Open Reduction with Pin Fixation

| Study   | n   | Strength of Evidence | Outcome  | Duration           | Closed/Pin<br>%, n/N | Open/Pin<br>%, n/N | p-value | Results       |
|---------|-----|----------------------|--|--------------------|----------------------|--------------------|---------|---------------|
| Ababneh | 135 | Low                  | Cubitus varus                                  | n/a                | 5%, 2/37             | 13%, 7/53          | 0.20    | No difference |
| Ozkoc   | 99  | Low                  | Flynn's cosmetic<br>criteria -<br>satisfactory | Final<br>follow-up | 95%, 52/55           | 95%, 42/44         | 0.84    | No difference |
| Ababneh | 135 | Low                  | Flynn's criteria -<br>satisfactory             | Final<br>follow-up | 8%, 3/37             | 23%, 12/53         | 0.05    | No difference |

Table 24 Analysis of Proportions – Treatment of Type II and III Fractures, Closed vs. Open Reduction with Pin Fixation

| Study   | n   | Strength of Evidence | Outcome  | Duration           | Closed/Pin<br>%, n/N | Open/Pin<br>%, n/N | p-value | Results       |
|---------|-----|----------------------|--|--------------------|----------------------|--------------------|---------|---------------|
| Ozkoc   | 99  | Low                  | Flynn's functional<br>criteria -<br>satisfactory | Final<br>follow-up | 93%, 51/55           | 70%, 31/44         | 0.00    | Favors Closed |
| Ozkoc   | 99  | Low                  | Iatrogenic ulnar nerve injury                    | n/a                | 4%, 2/55             | 5%, 2/44           | 0.82    | No difference |
| Ozkoc   | 99  | Low                  | Infection – pin<br>track                         | n/a                | 4%, 2/55             | 7%, 3/44           | 0.48    | No difference |
| Ababneh | 135 | Low                  | Loss of motion                                   | n/a                | 0%, 0/37             | 9%, 5/53           | 0.00    | Favors Closed |

#### FINDINGS-CLOSED REDUCTION WITH PIN FIXATION VS. TRACTION

## Table 25 Analysis of Means – Treatment of Type II and III Fractures, Closed Reduction with Pin Fixation vs. Traction

| Study  | n   | Strength of<br>Evidence | Outcome                | Duration           | Closed/<br>Pin<br>(mean±SD) | Traction (mean±SD) | Difference<br>(95% CI) | Results       |
|--------|-----|-------------------------|------------------------|--------------------|-----------------------------|--------------------|------------------------|---------------|
| France | 99  | Low                     | Baumann's angle        | Union              | $18 \pm 2.8$                | $16 \pm 2.9$       | 2<br>(0.9, 3.1)        | Favors Closed |
| Pirone | 120 | Low                     | Carrying angle         | Final follow-up    | $7.8 \pm 4.6$               | $7.4 \pm 5.1$      | 0.4<br>(-1.7, 2.52)    | No difference |
| Pirone | 120 | Low                     | Elbow extension        | Final<br>follow-up | $-11.2 \pm 6.2$             | -15.1 ± 7.4        | 3.9<br>(1, 6.8)        | Favors Closed |
| Pirone | 120 | Low                     | Elbow flexion          | Final<br>follow-up | $139.1 \pm 5.1$             | $138.1 \pm 7.9$    | 1<br>(-1.6, 3.6)       | No difference |
| France | 99  | Low                     | Humerocapitellar angle | Union              | $39 \pm 3.3$                | 24 ± 4.2           | 15<br>(13.5, 16.5)     | Favors Closed |

Table 26 Analysis of Proportions - Treatment of Type II and III Fractures, Closed Reduction with Pin Fixation vs. Traction

| Study  | n   | Strength of<br>Evidence | Outcome                            | Duration           | Closed/Pin<br>%, n/N | Traction %, n/N | p-value | Results       |
|--------|-----|-------------------------|------------------------------------|--------------------|----------------------|-----------------|---------|---------------|
| Pirone | 120 | Low                     | Cubitus varus                      | n/a                | 1%, 1/96             | 0%, 0/24        | 0.37    | No difference |
| Pirone | 120 | Low                     | Flynn's criteria -<br>satisfactory | Final<br>follow-up | 95%, 91/96           | 92%, 22/24      | 0.58    | No difference |
| Pirone | 120 | Low                     | Iatrogenic ulnar nerve injuries    | n/a                | 0%, 0/96             | 0%, 0/24        | 1.00    | No difference |
| Pirone | 120 | Low                     | Infection                          | n/a                | 2%, 2/96             | 0%, 0/24        | 0.20    | No difference |

Table 26 Analysis of Proportions – Treatment of Type II and III Fractures, Closed Reduction with Pin Fixation vs. Traction

| Study  | n  | Strength of<br>Evidence | Outcome             | Duration | Closed/Pin<br>%, n/N | Traction %, n/N | p-value | Results       |
|--------|----|-------------------------|---------------------|----------|----------------------|-----------------|---------|---------------|
| Sutton | 65 | Low                     | Volkmann's ischemia | n/a      | 0%, 0/48             | 0%, 0/17        | 1.00    | No difference |

#### FIGURES-CLOSED REDUCTION WITH PIN FIXATION VS. NON-OPERATIVE TREATMENTS

## Figure 1 Cubitus Varus Meta-Analysis - Closed Reduction with Pin Fixation vs. Non-operative Treatments

Arcsine

| Study                                  |   | Difference (95% CI)                |
|--|---|------------------------------------|
|  | 1   |                                    |
| Ababneh                                | •   | -0.23 (-0.45, -0.01)               |
| Almohrij                               |   | 0.01 (-0.27, 0.29)                 |
| Kennedy                                | •   | 0.10 (-0.12, 0.31)                 |
| Khan                                   |   | -0.26 (-0.57, 0.05)                |
| Pirone                                 | -   | -0.18 (-0.32, -0.04)               |
| Overall (I-squared = 44.0%, p = 0.128) |   | -0.12 (-0.25, 0.02)                |
|  |   | OR = 0.41 (0.14, 1.18)<br>NNT = 20 |
|  | Favors Closed/Pins 0 Favors Non-Operative |                                    |

Figure 2 Flynn's Criteria Meta-Analysis - Closed Reduction with Pin Fixation vs. Non-operative Treatments

|                                       |                                   | Arcsine                                 |
|---------------------------------------|-----------------------------------|---|
| Study                                 |                                   | Difference (95% CI)                     |
| Ababneh                               |                                   | -0.30 (-0.52, -0.09)                    |
| Khan                                  | •                                 | -0.18 (-0.49, 0.13)                     |
| Pandey ——                             | •                                 | -0.38 (-0.67, -0.09)                    |
| Pirone                                |                                   | -0.23 (-0.37, -0.09)                    |
| Overall (I-squared = 0.0%, p = 0.753) |                                   | -0.26 (-0.36, -0.16)                    |
|                                       |                                   | OR = 0.23 (0.11, 0.47<br>NNT = 7 (5, 8) |
|                                       | Favors Closed/Pins 0 Favors Non-C | Operative                               |

Figure 3 Iatrogenic Ulnar Nerve Injury Meta-Analysis - Closed Reduction with Pin Fixation vs. Non-operative Treatments

**Arcsine** Study Difference (95% CI) Kennedy 0.17 (-0.05, 0.39) Khan 0.23 (-0.08, 0.54) 0.21 (-0.08, 0.49) Pandey 0.00 (-0.14, 0.14) Pirone Overall (I-squared = 13.5%, p = 0.325) 0.10 (-0.02, 0.21) OR = 2.7 (0.5, 14.9)NNH = 108Favors Closed/Pins Favors Non-Operative 0

Figure 4 Infection Meta-Analysis - Closed Reduction with Pin Fixation vs. Non-operative Treatments

| Α | rcs | ın | ıe |
|---|-----|----|----|

|  |                        | Aicsine                                   |
|--|------------------------|---|
| Study                                  |                        | Difference (95% CI)                       |
| Almohrij                               |                        | 0.21 (-0.07, 0.48)                        |
| Kennedy                                |                        | — 0.43 (0.21, 0.64)                       |
| Khan                                   |                        | — 0.32 (0.01, 0.63)                       |
| Pandey ———                             |                        | 0.00 (-0.29, 0.29)                        |
| Pirone                                 | -                      | 0.14 (0.01, 0.28)                         |
| Overall (I-squared = 44.7%, p = 0.124) |                        | 0.22 (0.08, 0.36)                         |
|  |                        | OR = 5.5 (1.3, 23.2)<br>NNH = 20 (15, 27) |
| Favors Closed/Pins                     | γ Favors Non-Operative |   |

## **EXCLUDED STUDIES**

**Table 27 Excluded Studies Considered for Recommendation 2** 

| Study   | Year | Title   | Reason for Exclusion                                     |
|---|------|---|--|
| Fu D;Xiao B;Yang S;Li J;  | 2010 | Open reduction and bioabsorbable pin fixation for late presenting irreducible supracondylar humeral fracture in children    | Not best available evidence (case series)                |
| Kinkpe CV;Dansokho AV;Niane<br>MM;Chau E;Sales de<br>GJ;Clement JL;Seye SI; | 2010 | Children distal humerus supracondylar fractures: the Blount Method experience   | Not best available evidence (case series)                |
| Randsborg PH;Sivertsen<br>EA;Skramm I;Saltyt<br>BJ;Gulbrandsen P;           | 2010 | The need for better analysis of observational studies in orthopedics. A retrospective study of elbow fractures in children  | Not best available evidence (case series)                |
| Spencer HT;Wong M;Fong YJ;Penman A;Silva M;                                 | 2010 | Prospective longitudinal evaluation of elbow motion following pediatric supracondylar humeral fractures                     | Less than 50% patient follow-<br>up                      |
| Ersan O;Gonen E;Arik A;Dasar U;Ates Y;                                      | 2009 | Treatment of supracondylar fractures of the humerus in children through an anterior approach is a safe and effective method | Not best available evidence (case series)                |
| Ismatullah LAK;   | 2009 | Results of conservative treatment of displaced extension - Type supracondylar fractures of humerus in children              | Not best available evidence (case series)                |
| Kazimoglu C;Cetin M;Sener M;Agus H;Kalanderer O;                            | 2009 | Operative management of type III extension supracondylar fractures in children  | Not best available evidence, very low quality, low power |
| Parmaksizoglu AS;Ozkaya<br>U;Bilgili F;Sayin E;Kabukcuoglu<br>Y;            | 2009 | Closed reduction of the pediatric supracondylar humerus fractures: the 'joystick' method                                    | Not best available evidence (case series)                |
| Queally JM;Paramanathan<br>N;Walsh JC;Moran CJ;Shannon<br>FJ;D'Souza LG;    | 2009 | Dorgan's lateral cross-wiring of supracondylar fractures of the humerus in children: A retrospective review                 | Not best available evidence (case series)                |

**Table 27 Excluded Studies Considered for Recommendation 2** 

| Study   | Year | Title   | Reason for Exclusion                          |
|---|------|---|---|
| Bamrungthin N;  | 2008 | Comparison of posterior and lateral surgical approach in management of type III supracondylar fractures of the humerus among the children           | Comparison not considered for this guideline  |
| Colaris JW;Horn TM;van den<br>Ende ED;Allema JH;Merkus JW;            | 2008 | Supracondylar fractures of the humerus in children. Comparison of results in two treatment periods  | Not best available evidence, very low quality |
| Kalenderer O;Reisoglu A;Surer<br>L;Agus H;                            | 2008 | How should one treat iatrogenic ulnar injury after closed reduction and percutaneous pinning of paediatric supracondylar humeral fractures?         | Not best available evidence (case series)     |
| Khan AQ;Goel S;Abbas M;Sherwani MK;                                   | 2007 | Percutaneous K-wiring for Gartland type III supracondylar humerus fractures in children   | Not best available evidence (case series)     |
| Kraus R;Joeris A;Castellani<br>C;Weinberg A;Slongo<br>T;Schnettler R; | 2007 | Intraoperative radiation exposure in displaced supracondylar humeral fractures: a comparison of surgical methods                                    | Not best available evidence, very low quality |
| Rijal KP;Pandey BK;   | 2006 | Supracondylar extension type III fracture of the humerus in children: percutaneous cross-pinning  | Not best available evidence (case series)     |
| Barlas K;Baga T;  | 2005 | Medial approach for fixation of displaced supracondylar fractures of the humerus in children  | Not best available evidence (case series)     |
| Gadgil A;Hayhurst C;Maffulli<br>N;Dwyer JS;                           | 2005 | Elevated, straight-arm traction for supracondylar fractures of the humerus in children  | Not best available evidence (case series)     |
| Suh SW;Oh CW;Shingade<br>VU;Swapnil MK;Park BC;Lee<br>SH;Song HR;     | 2005 | Minimally invasive surgical techniques for irreducible supracondylar fractures of the humerus in children   | Comparison not considered for this guideline  |
| Arora RK;   | 2004 | A different method of pinning of displaced extension type supracondylar fracture of humerus in children   | Not best available evidence (case series)     |
| Griffet J;Abou-Daher A;Breaud J;El HT;Rubio A;El MW;                  | 2004 | Systematic percutaneous pinning of displaced extension-type supra-condylar fractures of the humerus in children: A prospective study of 67 patients | Not best available evidence (case series)     |

**Table 27 Excluded Studies Considered for Recommendation 2** 

| Year         | Title  | Reason for Exclusion  |
|--------------|--|---|
| 2004         | Treatment of supracondylar humeral fractures in                                      | Not best available evidence   |
| <i>2</i> 004 | children using external fixation   | (case series)   |
| 2004         | 'Dorgan's' percutaneous lateral cross-wiring of                                      | Not best available evidence   |
|              | supracondylar fractures of the humerus in children                                   | (case series)   |
| 2004         | Percutaneous pinning in displaced supracondylar                                      | Not best available evidence   |
|              | fracture of humerus in children  | (case series)   |
| 2003         | Outcome of closed reduction and casting in displaced                                 | Not best available evidence   |
|              | supracondylar fracture of humerus in children  | (case series)   |
| 2002         | ± **   | Comparison not considered   |
|              | approach   | for this guideline  |
|              | Supracondylar extension fracture of the humerus in                                   | <u> </u>  |
| 2001         | •  | Comparison not considered   |
| 2001         | <u> •</u>  | for this guideline  |
|              | full extension   | <u> </u>  |
|              |  | I 41 500/ 41 4 C II   |
| 2001         | * •  | Less than 50% patient follow-   |
|              | children: minimal possible duration of immobilization                                | up  |
| 2000         | Supracondylar humerus fractures in children.   | Not best available evidence   |
|              | Comparison of operative treatment methods  | (case series)   |
| 2000         | Displaced supracondylar fractures of the humerus in                                  | Not best available evidence   |
|              | children   | (case series)   |
| 1999         | Neurological complications in children with  | Not best available evidence,  |
|              | supracondylar fractures of the humerus   | very low quality, low power   |
| 1998         | An analysis of open reduction of irreducible   | Not best available evidence   |
|              |  | (case series)   |
|              | ± • • •  | · · · · · ·   |
| 1998         |  | Comparison not considered   |
|              | comparative study of thirty cases in each series                                     | for this guideline  |
|              | 2004<br>2004<br>2004<br>2003<br>2002<br>2001<br>2001<br>2000<br>2000<br>1999<br>1998 | 2004 Children using external fixation 2004 Children Percutaneous lateral cross-wiring of supracondylar fractures of the humerus in children 2003 Children Children Pediatric supracondylar fracture of humerus in children 2004 Children Pediatric supracondylar humerus fractures: the anterior approach 2006 Supracondylar extension fracture of the humerus in children. Manipulative reduction, immobilisation and fixation using a U-shaped plaster slab with the elbow in full extension 2001 Treatment of supracondylar humerus fractures in children: minimal possible duration of immobilization 2000 Comparison of operative treatment methods 2000 Displaced supracondylar fractures of the humerus in children 2000 Neurological complications in children with supracondylar fractures of the humerus 2001 An analysis of open reduction of irreducible supracondylar fractures of the humerus 2008 An analysis of open reduction of irreducible supracondylar fractures of the humerus in children 2009 Anterior approach versus posterior approach to surgical 2008 treatment of children's supracondylar fractures: |

**Table 27 Excluded Studies Considered for Recommendation 2** 

| Study                                 | Year  | Title   | Reason for Exclusion                                       |
|---------------------------------------|-------|---|--|
|                                       |       | Displaced supracondylar fracture of humerus in                                      | Comparison not considered                                  |
| Yusof A;Razak M;Lim A;                | 1998  | childrencomparative study of the result of closed and                               | for this guideline, <10 patients                           |
|                                       |       | open reduction  | in valid comparison group                                  |
| Hadlow AT;Devane P;Nicol RO;          | 1996  | A selective treatment approach to supracondylar fracture of the humerus in children | Comparison not considered for this guideline, <10 patients |
|                                       |       |   | in valid comparison group                                  |
|                                       |       | Cumma and view humanal fractions a navious of the                                   | Comparison not considered                                  |
| Ong TG;Low BY;                        | 1996  | Supracondylar humeral fracturesa review of the outcome of treatment                 | for this guideline, <10 patients                           |
|                                       |       |   | in valid comparison group                                  |
| Turra S;Santini S;Zandonadi           | 1007  | Supracondylar fractures of the humerus in children. A                               | Not best available evidence,                               |
| A;Jacobellis C;                       | 1995  | comparison between non-surgical treatment and                                       | very low quality   |
|                                       |       | minimum synthesis Supracondylar fractures of the humerus in children.               |  |
| Paradis G;Lavallee P;Gagnon           | 1993  | Technique and results of crossed percutaneous K-wire                                | Not best available evidence                                |
| N;Lemire L;                           | 1773  | fixation  | (case series)  |
| D 1 DW/ A DD/                         | 1992  | Supracondylar fractures of the humerus: a prospective                               | Not best available evidence                                |
| Boyd DW;Aronson DD;                   |       | study of percutaneous pinning   | (case series)  |
| Rodriguez Merchan EC;                 | 1992  | Supracondylar fractures of the humerus in children:                                 | Not best available evidence                                |
|                                       | 1,,,, | treatment by overhead skeletal traction   | (case series)  |
| Arnala I;Paananen H;Lindell-          | 1991  | Supracondylar fractures of the humerus in children                                  | Not best available evidence,                               |
| Iwan L; Urlus M;Kestelijn P;Vanlommel |       |   | very low quality, low power                                |
| E;Demuynck M;Vanden Berghe            | 1991  | Conservative treatment of displaced supracondylar                                   | Not best available evidence                                |
| L;                                    | 1771  | humerus fractures of the extension type in children                                 | (case series)  |
| ,                                     | 1000  | Open reduction and internal fixation of displaced                                   | Not best available evidence                                |
| Kotwal PP;Mani GV;Dave PK;            | 1989  | supracondylar fractures of the humerus  | (case series)  |
| Aronson DD;Prager BI;                 | 1987  | Supracondylar fractures of the humerus in children. A                               | Not best available evidence                                |
| Atolison DD, Hagel BI,                | 1707  | modified technique for closed pinning   | (case series)  |

**Table 27 Excluded Studies Considered for Recommendation 2** 

| Study                          | Year | Title  | Reason for Exclusion   |
|--------------------------------|------|--|--|
| Millis MB;Singer IJ;Hall JE;   | 1984 | Supracondylar fracture of the humerus in children.  Further experience with a study in orthopaedic decision-making                                   | Not best available evidence (case series)  |
| Bongers KJ;Ponsen RJ;          | 1979 | Use of Kirschner wires for percutaneous stabilization of supracondylar fractures of the humerus in children  | Not best available evidence (case series)  |
| Prietto CA;                    | 1979 | Supracondylar fractures of the humerus. A comparative study of Dunlop's traction versus percutaneous pinning   | Not best available evidence, very low quality  |
| Bender J;Busch CA;             | 1978 | Results of treatment of supracondylar fractures of the<br>humerus in children with special reference to the cause<br>and prevention of cubitus varus | Comparison not considered for this guideline, <10 patients in valid comparison group |
| Alcott WH;Bowden BW;Miller PR; | 1977 | Displaced supracondylar fractures of the humerus in children: long-term follow-up of 69 patients   | Comparison not considered for this guideline   |
| Lund-Kristensen J;Vibild O;    | 1976 | Supracondylar fractures of the humerus in children. A follow-up with particular reference to late results after severely displaced fractures         | Comparison not considered for this guideline, <10 patients in valid comparison group |

#### **RECOMMENDATION 3**

The practitioner might use two or three laterally introduced pins to stabilize the reduction of displaced pediatric supracondylar fractures of the humerus. Considerations of potential harm indicate that the physician might avoid the use of a medial pin.

#### **Strength of Recommendation: Limited**

Description: Evidence from two or more "Low" strength studies with consistent findings, or evidence from a single "Moderate" quality study recommending for or against the intervention or diagnostic. A **Limited** recommendation means the quality of the supporting evidence that exists is unconvincing, or that well-conducted studies show little clear advantage to one approach versus another.

Implications: Practitioners should exercise clinical judgment when following a recommendation classified as **Limited**, and should be alert to emerging evidence that might negate the current findings. Patient preference should have a substantial influencing role.

| Included<br>Studies       | Number<br>of<br>Outcomes | Level of<br>Evidence | Quality          | Applicability | Critical Outcome(s)       | Benefits<br>and Harms<br>Adjustment |
|---------------------------|--------------------------|----------------------|------------------|---------------|---------------------------|-------------------------------------|
| Altay <sup>34</sup>       | 1                        | III                  | Low              | Moderate      | iatrogenic<br>ulnar nerve | None                                |
| Bombaci <sup>35</sup>     | 3                        | III                  | Low              | Moderate      | injury. loss<br>of        |                                     |
| Devkota <sup>36</sup>     | 3                        | II                   | Low              | Moderate      | reduction, malunion,      |                                     |
| Foead <sup>37</sup>       | 9                        | II                   | Low/<br>Moderate | Moderate      | reoperation rate          |                                     |
| France <sup>26</sup>      | 1                        | III                  | Low              | Moderate      |                           |                                     |
| Gordon <sup>38</sup>      | 2                        | III                  | Low              | Moderate      |                           |                                     |
| Kocher <sup>39</sup>      | 14                       | II                   | Moderate         | Moderate      |                           |                                     |
| Memisoglu <sup>40</sup>   | 5                        | III                  | Low              | Moderate      |                           |                                     |
| Shamsuddin <sup>41</sup>  | 7                        | III                  | Low              | Moderate      |                           |                                     |
| Sibinski <sup>42</sup>    | 4                        | III                  | Low              | Moderate      |                           |                                     |
| Skaggs <sup>43</sup>      | 3                        | III                  | Low              | Moderate      |                           |                                     |
| Solak <sup>44</sup>       | 3                        | III                  | Low              | Moderate      |                           |                                     |
| Topping <sup>45</sup>     | 3                        | III                  | Low              | Moderate      |                           |                                     |
| Tripuraneni <sup>46</sup> | 4                        | II                   | Low/<br>Moderate | Moderate      |                           |                                     |
| Zamzam <sup>47</sup>      | 3                        | III                  | Low              | Moderate      |                           |                                     |

| Fahmy <sup>48</sup> * | 3 | III | Low | Moderate |
|-----------------------|---|-----|-----|----------|
| Lee <sup>49</sup> **  | 6 | III | Low | Moderate |

<sup>\*</sup>Intrafocal pinning techniques compared, \*\*Divergent vs. parallel configurations

#### **RATIONALE**

Pin configuration and the potential complications related to instability and iatrogenic ulnar nerve injury are recognized concerns in this population. Therefore the work group deemed it important to examine the technique of pin stabilization.

Critical outcomes investigated were introgenic ulnar nerve injury, loss of reduction, malunion, and reoperation rate. This recommendation is based on data on 65 outcomes from 15 studies comparing pinning technique using lateral only pin entry to lateral and medial crossed pin technique.

Two of the six studies that were sufficiently powered for loss of reduction were statistically significant in favor of medial pins. The remaining four studies reported no statistically significant difference between lateral and medial pins.

One randomized, prospective study by Kocher, et al., examined loss of reduction and found a loss of reduction rate of 21% (6/28) in lateral only pins. Medial and lateral pins had a statistically significant lower loss of reduction rate of 4% (1/24). This loss of reduction was not clinically significant enough to warrant re-operation in either group. Meta-analysis of low and moderate quality studies found no statistically significant difference between lateral and medial pin configurations with respect to Baumann's angle, Baumann's angle change, Flynn's Criteria and infection.

The ulnar nerve was injured in 3 of 557 (0.53%) cases with laterally introduced pins. Medially introduced pins resulted in 49 of 808 (6%) cases of ulnar nerve injury. Iatrogenic ulnar nerve injury was noted to be statistically significant in favor of lateral pinning in 6 of 11 studies. A meta-analysis of these studies and three additional underpowered studies (1 moderate quality and 13 low quality) also demonstrated a statistically significant effect in favor of lateral pinning (Number Needed to Harm = 22, Odds ratio = 0.27). This suggests a 1 in 22 chance of harm resulting from the medial pinning techniques used in these studies. Based on limited evidence, the practitioner might use two or three laterally introduced pins to stabilize the reduction of displaced pediatric supracondylar fractures of the humerus. The risk of potential harm from a medial pin must be weighed against the potential advantages.

#### SUPPORTING EVIDENCE

#### **QUALITY**

Relevant Tables: Table 28 - Table 30, Table 35 - Table 37

Data on 65 outcomes from 15 studies comparing pinning techniques using lateral pins only to a single lateral pin with a medial cross pin were found for this recommendation. Sixteen outcomes were of moderate quality and the remaining 49 were of low quality

(Table 28). Three of the studies were randomized controlled trials. Kocher, et al. had flawed blinding and measurement domains (except for the outcomes infection and return to function which have unflawed measurement domains because the outcome is directly observable and is important to the patient). All 14 outcomes from Kocher, et al. were of moderate quality. Foaed, et al al. and Tripuranenei, et al. did not use stochastic methods to randomize patients to treatment groups, flawing the group assignment domain in addition to flawed blinding and measurement domains (except for the outcome infection which has an unflawed measurement domain because the outcome is directly observable and is important to the patient). Only the outcome infection from Foead, et al. and Tripuraneni, et al. was of moderate quality, the other 11 outcomes from these RCT's were of low quality. All other quality analysis domains were not flawed (Table 35)

Eleven of the remaining twelve comparing pinning techniques using lateral pins only to a single lateral pin with a medial cross pin were retrospective comparative studies which resulted in flawed prospective, group assignment, and blinding domains. Devkota, et al. was a prospective cohort study with flawed group assignment and blinding domains. All 38 outcomes from these 12 non-randomized comparative studies were of low quality (Table 28). The outcome infection had an unflawed measurement domain. The remaining 34 outcomes had flawed measurement domains because of the need for testing. All other quality analysis domains were not flawed (Table 35).

Two additional studies making different comparison from the studies described above were found for this recommendation. Fahmy, et al. was a retrospective comparison of posterior intrafocal pinning to posterior intrafocal pinning with an additional lateral pin. The 3 outcomes reported by this study were of low quality (Table 29). This study had flawed prospective, group assignment, and blinding domains. The measurement domain was flawed for 2 of the 3 outcomes reported but unflawed for the outcome, infection. All other quality analysis domains were not flawed (Table 36).

Lee, et al. was a retrospective comparison of divergent lateral pinning to parallel lateral pinning. All 6 outcomes from this study had flawed prospective, group assignment, blinding and measurement domains and were of low quality (Table 30). All other quality analysis domains were not flawed (Table 37)

#### APPLICABILITY

Relevant Tables: Table 28 - Table 30, Table 35 - Table 37

For all fifteen studies there is some uncertainty if the practitioners who delivered the treatment did so in a way similar to the way it would be delivered in most practices due to the low number of surgeons performing the operations in each study. Only Tripuraneni, et al. took measures to ensure that all potential patients were included in the analysis. Only Kocher, et al. enrolled patients that might be different from those seen in actual clinical practice. None of the studies have compliance and adherence that is different from that seen in actual clinical practice. The applicability of the included outcomes to results that would be obtained in a typical practice is moderate. Results of the applicability domains analysis are available in Table 35 - Table 37.

#### FINAL STRENGTH OF EVIDENCE

All 'Low' quality outcomes remained at 'Low' strength of evidence based on their 'Moderate' applicability. All 'Moderate' quality outcomes remained at 'Moderate' strength of evidence based on their 'Moderate' applicability (Table 28-Table 30).

Table 28 Quality and Applicability Summary – Lateral vs. Medial Pinning

| Study               | Outcome                       | Quality  | Applicability | Strength of Evidence |
|---------------------|-------------------------------|----------|---------------|----------------------|
| Kocher              | Baumann's angle               | Moderate | Moderate      | Moderate             |
| Bombaci             | Baumann's angle <sup>†</sup>  | Low      | Moderate      | Low                  |
| Shamsuddin          | Baumann's angle               | Low      | Moderate      | Low                  |
| Tripuraneni         | Baumann's angle <sup>†</sup>  | Low      | Moderate      | Low                  |
| Kocher              | Baumann's angle change        | Moderate | Moderate      | Moderate             |
| Foead               | Baumann's angle change        | Low      | Moderate      | Low                  |
| Shamsuddin          | Baumann's angle change        | Low      | Moderate      | Low                  |
| $Topping^\dagger$   | Baumann's angle change†       | Low      | Moderate      | Low                  |
| Skaggs              | Baumann's angle change        | Low      | Moderate      | Low                  |
| Kocher              | Carrying angle                | Moderate | Moderate      | Moderate             |
| Foead               | Carrying angle change         | Low      | Moderate      | Low                  |
| Zamzam              | Cubitus varus                 | Low      | Moderate      | Low                  |
| Kocher              | Elbow extension               | Moderate | Moderate      | Moderate             |
| Shamsuddin          | Elbow extension               | Low      | Moderate      | Low                  |
| Foead               | Elbow extension loss          | Low      | Moderate      | Low                  |
| Kocher              | Elbow flexion                 | Moderate | Moderate      | Moderate             |
| Shamsuddin          | Elbow flexion                 | Low      | Moderate      | Low                  |
| Foead               | Elbow flexion loss            | Low      | Moderate      | Low                  |
| Kocher              | Elbow motion - total          | Moderate | Moderate      | Moderate             |
| Memisoglu           | Flynn's cosmetic result       | Low      | Moderate      | Low                  |
| Foead               | Flynn's cosmetic result       | Low      | Moderate      | Low                  |
| Devkota             | Flynn's criteria              | Low      | Moderate      | Low                  |
| Solak               | Flynn's criteria              | Low      | Moderate      | Low                  |
| France <sup>†</sup> | Flynn's criteria <sup>†</sup> | Low      | Moderate      | Low                  |
| Kocher              | Flynn's criteria              | Moderate | Moderate      | Moderate             |
| Sibinski            | Flynn's criteria              | Low      | Moderate      | Low                  |

Table 28 Quality and Applicability Summary – Lateral vs. Medial Pinning

| Study     | Outcome                   | Quality | Applicability | Strength of Evidence |
|-----------|---------------------------|---------|---------------|----------------------|
| Memisoglu | Flynn's functional result | Low     | Moderate      | Low                  |
|           |                           |         |               |                      |

Bold outcomes are identified as critical outcomes, † underpowered outcome, only considered in meta-analysis

| Kocher      | Humerocapitellar angle                             | Moderate | Moderate | Moderate |
|-------------|--|----------|----------|----------|
| Shamsuddin  | Humerocapitellar angle                             | Low      | Moderate | Low      |
| Kocher      | Humerocapitellar angle change                      | Moderate | Moderate | Moderate |
| Shamsuddin  | Humerocapitellar angle change                      | Low      | Moderate | Low      |
| Foead       | Iatrogenic radial nerve injury                     | Low      | Moderate | Low      |
| Altay       | Iatrogenic ulnar nerve injury                      | Low      | Moderate | Low      |
| Bombaci     | Iatrogenic ulnar nerve injury $^{\dagger}$         | Low      | Moderate | Low      |
| Devkota     | Iatrogenic ulnar nerve injury                      | Low      | Moderate | Low      |
| Foead       | Iatrogenic ulnar nerve injury                      | Low      | Moderate | Low      |
| Gordon      | Iatrogenic ulnar nerve injury                      | Low      | Moderate | Low      |
| Kocher      | Iatrogenic ulnar nerve injury                      | Moderate | Moderate | Moderate |
| Memisoglu   | Iatrogenic ulnar nerve injury                      | Low      | Moderate | Low      |
| Shamsuddin  | Iatrogenic ulnar nerve injury                      | Low      | Moderate | Low      |
| Sibinski    | Iatrogenic ulnar nerve injury                      | Low      | Moderate | Low      |
| Skaggs      | Iatrogenic ulnar nerve injury                      | Low      | Moderate | Low      |
| Solak       | Iatrogenic ulnar nerve injury                      | Low      | Moderate | Low      |
| Topping     | Iatrogenic ulnar nerve injury $^{\dagger}$         | Low      | Moderate | Low      |
| Tripuraneni | $\textbf{Iatrogenic ulnar nerve injury}^{\dagger}$ | Low      | Moderate | Low      |
| Zamzam      | Iatrogenic ulnar nerve injury                      | Low      | Moderate | Low      |
| Bombaci     | Infection <sup>†</sup>                             | Low      | Moderate | Low      |
| Tripuraneni | Infection <sup>†</sup>                             | Moderate | Moderate | Moderate |
| Foead       | Infection - pin                                    | Moderate | Moderate | Moderate |
| Memisoglu   | Infection - pin                                    | Low      | Moderate | Low      |
| Sibinski    | Infection - pin                                    | Low      | Moderate | Low      |
| Topping     | Infection - pin <sup>†</sup>                       | Low      | Moderate | Low      |
| Kocher      | Infection – superficial                            | Moderate | Moderate | Moderate |
|             |  |          |          |          |

Table 28 Quality and Applicability Summary – Lateral vs. Medial Pinning

|                 |   |          |                      | Strength of     |  |
|-----------------|---|----------|----------------------|-----------------|--|
| Study           | Outcome   | Quality  | <b>Applicability</b> | <b>Evidence</b> |  |
| Kocher          | Loss of reduction   | Moderate | Moderate             | Moderate        |  |
| Rold outcomes a | Rold outcomes are identified as critical outcomes * undernowered outcome only considered in |          |                      |                 |  |

Bold outcomes are identified as critical outcomes, † underpowered outcome, only considered in meta-analysis

| Sibinski    | Loss of reduction              | Low      | Moderate | Low      |
|-------------|--------------------------------|----------|----------|----------|
| Skaggs      | Loss of reduction              | Low      | Moderate | Low      |
| Tripuraneni | Loss of reduction <sup>†</sup> | Low      | Moderate | Low      |
| Zamzam      | Loss of reduction              | Low      | Moderate | Low      |
| Foead       | MEE angle loss                 | Low      | Moderate | Low      |
| Gordon      | Reoperation                    | Low      | Moderate | Low      |
| Kocher      | Reoperation                    | Moderate | Moderate | Moderate |
| Memisoglu   | Reoperation/loss of reduction  | Low      | Moderate | Low      |
| Solak       | Reoperation/loss of reduction  | Low      | Moderate | Low      |
| Kocher      | Return to full function        | Moderate | Moderate | Moderate |

Bold outcomes are identified as critical outcomes, † underpowered outcome, only considered in meta-analysis

Table 29 Quality and Applicability Summary – Intrafocal Pinning

| Study     | Outcome                         | Quality | Applicability | Strength of Evidence |
|-----------|---------------------------------|---------|---------------|----------------------|
| Fahmy     | Flynn's criteria - satisfactory | Low     | Moderate      | Low                  |
| Fahmy     | Infection – pin track           | Low     | Moderate      | Low                  |
| <br>Fahmy | Posterior wire migration        | Low     | Moderate      | Low                  |

Bold outcomes are identified as critical outcomes.

Table 30 Quality and Applicability Summary – Divergent Lateral vs. Parallel Lateral Pinning

| Study | Outcome                   | Quality | Applicability | Strength of Evidence |
|-------|---------------------------|---------|---------------|----------------------|
| Lee   | Cubitus varus             | Low     | Moderate      | Low                  |
| Lee   | Epiphyseal injury         | Low     | Moderate      | Low                  |
| Lee   | Hyperextension of elbow   | Low     | Moderate      | Low                  |
| Lee   | Iatrogenic nerve injuries | Low     | Moderate      | Low                  |
| Lee   | Loss of motion            | Low     | Moderate      | Low                  |

# Table 30 Quality and Applicability Summary – Divergent Lateral vs. Parallel Lateral Pinning

| Study | Outcome     | Quality | Applicability | Strength of Evidence |
|-------|-------------|---------|---------------|----------------------|
| Lee   | Reoperation | Low     | Moderate      | Low                  |

Bold outcomes are identified as critical outcomes.

#### RESULTS

Relevant Tables and Figures: Table 31-Table 34, Table 38-Table 41, Figure 5-Figure 11

Fifteen of the studies compared pinning techniques using lateral pins only to a single lateral pin with a medial cross pin. The pinning technique and the fracture types studied from these 15 included studies are listed in Table 31. Six of the studies enrolled only patients with Type III fractures (or otherwise described as displaced with posterior cortex not intact). The other 9 studies enrolled patients with Type II or III fracture (or otherwise described as displaced with posterior cortex not intact or simply described as displaced). The remaining two studies considered for this recommendation did not compare lateral pinning techniques to a medial pinning technique. Fahmy, et al. compared posterior intrafocal pinning to posterior intrafocal pinning with an additional lateral pin in patients with Type II or III fractures. Lee, et al. compared lateral divergent pinning to lateral parallel pinning in patients with Type II or III fractures.

The results of statistical testing and the direction of treatment effect (i.e. the favored treatment) for the comparison of pinning techniques using lateral pins only to a single lateral pin with a medial cross pin are summarized in Table 32-Table 34 according to the fracture types. In total 9 of 54 outcomes had statistically significant differences and 45 did not have statistically significant based on analysis of mean differences and proportions. Eleven outcomes were considered for meta-analysis. The results of meta-analysis for seven outcomes (Baumann's angle, Baumann's angle change, Flynn's criteria, Iatrogenic ulnar nerve injury, Infection, Loss of reduction and Reoperation) are summarized in Table 32.

Three (of 4) critical outcomes; loss of reduction, reoperation rate, and iatrogenic ulnar nerve injury, identified by the work group were reported in the included studies for the comparison of pinning techniques using lateral pins only to a single lateral pin with a medial cross pin. All three outcomes were evaluated with meta-analysis. Meta-analysis of the outcome, loss of reduction, is not considered for this recommendation because of high heterogeneity ( $I^2 = 74.6\%$ , p = 0.03). Two of the six studies that were sufficiently powered for loss of reduction were statistically significant in favor of medial pins (i.e. significantly less patients lost their reduction in the medial pinning groups). The remaining four studies reported no statistically significant difference in loss of reduction. Meta-analysis of reoperation rates in four studies found no statistically significant difference between lateral and medial pinning (Figure 5). Meta-analysis of iatrogenic ulnar nerve injuries in 14 studies found a statistically significant difference in favor of lateral pinning (Figure 6). Meta-analysis of Baumann's angle, Baumann's angle change,

Flynn's criteria, and Infection found no statistically significant differences between lateral and medial pins (Figure 8-Figure 11).

Only one outcome for the comparison of pinning techniques using lateral pins only to a single lateral pin with a medial cross pin that did not undergo meta-analysis. Cubitus varus, was statistically significant in favor of medial pinning (i.e. fewer patients with medial pins had cubitus varus). Only one study reported this significant difference. The remaining outcomes for the comparison of pinning techniques using lateral pins only to a single lateral pin with a medial cross pin had no statistically significant differences.

There were no statistically significant differences for the comparison of intrafocal pinning techniques (Table 40). There were no statistically significant differences for the comparison of lateral divergent pinning to lateral parallel pinning (Table 41)

**Table 31 Lateral Pinning Techniques and Fracture Type** 

|                           | Fracture Types | oes                       |  |  |
|---------------------------|----------------|---------------------------|--|--|
| <b>Study</b>              | Studied        | Lateral Pinning Technique |  |  |
| Altay <sup>34</sup>       | II, III        | Crossed                   |  |  |
| Bombaci <sup>35</sup>     | II, III        | Crossed                   |  |  |
| Foead <sup>37</sup>       | II, III        | Crossed or Parallel       |  |  |
| Shamsuddin <sup>41</sup>  | II, III        | Divergent                 |  |  |
| Tripuraneni <sup>46</sup> | II, III        | Divergent                 |  |  |
| Gordon <sup>38</sup>      | II, III        | Parallel                  |  |  |
| Sibinski <sup>42</sup>    | II, III        | Parallel                  |  |  |
| Zamzam <sup>47</sup>      | II, III        | Parallel                  |  |  |
| Skaggs <sup>43</sup>      | II, III        | technique not reported    |  |  |
| Memisoglu <sup>40</sup>   | III            | Crossed                   |  |  |
| Kocher <sup>39</sup>      | III            | Divergent or Parallel     |  |  |
| Devkota <sup>36</sup>     | III            | Parallel                  |  |  |
| Topping <sup>45</sup>     | III            | Parallel                  |  |  |
| France <sup>26</sup>      | III            | technique not reported    |  |  |
| Solak <sup>44</sup>       | III            | technique not reported    |  |  |

Table 32 Results Summary - Lateral vs. Medial Pinning - ALL Fracture Types

| Outcome(s)                     | Post               | t-operative per                 | riod        | Meta-<br>Analysis |
|--------------------------------|--------------------|---------------------------------|-------------|-------------------|
| Iatrogenic ulnar nerve injury  | 00000              |                                 | •           | •                 |
| Loss of reduction              | 0000               | <b>♦</b>                        |             | ?                 |
| Malunion                       | no evidence        |                                 |             |                   |
| Reoperation                    | 0000               |                                 |             | 0                 |
| Cubitus varus                  | <b>♦</b>           |                                 |             | n/a               |
| Iatrogenic radial nerve injury | 0                  |                                 |             | n/a               |
| Infection                      | no sufficient      | no sufficiently powered studies |             |                   |
| Infection - pin                | 000                |                                 |             | 0                 |
| Infection – superficial        | 0                  |                                 |             |                   |
|                                | Final<br>follow-up | 0-6<br>Months                   | 2+<br>Years | Meta-<br>Analysis |
| Baumann's angle                | 0                  | 0                               |             | 0                 |
| Baumann's angle change         | 00                 | 00                              |             | 0                 |
| Carrying angle                 |                    | 0                               |             | n/a               |
| Carrying angle change          | 0                  |                                 |             | n/a               |
| Elbow extension                | 0                  | 0                               |             | n/a               |
| Elbow extension loss           | 0                  |                                 |             | n/a               |
| Elbow flexion                  | 0                  | 0                               |             | n/a               |
| Elbow flexion loss             | 0                  |                                 |             | n/a               |
| Elbow motion - total           |                    | 0                               |             | n/a               |
| Flynn's criteria               | 0                  | 000                             | 0           | 0                 |
| Flynn's cosmetic result        | 0                  |                                 | 0           | n/a               |
| Flynn's functional result      |                    |                                 | 0           | n/a               |
| Humerocapitellar angle         | 0                  | 0                               |             | n/a               |
| Humerocapitellar angle change  | 0                  | 0                               |             | n/a               |
| MEE angle loss                 | 0                  |                                 |             | n/a               |
| Return to full function        |                    | 0                               |             | n/a               |

<sup>•:</sup> statistically significant in favor of lateral pinning, o: no statistically significant difference,

<sup>♦:</sup> statistically significant in favor of medial pinning, ? cannot interpret due to heterogeneity

Table 33 Results Summary - Lateral vs. Medial Pinning - Type II or III Fractures

| Outcome(s)                     |   | Post-operative period |             |
|--------------------------------|---|-----------------------|-------------|
| Iatrogenic ulnar nerve injury  | $\circ \bullet \circ \bullet \bullet \bullet$ | 0                     |             |
| Loss of reduction              | 00  |                       |             |
| Malunion                       | no evidence                                   |                       |             |
| Reoperation                    | 0   |                       |             |
| Cubitus varus                  | <b>♦</b>                                      |                       |             |
| Iatrogenic radial nerve injury | 0   |                       |             |
| Infection                      |   |                       |             |
| Infection - pin                | 00  |                       |             |
| Infection – superficial        |   |                       |             |
|                                | Final<br>follow-up                            | 0-6<br>Months         | 2+<br>Years |
| Baumann's angle                | 0   |                       |             |
| Baumann's angle change         | 000   |                       |             |
| Carrying angle                 |   |                       |             |
| Carrying angle change          | 0   |                       |             |
| Elbow extension                | 0   |                       |             |
| Elbow extension loss           | 0   |                       |             |
| Elbow flexion                  | 0   |                       |             |
| Elbow flexion loss             | 0   |                       |             |
| Elbow motion - total           |   |                       |             |
| Flynn's criteria               | 0   |                       |             |
| Flynn's cosmetic result        | 0   |                       |             |
| Flynn's functional result      |   |                       |             |
| Humerocapitellar angle         | 0   |                       |             |
| Humerocapitellar angle change  | 0   |                       |             |
| MEE angle loss                 | 0   |                       |             |
| Return to full function        |   |                       |             |

<sup>•:</sup> statistically significant in favor of lateral pinning, o: no statistically significant difference, •: statistically significant in favor of medial pinning

Table 34 Results Summary - Lateral vs. Medial Pinning - Type III Fractures

| Outcome(s)                     |                                   | Post-operative perio | od          |
|--------------------------------|-----------------------------------|----------------------|-------------|
| Iatrogenic ulnar nerve injury  | $\bullet \circ \bullet \circ$     |                      |             |
| Loss of reduction              | $\bigcirc \bigcirc \blacklozenge$ |                      |             |
| Malunion                       | no evidence                       |                      |             |
| Reoperation                    | 000                               |                      |             |
| Cubitus varus                  |                                   |                      |             |
| Iatrogenic radial nerve injury |                                   |                      |             |
| Infection                      |                                   |                      |             |
| Infection - pin                | 0                                 |                      |             |
| Infection – superficial        | 0                                 |                      |             |
|                                | Final<br>follow-up                | 0-6<br>Months        | 2+<br>Years |
| Baumann's angle                |                                   | 0                    |             |
| Baumann's angle change         |                                   | 0                    |             |
| Carrying angle                 |                                   | 0                    |             |
| Carrying angle change          |                                   |                      |             |
| Elbow extension                |                                   | 0                    |             |
| Elbow extension loss           |                                   |                      |             |
| Elbow flexion                  |                                   | 0                    |             |
| Elbow flexion loss             |                                   |                      |             |
| Elbow motion - total           |                                   | 0                    |             |
| Flynn's criteria               |                                   | 000                  | 0           |
| Flynn's cosmetic result        |                                   |                      | 0           |
| Flynn's functional result      |                                   |                      | 0           |
| Humerocapitellar angle         |                                   | 0                    |             |
| Humerocapitellar angle change  |                                   | 0                    |             |
| MEE angle loss                 |                                   |                      |             |
| Return to full function        |                                   | 0                    |             |

<sup>•:</sup> statistically significant in favor of lateral pinning, o: no statistically significant difference,

<sup>♦:</sup> statistically significant in favor of medial pinning

#### **EVIDENCE TABLES AND FIGURES**

## QUALITY AND APPLICABILITY-LATERAL VS. MEDIAL PINNING

## Table 35 Quality and Applicability Domain Scores – Lateral vs. Medial Pinning

| •: Domain fre •: Domain fla  Study |                        | Duration        | Prospective | Power | Group Assignment | Blinding | Group Comparability | Treatment Integrity | Measurement | Investigator Bias | Ouality   | Participants | Interventions & Expertise | Compliance & Adherence | Analysis | Applicability |
|------------------------------------|------------------------|-----------------|-------------|-------|------------------|----------|---------------------|---------------------|-------------|-------------------|-----------|--------------|---------------------------|------------------------|----------|---------------|
| Kocher                             | Baumann's angle        | 3 months        |             |       |                  | 0        |                     |                     | 0           |                   | Moderate  | 0            | 0                         | •                      | 0        | Moderate      |
| Hoener                             |                        | Final           |             |       |                  |          |                     |                     |             |                   | Wiodelate |              |                           |                        |          | Wioderate     |
| Bombaci                            | Baumann's angle        | follow-up       | 0           | •     | 0                | 0        | •                   | •                   | 0           | •                 | Low       | •            | 0                         | •                      | 0        | Moderate      |
| Shamsuddin                         | Baumann's angle        | Final follow-up | 0           | •     | 0                | 0        | •                   | •                   | 0           | •                 | Low       | •            | 0                         | •                      | 0        | Moderate      |
| Tripuraneni                        | Baumann's angle        | Final follow-up | •           | •     | 0                | 0        | •                   | •                   | 0           | •                 | Low       | •            | 0                         | •                      | •        | Moderate      |
| Skaggs                             | Baumann's angle change | Union           | 0           | •     | 0                | 0        | •                   | •                   | 0           | •                 | Low       | •            | 0                         | •                      | 0        | Moderate      |
| Kocher                             | Baumann's angle change | 3 months        | •           | •     | •                | 0        | •                   | •                   | 0           | •                 | Moderate  | 0            | 0                         | •                      | 0        | Moderate      |
| Foead                              | Baumann's angle change | Final follow-up | •           | •     | 0                | 0        | •                   | •                   | 0           | •                 | Low       | •            | 0                         | •                      | 0        | Moderate      |
| Shamsuddin                         | Baumann's angle change | Final follow-up | 0           | •     | 0                | 0        | •                   | •                   | 0           | •                 | Low       | •            | 0                         | •                      | 0        | Moderate      |

 ${\bf Table~35~Quality~and~Applicability~Domain~Scores-Lateral~vs.~Medial~Pinning}$ 

| •: Domain fre | aws present             |                       | Prospective | Power | Group Assignment | Blinding | Group Comparability | Treatment Integrity | Measurement | Investigator Bias |          | Participants | Interventions & Expertise | Compliance & Adherence | Analysis |               |
|---------------|-------------------------|-----------------------|-------------|-------|------------------|----------|---------------------|---------------------|-------------|-------------------|----------|--------------|---------------------------|------------------------|----------|---------------|
| Study         | Outcome Baumann's angle | <b>Duration</b> Final |             |       |                  |          |                     |                     | 1           |                   | Quality  |              | <u> </u>                  |                        |          | Applicability |
| Topping       | change                  | follow-up             | 0           | •     | 0                | 0        | •                   | •                   | 0           | •                 | Low      | •            | 0                         | •                      | 0        | Moderate      |
| Kocher        | Carrying angle          | 3 months              | •           | •     | •                | 0        | •                   | •                   | 0           | •                 | Moderate | 0            | 0                         | •                      | 0        | Moderate      |
| Foead         | Carrying angle change   | n/a                   | •           | •     | 0                | 0        | •                   | •                   | 0           | •                 | Low      | •            | 0                         | •                      | 0        | Moderate      |
| Zamzam        | Cubitus varus           | n/a                   | 0           | •     | 0                | 0        | •                   | •                   | 0           | •                 | Low      | •            | 0                         | •                      | 0        | Moderate      |
| Kocher        | Elbow extension         | 3 months              | •           | •     | •                | 0        | •                   | •                   | 0           | •                 | Moderate | 0            | 0                         | •                      | 0        | Moderate      |
| Shamsuddin    | Elbow extension         | Final follow-up       | 0           | •     | 0                | 0        | •                   | •                   | 0           | •                 | Low      | •            | 0                         | •                      | 0        | Moderate      |
| Foead         | Elbow extension loss    | Final<br>follow-up    | •           | •     | 0                | 0        | •                   | •                   | 0           | •                 | Low      | •            | 0                         | •                      | 0        | Moderate      |
| Kocher        | Elbow flexion           | 3 months              | •           | •     | •                | 0        | •                   | •                   | 0           | •                 | Moderate | 0            | 0                         | •                      | 0        | Moderate      |
| Shamsuddin    | Elbow flexion           | Final follow-up       | 0           | •     | 0                | 0        | •                   | •                   | 0           | •                 | Low      | •            | 0                         | •                      | 0        | Moderate      |

 ${\bf Table~35~Quality~and~Applicability~Domain~Scores-Lateral~vs.~Medial~Pinning}$ 

| •: Domain fr |  |                 | Prospective | Power | Group Assignment | Blinding | Group Comparability | Treatment Integrity | Measurement | Investigator Bias |          | Participants | Interventions & Expertise | Compliance & Adherence | Analysis |               |
|--------------|--|-----------------|-------------|-------|------------------|----------|---------------------|---------------------|-------------|-------------------|----------|--------------|---------------------------|------------------------|----------|---------------|
| Study        | Outcome                                | Duration        | Ъ           | P     | ٣                | <u> </u> | 3                   | =                   | Σ           | LI I              | Quality  | P            | I I                       | ŭ                      | Ā        | Applicability |
| Foead        | Elbow flexion loss                     | Final follow-up | •           | •     | 0                | 0        | •                   | •                   | 0           | •                 | Low      | •            | 0                         | •                      | 0        | Moderate      |
| Kocher       | Elbow motion - total                   | 3 months        | •           | •     | •                | 0        | •                   | •                   | 0           | •                 | Moderate | 0            | 0                         | •                      | 0        | Moderate      |
| Foead        | Flynn's cosmetic result - satisfactory | Final follow-up | •           | •     | 0                | 0        | •                   | •                   | 0           | •                 | Low      | •            | 0                         | •                      | 0        | Moderate      |
| Memisoglu    | Flynn's cosmetic result - satisfactory | 2-6 years       | 0           | •     | 0                | 0        | •                   | •                   | 0           | •                 | Low      | •            | 0                         | •                      | 0        | Moderate      |
| Devkota      | Flynn's criteria -<br>satisfactory     | 8 weeks         | •           | •     | 0                | 0        | •                   | •                   | 0           | •                 | Low      | •            | 0                         | •                      | 0        | Moderate      |
| Kocher       | Flynn's criteria -<br>satisfactory     | 3 months        | •           | •     | •                | 0        | •                   | •                   | 0           | •                 | Moderate | 0            | 0                         | •                      | 0        | Moderate      |
| Devkota      | Flynn's criteria -<br>satisfactory     | 14 weeks        | •           | •     | 0                | 0        | •                   | •                   | 0           | •                 | Low      | •            | 0                         | •                      | 0        | Moderate      |
| Sibinski     | Flynn's criteria -<br>satisfactory     | Final follow-up | 0           | •     | 0                | 0        | •                   | •                   | 0           | •                 | Low      | •            | 0                         | •                      | 0        | Moderate      |
| France       | Flynn's criteria -<br>satisfactory     | 2-3 years       | 0           | •     | 0                | 0        | •                   | •                   | 0           | •                 | Low      | •            | 0                         | •                      | 0        | Moderate      |

 ${\bf Table~35~Quality~and~Applicability~Domain~Scores-Lateral~vs.~Medial~Pinning}$ 

| •: Domain fre |  |                 | Prospective | Power | Group Assignment | Blinding | Group Comparability | Treatment Integrity | Measurement | Investigator Bias |          | Participants | Interventions & Expertise | Compliance & Adherence | Analysis |               |
|---------------|--|-----------------|-------------|-------|------------------|----------|---------------------|---------------------|-------------|-------------------|----------|--------------|---------------------------|------------------------|----------|---------------|
| Study         | Outcome                                  | Duration        | <u> </u>    |       |                  | <u> </u> |                     |                     | 2           | 1                 | Quality  | Ь            | <u> </u>                  |                        | ▼        | Applicability |
| Solak         | Flynn's criteria -<br>satisfactory       | 2-5 years       | 0           | •     | 0                | 0        | •                   | •                   | 0           | •                 | Low      | •            | 0                         | •                      | 0        | Moderate      |
| Memisoglu     | Flynn's functional result – satisfactory | 2-6 years       | 0           | •     | 0                | 0        | •                   | •                   | 0           | •                 | Low      | •            | 0                         | •                      | 0        | Moderate      |
| Kocher        | Humerocapitellar<br>angle                | 3 months        | •           | •     | •                | 0        | •                   | •                   | 0           | •                 | Moderate | 0            | 0                         | •                      | 0        | Moderate      |
| Shamsuddin    | Humerocapitellar<br>angle                | Final follow-up | 0           | •     | 0                | 0        | •                   | •                   | 0           | •                 | Low      | •            | 0                         | •                      | 0        | Moderate      |
| Kocher        | Humerocapitellar angle change            | 3 months        | •           | •     | •                | 0        | •                   | •                   | 0           | •                 | Moderate | 0            | 0                         | •                      | 0        | Moderate      |
| Shamsuddin    | Humerocapitellar angle change            | Final follow-up | 0           | •     | 0                | 0        | •                   | •                   | 0           | •                 | Low      | •            | 0                         | •                      | 0        | Moderate      |
| Foead         | Iatrogenic radial nerve injury           | n/a             | •           | •     | 0                | 0        | •                   | •                   | 0           | •                 | Low      | •            | 0                         | •                      | 0        | Moderate      |
| Altay         | Iatrogenic ulnar nerve injury            | n/a             | 0           | •     | 0                | 0        | •                   | •                   | 0           | •                 | Low      | •            | 0                         | •                      | 0        | Moderate      |
| Bombaci       | Iatrogenic ulnar nerve injury            | n/a             | 0           | •     | 0                | 0        | •                   | •                   | 0           | •                 | Low      | •            | 0                         | •                      | 0        | Moderate      |

 ${\bf Table~35~Quality~and~Applicability~Domain~Scores-Lateral~vs.~Medial~Pinning}$ 

| •: Domain fre •: Domain fla |                               |          | Prospective | Power    | Group Assignment | Blinding | Group Comparability | Treatment Integrity | Measurement | Investigator Bias |          | Participants | Interventions & Expertise | Compliance & Adherence | Analysis |               |
|-----------------------------|-------------------------------|----------|-------------|----------|------------------|----------|---------------------|---------------------|-------------|-------------------|----------|--------------|---------------------------|------------------------|----------|---------------|
| Study                       | Outcome                       | Duration | _ P         | <u> </u> | <u></u>          | <u>B</u> | ტ                   |                     | Σ           | II I              | Quality  | P            | II I                      | ŭ                      | ₹        | Applicability |
| Devkota                     | Iatrogenic ulnar nerve injury | n/a      | •           | •        | 0                | 0        | •                   | •                   | 0           | •                 | Low      | •            | 0                         | •                      | 0        | Moderate      |
| Foead                       | Iatrogenic ulnar nerve injury | n/a      | •           | •        | 0                | 0        | •                   | •                   | 0           | •                 | Low      | •            | 0                         | •                      | 0        | Moderate      |
| Gordon                      | Iatrogenic ulnar nerve injury | n/a      | 0           | •        | 0                | 0        | •                   | •                   | 0           | •                 | Low      | •            | 0                         | •                      | 0        | Moderate      |
| Kocher                      | Iatrogenic ulnar nerve injury | n/a      | •           | •        | •                | 0        | •                   | •                   | 0           | •                 | Moderate | 0            | 0                         | •                      | 0        | Moderate      |
| Memisoglu                   | Iatrogenic ulnar nerve injury | n/a      | 0           | •        | 0                | 0        | •                   | •                   | 0           | •                 | Low      | •            | 0                         | •                      | 0        | Moderate      |
| Shamsuddin                  | Iatrogenic ulnar nerve injury | n/a      | 0           | •        | 0                | 0        | •                   | •                   | 0           | •                 | Low      | •            | 0                         | •                      | 0        | Moderate      |
| Sibinski                    | Iatrogenic ulnar nerve injury | n/a      | 0           | •        | 0                | 0        | •                   | •                   | 0           | •                 | Low      | •            | 0                         | •                      | 0        | Moderate      |
| Skaggs                      | Iatrogenic ulnar nerve injury | n/a      | 0           | •        | 0                | 0        | •                   | •                   | 0           | •                 | Low      | •            | 0                         | •                      | 0        | Moderate      |
| Solak                       | Iatrogenic ulnar nerve injury | n/a      | 0           | •        | 0                | 0        | •                   | •                   | 0           | •                 | Low      | •            | 0                         | •                      | 0        | Moderate      |

 ${\bf Table~35~Quality~and~Applicability~Domain~Scores-Lateral~vs.~Medial~Pinning}$ 

| •: Domain fro |                               |          | Prospective | Power    | Group Assignment | Blinding | Group Comparability | Treatment Integrity | Measurement | Investigator Bias |          | Participants | Interventions & Expertise | Compliance & Adherence | Analysis |               |
|---------------|-------------------------------|----------|-------------|----------|------------------|----------|---------------------|---------------------|-------------|-------------------|----------|--------------|---------------------------|------------------------|----------|---------------|
| Study         | Outcome                       | Duration | <u> </u>    | <u> </u> | <u></u>          | <u>B</u> | ტ                   | Ē                   | Σ           | In                | Quality  | Ä            | II I                      | ŭ                      | ¥        | Applicability |
| Topping       | Iatrogenic ulnar nerve injury | n/a      | 0           | •        | 0                | 0        | •                   | •                   | 0           | •                 | Low      | •            | 0                         | •                      | 0        | Moderate      |
| Tripuraneni   | Iatrogenic ulnar nerve injury | n/a      | •           | •        | 0                | 0        | •                   | •                   | 0           | •                 | Low      | •            | 0                         | •                      | •        | Moderate      |
| Zamzam        | Iatrogenic ulnar nerve injury | n/a      | 0           | •        | 0                | 0        | •                   | •                   | 0           | •                 | Low      | •            | 0                         | •                      | 0        | Moderate      |
| Bombaci       | Infection                     | n/a      | 0           | •        | 0                | 0        | •                   | •                   | •           | •                 | Low      | •            | 0                         | •                      | 0        | Moderate      |
| Tripuraneni   | Infection                     | n/a      | •           | •        | 0                | 0        | •                   | •                   | •           | •                 | Moderate | •            | 0                         | •                      | •        | Moderate      |
| Foead         | Infection - pin               | n/a      | •           | •        | 0                | 0        | •                   | •                   | •           | •                 | Moderate | •            | 0                         | •                      | 0        | Moderate      |
| Memisoglu     | Infection - pin               | n/a      | 0           | •        | 0                | 0        | •                   | •                   | •           | •                 | Low      | •            | 0                         | •                      | 0        | Moderate      |
| Sibinski      | Infection - pin               | n/a      | 0           | •        | 0                | 0        | •                   | •                   | •           | •                 | Low      | •            | 0                         | •                      | 0        | Moderate      |
| Topping       | Infection - pin               | n/a      | 0           | •        | 0                | 0        | •                   | •                   | 0           | •                 | Low      | •            | 0                         | •                      | 0        | Moderate      |

 ${\bf Table~35~Quality~and~Applicability~Domain~Scores-Lateral~vs.~Medial~Pinning}$ 

| •: Domain fre |                         |          | Prospective | Power    | Group Assignment | Blinding | Group Comparability | Treatment Integrity | Measurement | Investigator Bias |          | Participants | Interventions & Expertise | Compliance & Adherence | Analysis |               |
|---------------|-------------------------|----------|-------------|----------|------------------|----------|---------------------|---------------------|-------------|-------------------|----------|--------------|---------------------------|------------------------|----------|---------------|
| Study         | Outcome                 | Duration | <u> </u>    | <u> </u> | <u> </u>         | <u> </u> | <u> </u>            |                     | 2           | <u> </u>          | Quality  | Ь            | <u> </u>                  |                        | <b>▼</b> | Applicability |
| Kocher        | Infection – superficial | n/a      | •           | •        | •                | 0        | •                   | •                   | •           | •                 | Moderate | 0            | 0                         | •                      | 0        | Moderate      |
| Kocher        | Loss of reduction       | n/a      | •           | •        | •                | 0        | •                   | •                   | 0           | •                 | Moderate | 0            | 0                         | •                      | 0        | Moderate      |
| Sibinski      | Loss of reduction       | n/a      | 0           | •        | 0                | 0        | •                   | •                   | 0           | •                 | Low      | •            | 0                         | •                      | 0        | Moderate      |
| Skaggs        | Loss of reduction       | n/a      | 0           | •        | 0                | 0        | •                   | •                   | 0           | •                 | Low      | •            | 0                         | •                      | 0        | Moderate      |
| Tripuraneni   | Loss of reduction       | n/a      | •           | •        | 0                | 0        | •                   | •                   | 0           | •                 | Low      | •            | 0                         | •                      | •        | Moderate      |
| Zamzam        | Loss of reduction       | n/a      | 0           | •        | 0                | 0        | •                   | •                   | 0           | •                 | Low      | •            | 0                         | •                      | 0        | Moderate      |
| Foead         | MEE angle loss          | n/a      | •           | •        | 0                | 0        | •                   | •                   | 0           | •                 | Low      | •            | 0                         | •                      | 0        | Moderate      |
| Gordon        | Reoperation             | n/a      | 0           | •        | 0                | 0        | •                   | •                   | 0           | •                 | Low      | •            | 0                         | •                      | 0        | Moderate      |
| Kocher        | Reoperation             | n/a      | •           | •        | •                | 0        | •                   | •                   | 0           | •                 | Moderate | 0            | 0                         | •                      | 0        | Moderate      |

 ${\bf Table~35~Quality~and~Applicability~Domain~Scores-Lateral~vs.~Medial~Pinning}$ 

| •: Domain fr •: Domain fl | aws present                   | Dungtion | Prospective | Power | Group Assignment | Blinding | Group Comparability | Treatment Integrity | Measurement | Investigator Bias | 0        | Participants | Interventions & Expertise | Compliance & Adherence | Analysis | A non li a mbilita |
|---------------------------|-------------------------------|----------|-------------|-------|------------------|----------|---------------------|---------------------|-------------|-------------------|----------|--------------|---------------------------|------------------------|----------|--------------------|
| Study                     | Outcome                       | Duration | · '         |       |                  |          |                     |                     | , ,         |                   | Quality  |              | 1                         |                        |          | Applicability      |
| Memisoglu                 | Reoperation/loss of reduction | n/a      | 0           | •     | 0                | 0        | •                   | •                   | 0           | •                 | Low      | •            | 0                         | •                      | 0        | Moderate           |
| Solak                     | Reoperation/loss of reduction | n/a      | 0           | •     | 0                | 0        | •                   | •                   | 0           | •                 | Low      | •            | 0                         | •                      | 0        | Moderate           |
| Kocher                    | Return to full function       | 3 months | •           | •     | •                | 0        | •                   | •                   | •           | •                 | Moderate | 0            | 0                         | •                      | 0        | Moderate           |

## QUALITY AND APPLICABILITY-INTRAFOCAL PINNING

## **Table 36 Quality and Applicability Domain Scores – Intrafocal Pinning**

| •: Domain fre |                                    |              | rospective | Power | Group Assignment | Blinding | Group Comparability | Treatment Integrity | Measurement | Investigator Bias |         | Participants | Interventions & Expertise | Compliance & Adherence | Analysis |               |
|---------------|------------------------------------|--------------|------------|-------|------------------|----------|---------------------|---------------------|-------------|-------------------|---------|--------------|---------------------------|------------------------|----------|---------------|
| Study         | Outcome                            | Duration     | P          | P     | 9                | B        | 9                   | 1                   | Σ           | Ir                | Quality | P            | Ir                        | S                      | A        | Applicability |
| Fahmy         | Flynn's criteria -<br>Satisfactory | 21-30 months | 0          | •     | 0                | 0        | •                   | •                   | 0           | •                 | Low     | •            | 0                         | •                      | 0        | Moderate      |
| Fahmy         | Infection – pin track              | n/a          | 0          | •     | 0                | 0        | •                   | •                   | •           | •                 | Low     | •            | 0                         | •                      | 0        | Moderate      |
| Fahmy         | Posterior wire migration           | n/a          | 0          | •     | 0                | 0        | •                   | •                   | 0           | •                 | Low     | •            | 0                         | •                      | 0        | Moderate      |

## QUALITY AND APPLICABILITY-DIVERGENT LATERAL VS. PARALLEL LATERAL PINNING

Table 37 Quality and Applicability Domain Scores – Divergent Lateral vs. Parallel Lateral Pinning

| •: Domain fre •: Domain fla  Study |                           | Duration        | Prospective | Power | Group Assignment | Blinding | Group Comparability | Treatment Integrity | Measurement | Investigator Bias | Quality | Participants | Interventions & Expertise | Compliance & Adherence | Analysis | Applicability |
|------------------------------------|---------------------------|-----------------|-------------|-------|------------------|----------|---------------------|---------------------|-------------|-------------------|---------|--------------|---------------------------|------------------------|----------|---------------|
| Lee                                | Cubitus varus             | n/a             | 0           | •     | 0                | 0        | •                   | •                   | 0           | •                 | Low     | •            | 0                         | •                      | 0        | Moderate      |
| Lee                                | Epiphyseal injury         | Final follow-up | 0           | •     | 0                | 0        | •                   | •                   | 0           | •                 | Low     | •            | 0                         | •                      | 0        | Moderate      |
| Lee                                | Hyperextension of elbow   | Final follow-up | 0           | •     | 0                | 0        | •                   | •                   | 0           | •                 | Low     | •            | 0                         | •                      | 0        | Moderate      |
| Lee                                | Iatrogenic nerve injuries | n/a             | 0           | •     | 0                | 0        | •                   | •                   | 0           | •                 | Low     | •            | 0                         | •                      | 0        | Moderate      |
| Lee                                | Loss of motion            | Final follow-up | 0           | •     | 0                | 0        | •                   | •                   | 0           | •                 | Low     | •            | 0                         | •                      | 0        | Moderate      |
| Lee                                | Reoperation               | n/a             | 0           | •     | 0                | 0        | •                   | •                   | 0           | •                 | Low     | •            | 0                         | •                      | 0        | Moderate      |

## $FINDINGS\text{-}LATERAL\ VS.\ MEDIAL\ PINNING$

## Table 38 Analysis of Mean Differences - Lateral vs. Medial Pinning

| Study       | n   | Strength of<br>Evidence | Outcome                | Duration           | Lateral<br>(mean±SD) | Medial<br>(mean±SD) | Difference<br>(95% CI) | Results                          |
|-------------|-----|-------------------------|------------------------|--------------------|----------------------|---------------------|------------------------|----------------------------------|
| Kocher      | 52  | Moderate                | Baumann's angle        | 3 months           | $73.7 \pm 8.4$       | $75.8 \pm 7.3$      | 2.1<br>(-2.3, 6.5)     | No difference                    |
| Bombaci     | 45  | Low                     | Baumann's angle        | Final<br>follow-up | $74.46 \pm 5.13$     | $76.88 \pm 4.61$    | 1                      | ered, retained for<br>a-analysis |
| Shamsuddin  | 56  | Low                     | Baumann's angle        | Final<br>follow-up | $77.82 \pm 5.51$     | $79.04 \pm 5.01$    | 1.22<br>(-1.6, 4.0)    | No difference                    |
| Tripuraneni | 40  | Low                     | Baumann's angle        | Final<br>follow-up | $70.7 \pm 5.2$       | $70.7 \pm 6.3$      | 1                      | ered, retained for<br>a-analysis |
| Skaggs      | 281 | Low                     | Baumann's angle change | Union              | $0.06 \pm 6.31$      | $0.25 \pm 6.19$     | 0.19<br>(-1.3, 1.7)    | No difference                    |
| Kocher      | 52  | Moderate                | Baumann's angle change | 3 months           | $5.8 \pm 3.5$        | $5.4 \pm 3.1$       | 0.4<br>(-1.5, 2.3)     | No difference                    |
| Foead       | 55  | Low                     | Baumann's angle change | Final<br>follow-up | $5.30 \pm 5.0$       | $5.96 \pm 5.6$      | 0.66<br>(-2.2, 3.5)    | No difference                    |
| Shamsuddin  | 56  | Low                     | Baumann's angle change | Final<br>follow-up | $3.75 \pm 2.77$      | $3.04 \pm 2.83$     | 0.71<br>(-0.8, 2.2)    | No difference                    |
| Topping     | 47  | Low                     | Baumann's angle change | Final<br>follow-up | $4.7 \pm 3.2$        | $6.4 \pm 4.8$       | -                      | ered, retained for<br>a-analysis |

**Table 38 Analysis of Mean Differences - Lateral vs. Medial Pinning** 

| Study      | n  | Strength of<br>Evidence | Outcome                   | Duration           | Lateral (mean±SD) | Medial<br>(mean±SD) | Difference<br>(95% CI) | Results       |
|------------|----|-------------------------|---------------------------|--------------------|-------------------|---------------------|------------------------|---------------|
| Kocher     | 52 | Moderate                | Carrying angle            | 3 months           | $7.3 \pm 1.7$     | $7.2 \pm 1.9$       | 0.1<br>(-0.9, 1.1)     | No difference |
| Foead      | 55 | Low                     | Carrying angle change     | Final<br>follow-up | $3.70 \pm 4.24$   | $3.57 \pm 4.67$     | 0.13<br>(-2.5, 2.3)    | No difference |
| Kocher     | 52 | Moderate                | Elbow extension           | 3 months           | -3 ± NR           | -4 ± NR             | p > 0.05               | No difference |
| Shamsuddin | 56 | Low                     | Elbow extension           | Final<br>follow-up | 8.46 ± 11.62      | $7.08 \pm 10.1$     | 1.38<br>(-4.5, 7.2)    | No difference |
| Foead      | 55 | Low                     | Elbow extension loss      | Final<br>follow-up | $7.11 \pm 10.8$   | $7.14 \pm 9.25$     | 0.03<br>(-5.4, 5.4)    | No difference |
| Kocher     | 52 | Moderate                | Elbow flexion             | 3 months           | $132 \pm NR$      | $128 \pm NR$        | p > 0.05               | No difference |
| Shamsuddin | 56 | Low                     | Elbow flexion             | Final<br>follow-up | $130 \pm 21.11$   | $119 \pm 20.12$     | 11<br>(-0.05, 22.1)    | No difference |
| Foead      | 55 | Low                     | Elbow flexion loss        | Final<br>follow-up | $11.26 \pm 10.4$  | $8.68 \pm 8.64$     | 2.6<br>(-2.6, 7.7)     | No difference |
| Kocher     | 52 | Moderate                | Elbow motion -<br>total   | 3 months           | 129 ± NR          | 124 ± NR            | p > 0.05               | No difference |
| Kocher     | 52 | Moderate                | Humerocapitellar<br>angle | 3 months           | $36.5 \pm 4.1$    | $38.5 \pm 4.5$      | (-0.4, 4.4)            | No difference |

Table 38 Analysis of Mean Differences - Lateral vs. Medial Pinning

| Study      | n  | Strength of<br>Evidence | Outcome                       | Duration           | Lateral (mean±SD) | Medial<br>(mean±SD) | Difference<br>(95% CI) | Results       |
|------------|----|-------------------------|-------------------------------|--------------------|-------------------|---------------------|------------------------|---------------|
| Shamsuddin | 56 | Low                     | Humerocapitellar angle        | Final<br>follow-up | $39.86 \pm 5.87$  | $38.86 \pm 6.72$    | 1<br>(-2.4, 4.4)       | No difference |
| Kocher     | 52 | Moderate                | Humerocapitellar angle change | 3 months           | $6.2 \pm 5.1$     | $6.5 \pm 5.4$       | 0.3<br>(-2.6, 3.2)     | No difference |
| Shamsuddin | 56 | Low                     | Humerocapitellar angle change | Final<br>follow-up | $4.39 \pm 3.45$   | $3.79 \pm 3.00$     | 0.6<br>(-1.1, 2.3)     | No difference |
| Foead      | 55 | Low                     | MEE angle loss                | Final<br>follow-up | $6.93 \pm 6.6$    | $6.07 \pm 5.1$      | 0.86<br>(-2.3, 4.0)    | No difference |

**Table 39 Analysis of Proportions – Lateral vs. Medial Pinning** 

| Study     | n   | Strength of<br>Evidence | Outcome                                | Duration           | Lateral<br>%, n/N | Medial<br>%, n/N | p-value | Results       |
|-----------|-----|-------------------------|--|--------------------|-------------------|------------------|---------|---------------|
| Zamzam    | 108 | Low                     | Cubitus varus                          | n/a                | 8%, 3/37          | 0%, 0/71         | 0.00    | Favors Medial |
| Foead     | 55  | Low                     | Flynn's cosmetic result – satisfactory | Final<br>follow-up | 93%, 25/27        | 96%, 27/28       | 0.53    | No difference |
| Memisoglu | 139 | Low                     | Flynn's cosmetic result – satisfactory | 2-6 years          | 92%, 69/75        | 91%, 58/64       | 0.77    | No difference |
| Devkota   | 102 | Low                     | Flynn's criteria -<br>satisfactory     | 8 weeks            | 96%, 22/23        | 97%, 77/79       | 0.67    | No difference |

Table 39 Analysis of Proportions – Lateral vs. Medial Pinning

| Study     | n   | Strength of Evidence | Outcome                                  | Duration           | Lateral<br>%, n/N | Medial<br>%, n/N | p-value | Results                          |
|-----------|-----|----------------------|--|--------------------|-------------------|------------------|---------|----------------------------------|
| Kocher    | 52  | Moderate             | Flynn's criteria -<br>satisfactory       | 3 months           | 100%, 28/28       | 100%, 24/24      | 1.00    | No difference                    |
| Devkota   | 102 | Low                  | Flynn's criteria -<br>satisfactory       | 14 weeks           | 100%, 23/23       | 99%, 78/79       | 0.34    | No difference                    |
| Sibinski  | 131 | Low                  | Flynn's criteria -<br>satisfactory       | Final<br>follow-up | 86%, 57/66        | 75%, 49/65       | 0.11    | No difference                    |
| France    | 46  | Low                  | Flynn's criteria -<br>satisfactory       | 2-3 years          | 91%, 29/32        | 93%, 13/14       | _       | wered, retained for eta-analysis |
| Solak     | 59  | Low                  | Flynn's criteria -<br>satisfactory       | 2-5 years          | 83%, 20/24        | 83%, 29/35       | 0.96    | No difference                    |
| Memisoglu | 139 | Low                  | Flynn's functional result – satisfactory | 2-6 years          | 92%, 69/75        | 94%, 60/64       | 0.69    | No difference                    |
| Foead     | 55  | Low                  | Iatrogenic radial nerve injury           | n/a                | 4%, 1/27          | 0%, 0/28         | 0.15    | No difference                    |
| Altay     | 50  | Low                  | Iatrogenic ulnar<br>nerve injury         | n/s                | 0%, 0/25          | 8%, 2/25         | 0.04    | Favors Lateral                   |
| Bombaci   | 45  | Low                  | Iatrogenic ulnar nerve injury            | n/a                | 0%, 0/17          | 4%, 1/28         | _       | wered, retained for eta-analysis |

Table 39 Analysis of Proportions – Lateral vs. Medial Pinning

| Study      | n   | Strength of<br>Evidence | Outcome                       | Duration | Lateral<br>%, n/N | Medial<br>%, n/N | p-value | Results        |
|------------|-----|-------------------------|-------------------------------|----------|-------------------|------------------|---------|----------------|
| Devkota    | 102 | Low                     | Iatrogenic ulnar nerve injury | n/a      | 0%, 0/23          | 9%, 7/79         | 0.01    | Favors Lateral |
| Foead      | 55  | Low                     | Iatrogenic ulnar nerve injury | n/a      | 7%, 2/27          | 18%, 5/28        | 0.23    | No difference  |
| Gordon     | 138 | Low                     | Iatrogenic ulnar nerve injury | n/a      | 0%, 0/42          | 0%, 0/94         | 1.00    | No difference  |
| Kocher     | 52  | Moderate                | Iatrogenic ulnar nerve injury | n/a      | 0%, 0/28          | 0%, 0/24         | 1.00    | No difference  |
| Memisoglu  | 139 | Low                     | Iatrogenic ulnar nerve injury | n/a      | 0%, 0/75          | 9%, 6/64         | 0.00    | Favors Lateral |
| Shamsuddin | 56  | Low                     | Iatrogenic ulnar nerve injury | n/a      | 0%, 0/28          | 11%, 3/28        | 0.01    | Favors Lateral |
| Sibinski   | 131 | Low                     | Iatrogenic ulnar nerve injury | n/a      | 0%, 0/66          | 6%, 4/65         | 0.00    | Favors Lateral |
| Skaggs     | 345 | Low                     | Iatrogenic ulnar nerve injury | n/a      | 0%, 0/125         | 8%, 17/220       | 0.00    | Favors Lateral |
| Solak      | 59  | Low                     | Iatrogenic ulnar nerve injury | n/a      | 4%, 1/24          | 3%, 1/35         | 0.79    | No difference  |

Table 39 Analysis of Proportions – Lateral vs. Medial Pinning

| Study       | n   | Strength of Evidence | Outcome                       | Duration | Lateral<br>%, n/N    | Medial<br>%, n/N     | p-value | Results                          |
|-------------|-----|----------------------|-------------------------------|----------|----------------------|----------------------|---------|----------------------------------|
| Topping     | 47  | Low                  | Iatrogenic ulnar nerve injury | n/a      | 0%, 0/20             | 4%, 1/27             | _       | wered, retained for eta-analysis |
| Tripuraneni | 40  | Low                  | Iatrogenic ulnar nerve injury | n/a      | 0%, 0/20             | 5%, 1/20             | -       | wered, retained for eta-analysis |
| Zamzam      | 108 | Low                  | Iatrogenic ulnar nerve injury | n/a      | 0%, 0/37             | 3%, 2/71             | 0.10    | No difference                    |
| Bombaci     | 45  | Low                  | Infection                     | n/a      | 6%, 1/17             | 0%, 0/28             | _       | wered, retained for eta-analysis |
| Tripuraneni | 40  | Moderate             | Infection                     | n/a      | 0%, 0/20             | 0%, 0/20             | _       | wered, retained for eta-analysis |
| Foead       | 55  | Moderate             | Infection – pin<br>track      | n/a      | 4%, 1/27             | 7%, 2/28             | 0.57    | No difference                    |
| Memisoglu   | 139 | Low                  | Infection – pin<br>track      | n/a      | 9%, 14/150<br>(pins) | 9%, 11/128<br>(pins) | 0.83    | No difference                    |
| Sibinski    | 131 | Low                  | Infection – pin<br>track      | n/a      | 2%, 1/66             | 2%, 1/65             | 0.99    | No difference                    |
| Topping     | 47  | Low                  | Infection – pin<br>track      | n/a      | 0%, 0/20             | 0%, 0/27             | _       | wered, retained for eta-analysis |

Table 39 Analysis of Proportions – Lateral vs. Medial Pinning

| Study       | n   | Strength of<br>Evidence | Outcome                       | Duration | Lateral<br>%, n/N | Medial<br>%, n/N | p-value | Results                          |
|-------------|-----|-------------------------|-------------------------------|----------|-------------------|------------------|---------|----------------------------------|
| Kocher      | 52  | Moderate                | Infection -<br>superficial    | n/a      | 0%, 0/28          | 4%, 1/24         | 0.14    | No difference                    |
| Kocher      | 52  | Moderate                | Loss of reduction             | n/a      | 21%, 6/28         | 4%, 1/24         | 0.04    | Favors Medial                    |
| Sibinski    | 131 | Low                     | Loss of reduction             | n/a      | 3%, 2/66          | 5%, 3/65         | 0.63    | No difference                    |
| Skaggs      | 281 | Low                     | Loss of reduction             | n/a      | 4%, 4/103         | 3%, 5/178        | 0.63    | No difference                    |
| Tripuraneni | 40  | Low                     | Loss of reduction             | n/a      | 5%, 1/20          | 0%, 0/20         |         | wered, retained for eta-analysis |
| Zamzam      | 108 | Low                     | Loss of reduction             | n/a      | 24%, 9/37         | 0%, 0/71         | 0.00    | Favors Medial                    |
| Memisoglu   | 139 | Low                     | Reoperation/loss of reduction | n/a      | 3%, 2/75          | 2%, 1/64         | 0.65    | No difference                    |
| Solak       | 59  | Low                     | Reoperation/loss of reduction | n/a      | 29%, 7/24         | 26%, 9/35        | 0.77    | No difference                    |
| Gordon      | 138 | Low                     | Reoperation                   | n/a      | 0%, 0/42          | 0%, 0/94         | 1.00    | No difference                    |
| Kocher      | 52  | Moderate                | Reoperation                   | n/a      | 0%, 0/28          | 0%, 0/24         | 1.00    | No difference                    |
| Kocher      | 52  | Moderate                | Return to full function       | 3 months | 93%, 26/28        | 96%, 23/24       | 0.64    | No difference                    |

#### FINDINGS-INTRAFOCAL PINNING

## **Table 40 Analysis of Proportions – Intrafocal Pinning**

| Study | n  | Strength of Evidence | Outcome                            | Duration     | Lateral<br>%, n/N | Medial<br>%, n/N | p-value | Results       |
|-------|----|----------------------|------------------------------------|--------------|-------------------|------------------|---------|---------------|
| Fahmy | 64 | Low                  | Flynn's criteria -<br>satisfactory | 21-30 months | 8%, 3/37          | 4%, 1/27         | 0.45    | No difference |
| Fahmy | 64 | Low                  | Infection – pin<br>track           | n/a          | 5%, 2/37          | 0%, 0/27         | 0.06    | No difference |
| Fahmy | 64 | Low                  | Posterior wire migration           | n/a          | 5%, 2/37          | 7%, 2/27         | 0.75    | No difference |

#### FINDINGS-DIVERGENT LATERAL PINNING VS. PARALLEL LATERAL PINNING

## **Table 41 Analysis of Proportions – Divergent Lateral vs. Parallel Lateral Pinning**

| Study | n  | Strength of Evidence | Outcome                   | Duration           | Divergent<br>%, n/N | Parallel<br>%, n/N | p-value | Results       |
|-------|----|----------------------|---------------------------|--------------------|---------------------|--------------------|---------|---------------|
| Lee   | 61 | Low                  | Cubitus varus             | n/a                | 0%, 0/41            | 0%, 0/20           | 1.00    | No difference |
| Lee   | 61 | Low                  | Epiphyseal injury         | Final<br>follow-up | 0%, 0/41            | 0%, 0/20           | 1.00    | No difference |
| Lee   | 61 | Low                  | Hyperextension of elbow   | Final<br>follow-up | 0%, 0/41            | 0%, 0/20           | 1.00    | No difference |
| Lee   | 61 | Low                  | Iatrogenic nerve injuries | n/a                | 0%, 0/41            | 0%, 0/20           | 1.00    | No difference |
| Lee   | 61 | Low                  | Loss of motion            | Final<br>follow-up | 0%, 0/41            | 0%, 0/20           | 1.00    | No difference |
| Lee   | 61 | Low                  | Reoperation               | n/a                | 0%, 0/41            | 0%, 0/20           | 1.00    | No difference |

#### FIGURES-LATERAL VS. MEDIAL PINNING

## Figure 5 Reoperation Meta-Analysis - Lateral vs. Medial Pinning

|   | _              |                        | Arcsine                          |
|---|----------------|------------------------|----------------------------------|
| Study (lateral pinning techniques used) |                |                        | Difference (95% CI)              |
| Gordon (Parallel)                       |                |                        | 0.00 (-0.18, 0.18)               |
| Kocher (Parallel/Divergent)             |                |                        | 0.00 (-0.27, 0.27)               |
| Memisoglu (Crossed)                     |                |                        | 0.04 (-0.13, 0.21)               |
| Solak (technique not reported)          |                |                        | 0.04 (-0.22, 0.30)               |
| Overall (I-squared = 0.0%, p = 0.987)   |                |                        | 0.02 (-0.08, 0.12)               |
|   |                |                        | OR = 1.3 (0.5, 3.4)<br>NNH = 264 |
|   | Favors Lateral | † '<br>0 Favors Medial |                                  |

Figure 6 Iatrogenic Ulnar Nerve Injury Meta-Analysis - Lateral vs. Medial Pinning (stratified by study design)

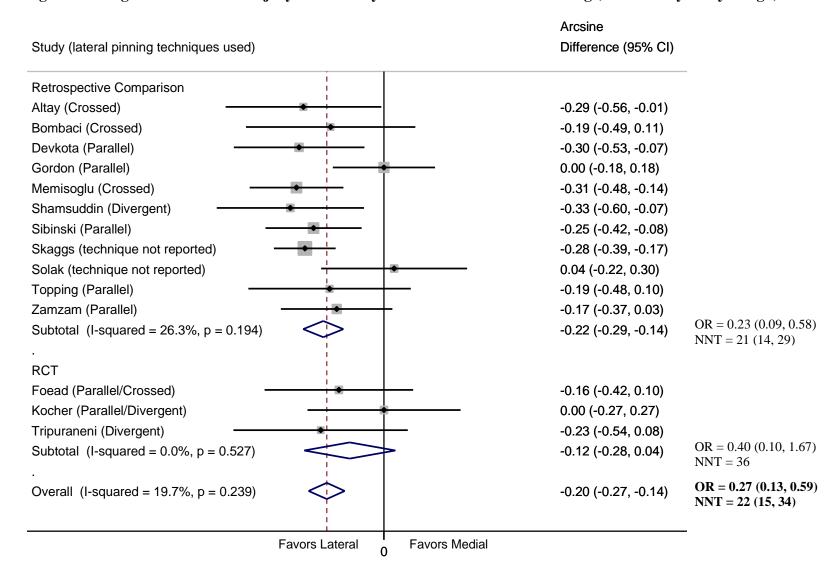


Figure 7 Iatrogenic Ulnar Nerve Injury Meta-Analysis - Lateral vs. Medial Pinning (stratified by quality)

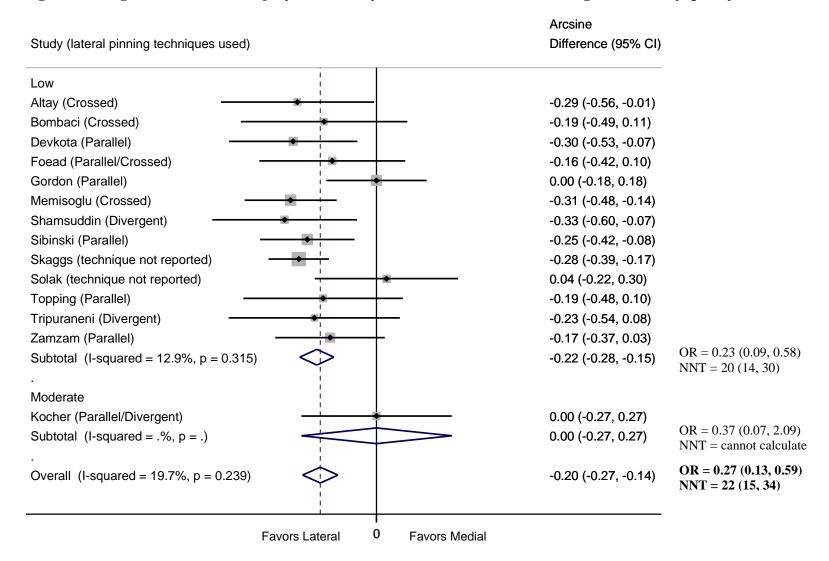


Figure 8 Baumann's Angle Meta-Analysis - Lateral vs. Medial Pinning

| Study (lateral pinning techniques used) |                                | SMD (95% CI)        |
|---|--------------------------------|---------------------|
|   |                                |                     |
| Bombaci (Crossed)                       |                                | -0.49 (-1.11, 0.12) |
| Kocher (Parallel/Divergent)             |                                | -0.26 (-0.81, 0.29) |
| Shamsuddin (Divergent)                  |                                | -0.23 (-0.75, 0.30) |
| Tripuraneni (Divergent)                 |                                | 0.00 (-0.62, 0.62)  |
| Overall (I-squared = 0.0%, p = 0.742)   |                                | -0.25 (-0.53, 0.04) |
|   |                                |                     |
|   | Favors Lateral 0 Favors Medial |                     |

Figure 9 Baumann's Angle Change Meta-Analysis - Lateral vs. Medial Pinning

| Study (lateral pinning techniques used) |                             | SMD (95% CI)        |
|---|-----------------------------|---------------------|
|   | 1                           |                     |
| Foead (Parallel/Crossed)                |                             | -0.12 (-0.65, 0.41) |
| Kocher (Parallel/Divergent)             |                             | 0.12 (-0.43, 0.66)  |
| Shamsuddin (Divergent)                  | •                           | 0.25 (-0.28, 0.78)  |
| Skaggs (technique not reported)         | -                           | -0.03 (-0.25, 0.19) |
| Topping (Parallel)                      | •                           | -0.40 (-0.98, 0.19) |
| Overall (I-squared = 0.0%, p = 0.556)   |                             | -0.03 (-0.20, 0.14) |
|   |                             |                     |
|   | Favors Lateral 0 Favors Med | ial                 |

Figure 10 Flynn's Criteria Satisfactory Meta-Analysis - Lateral vs. Medial Pinning

| rigure to right a criteria Satisfactory Meta-Mi | maybis Editoria vis Mediai I mining | Arcsine                         |
|---|-------------------------------------|---------------------------------|
| Study (lateral pinning techniques used)         |                                     | Difference (95% CI)             |
|   |                                     |                                 |
| Devkota (Parallel)                              |                                     | 0.11 (-0.12, 0.34)              |
| France (technique not reported)                 | •                                   | -0.04 (-0.35, 0.27)             |
| Kocher (Parallel/Divergent) —                   |                                     | 0.00 (-0.27, 0.27)              |
| Sibinski (Parallel)                             |                                     | 0.14 (-0.03, 0.31)              |
| Solak (technique not reported)                  |                                     | 0.01 (-0.25, 0.27)              |
| Overall (I-squared = 0.0%, p = 0.782)           |                                     | 0.07 (-0.03, 0.18)              |
|   |                                     | OR = 1.5 (0.8, 3.0)<br>NNT = 65 |
|   | Favors Lateral 0 Favors Medial      |                                 |

Figure 11 Infection Meta-Analysis - Lateral vs. Medial Pinning

|  |                  |               | Arcsine                          |
|--|------------------|---------------|----------------------------------|
| Study (lateral pinning techniques used)      |                  |               | Difference (95% CI)              |
|  |                  |               |                                  |
| Bombaci (Crossed)                            |                  | •             | - 0.24 (-0.06, 0.55)             |
| Foead (Parallel/Crossed)                     |                  |               | -0.08 (-0.34, 0.19)              |
| Kocher (Parallel/Divergent)                  | •                |               | -0.21 (-0.48, 0.07)              |
| Memisoglu (Crossed)                          | -                | _             | 0.01 (-0.10, 0.13)               |
| Sibinski (Parallel)                          | -                |               | -0.00 (-0.17, 0.17)              |
| Topping (Parallel)                           |                  |               | 0.00 (-0.29, 0.29)               |
| Tripuraneni (Divergent)                      |                  |               | 0.00 (-0.31, 0.31)               |
| Overall (I-squared = $0.0\%$ , p = $0.532$ ) |                  |               | -0.00 (-0.08, 0.08)              |
|  |                  |               | OR = 1.0 (0.5, 2.1)<br>NNT = 810 |
|  | Favors Lateral 0 | Favors Medial |                                  |

## **EXCLUDED STUDIES**

**Table 42 Excluded Studies Considered for Recommendation 3** 

| Study  | Year | Title   | Reason for Exclusion                                |
|--|------|---|---|
| Belhan O; Karakurt L; Ozdemir H;<br>Yilmaz E; Kaya M; Serin E; Inci M; | 2009 | Dynamics of the ulnar nerve after percutaneous pinning of supracondylar humeral fractures in children                       | Not best available<br>evidence, very low<br>quality |
| Zenios M; Ramachandran M; Milne B;<br>Little D; Smith N;               | 2007 | Intraoperative stability testing of lateral-entry pin fixation of pediatric supracondylar humeral fractures                 | Not best available<br>evidence, very low<br>quality |
| Onwuanyi ON; Nwobi DG;   | 1998 | Evaluation of the stability of pin configuration in K-<br>wire fixation of displaced supracondylar fractures in<br>children | Not best available evidence, very low quality       |

### **RECOMMENDATION 4**

We cannot recommend for or against using an open incision as a means of increasing the safety of introduction of a medial pin.

### Strength of Recommendation: Inconclusive

Description: Evidence from a single low quality study or conflicting findings that do not allow a recommendation for or against the intervention. An **Inconclusive** recommendation means that there is a lack of compelling evidence resulting in an unclear balance between benefits and potential harm.

Implications: Practitioners should feel little constraint in following a recommendation labeled as **Inconclusive**, exercise clinical judgment, and be alert for emerging evidence that clarifies or helps to determine the balance between benefits and potential harm. Patient preference should have a substantial influencing role.

#### RATIONALE

Pin configuration and the potential complications related to iatrogenic ulnar nerve injury are recognized concerns in this population. Therefore the group deemed it important to examine the technique of medial pin placement; specifically if there was a difference in ulnar nerve injury rates related to percutaneous vs. open medial pin placement. There was no existing adequate data to address the technique of medial pin placement.

#### SUPPORTING EVIDENCE

No studies that met the selection criteria addressed this recommendation.

### **RECOMMENDATION 5**

We are unable to recommend for or against a time threshold for reduction of displaced pediatric supracondylar fractures of the humerus without neurovascular injury.

### **Strength of Recommendation: Inconclusive**

Description: Evidence from a single low quality study or conflicting findings that do not allow a recommendation for or against the intervention. An **Inconclusive** recommendation means that there is a lack of compelling evidence resulting in an unclear balance between benefits and potential harm.

Implications: Practitioners should feel little constraint in following a recommendation labeled as **Inconclusive**, exercise clinical judgment, and be alert for emerging evidence that clarifies or helps to determine the balance between benefits and potential harm. Patient preference should have a substantial influencing role.

| Included<br>Studies      | Number<br>of<br>Outcomes | Level of<br>Evidence | Quality | Applicability | Critical<br>Outcome(s)      | Benefits<br>and Harms<br>Adjustment |
|--------------------------|--------------------------|----------------------|---------|---------------|-----------------------------|-------------------------------------|
| Carmichael <sup>50</sup> | 1                        | III                  | Low     | Moderate      | baumann's angle,            | None                                |
| Gupta <sup>51</sup>      | 10                       | III                  | Low     | Moderate      | cubitus<br>varus,           |                                     |
| Iyengar <sup>52</sup>    | 1                        | III                  | Low     | Moderate      | compartment syndrome,       |                                     |
| Mehlman <sup>53</sup>    | 4                        | III                  | Low     | Moderate      | malunion, operative         |                                     |
| Sibinski <sup>54</sup>   | 6                        | III                  | Low     | Moderate      | time, quality of reduction, |                                     |
| Walmsley <sup>55</sup>   | 8                        | III                  | Low     | Moderate      | reoperation                 |                                     |

#### **RATIONALE**

The timing of treatment of displaced pediatric supracondylar humerus fractures is an important practical concern. The advisability of urgent/emergent treatment is often weighed against the availability of a surgeon, access to an operating room, and the relative safety of anesthesia. Six low quality studies with moderate applicability were identified.

All studies took a continuous variable (time to treatment) and defined early versus late treatment. Early treatment was described as being within eight hours of injury in four studies and two used a twelve-hour cut-off (Table 44). While the time of an individual's presentation to the hospital is often well documented in the medical record, the time of injury is often estimated. Such uncertainties may affect the quality of conclusions in these studies.

Five of seven critical outcomes identified by the work group were reported in the studies. Four outcomes (compartment syndrome, cubitus varus, operative time, and need for

reoperation) were not reported to be significantly different between early and late treatment groups in any of the studies.

One outcome, the need for open reduction, was reported in all six studies. Carmichael and Joyner, Iyengar, et al. and Sibinski, et al. reported no difference between early and late treatment groups. Gupta, et al. and Walmsley, et al. indicated an *increased* rate for open reduction in the delayed group, while Mehlman, et al. showed a *decreased* rate for open reduction with later treatment. The indication for open reduction is subjective and may therefore vary considerably. Without consistent, objective criteria for the requirement for open treatment, it is difficult to assess the results of the studies. Furthermore, these non-randomized retrospective studies are prone to selection bias. More severe injuries may have been selected for earlier treatment, potentially confounding the comparative data.

#### SUPPORTING EVIDENCE

**QUALITY** 

Relevant Tables: Table 43, Table 46, Table 47

Data on 30 outcomes from six studies were found for this recommendation. All outcomes were of low quality (Table 43). All six studies were retrospective comparative studies which resulted in flawed prospective, group assignment, and blinding domains. Five outcomes had unflawed measurement domains (infections, hospital stay, operation time). These outcomes are directly observable without the need for testing and/or important to the patient. The remaining 25 outcomes had flawed measurement domains because of the need for testing. All other quality analysis domains were not flawed (Table 46, Table 47).

#### **APPLICABILITY**

Relevant Tables: Table 43, Table 46, Table 47

For all six studies there is some uncertainty if the practitioners who delivered the treatment did so in a way similar to the way it would be delivered in most practices due to the low number of surgeons performing the operations in each study. Only Iyengar, et al. and Mehlman, et al. took measures to ensure that all potential patients were included in the analysis, resulting in an unflawed analysis domain. Due to the retrospective review nature of the included studies the patients are thought to be similar to those seen in actual clinical practice and the compliance and adherence to treatment is believed to be similar to that seen in actual clinical practice. The applicability of the included outcomes to results that would be obtained in a typical practice is moderate. Results of the applicability domains analysis are available in Table 46 and Table 47.

#### FINAL STRENGTH OF EVIDENCE

All 'Low' quality outcomes remained at 'Low' strength of evidence based on their 'Moderate' applicability (Table 43).

Table 43 Quality and Applicability Summary - Timing of Operation

| Stud  | ły     | Outcome                           | Quality | Applicability | Strength of Evidence |
|-------|--------|-----------------------------------|---------|---------------|----------------------|
| Walm  | sley A | Anterior interosseous nerve palsy | Low     | Moderate      | Low                  |
| Sibin | ski    | Avascular necrosis                | Low     | Moderate      | Low                  |
| Gup   | ta*    | Compartment syndrome              | Low     | Moderate      | Low                  |

Bold outcomes are identified as critical outcomes, \* also performed analysis of Type III fractures only, † underpowered outcome, only considered in meta-analysis

| Mehlman    | Compartment syndrome                 | Low | Moderate | Low |
|------------|--------------------------------------|-----|----------|-----|
| Sibinski   | Cubitus varus                        | Low | Moderate | Low |
| Walmsley   | Cubitus varus                        | Low | Moderate | Low |
| Sibinski   | Flynn's criteria - Satisfactory      | Low | Moderate | Low |
| Sibinski   | Hospital stay                        | Low | Moderate | Low |
| Gupta*     | Iatrogenic nerve injury              | Low | Moderate | Low |
| Mehlman    | Iatrogenic nerve injury              | Low | Moderate | Low |
| Gupta*     | Infection - pin track                | Low | Moderate | Low |
| Mehlman    | Infection - pin track                | Low | Moderate | Low |
| Walmsley   | Median nerve palsy                   | Low | Moderate | Low |
| Gupta*     | Need for open reduction              | Low | Moderate | Low |
| Iyengar    | Need for open reduction              | Low | Moderate | Low |
| Mehlman    | Need for open reduction              | Low | Moderate | Low |
| Sibinski   | Need for open reduction              | Low | Moderate | Low |
| Walmsley   | Need for open reduction              | Low | Moderate | Low |
| Carmichael | Need for open reduction <sup>†</sup> | Low | Moderate | Low |
| Sibinski   | Operative time                       | Low | Moderate | Low |
| Walmsley   | Radial nerve palsy                   | Low | Moderate | Low |
| Walmsley   | Reoperation/loss of reduction        | Low | Moderate | Low |
| Walmsley   | Ulnar nerve palsy                    | Low | Moderate | Low |
| Gupta*     | Vascular damage                      | Low | Moderate | Low |
| Walmsley   | Wound infection                      | Low | Moderate | Low |

Bold outcomes are identified as critical outcomes, \* also performed analysis of Type III fractures only, † underpowered outcome, only considered in meta-analysis

#### RESULTS

Relevant Tables: Table 44, Table 45, Table 48-Table 50

Four of the studies retrospectively compared patients receiving operative treatment before or after an 8 hour cutoff and two of the studies retrospectively compared patients receiving operative treatment before or after a 12 hour cutoff (Table 44). Additionally,

two of the studies investigated Gartland Type II or III fractures retrospectively. Gupta, et al. investigated both types of fractures and performed an analysis of only the Type III fractures identified by their retrospective review. This is in addition to the remaining three studies which investigated only Type III fractures retrospectively (Table 44).

The results of statistical testing and the direction of treatment effect (i.e. the favored treatment) are summarized in the table below according to the early/delayed cutoff assigned by study authors and the types of fractures enrolled/analyzed by the study authors (Table 45).

In total, 3 of 29 outcomes had statistically significant differences and 26 were did not have statistically significant differences based on analysis of mean differences and proportions. One outcome was only considered for meta-analysis because of low power. This outcome does not appear in the summary of results (Table 45).

Five (of 7) critical outcomes identified by the work group were reported in the included studies. Four of these, compartment syndrome, cubitus varus, operative time, and reoperation were not statistically significant in any study at any early/delayed cutoff time.

The final critical outcome, need for open reduction (i.e. quality of reduction), was reported by all six studies. Carmichael and Joyner, Iyengar, et al., and Sibinski, et al reported no statistically significant differences although the study by Carmichale and Joyner was not powered to detect a large effect. Gupta, et al. and Walmsley, et al. reported statistically significant differences in favor of early treatment. However, Gupta, et al. reported statistically significant differences in favor of early treatment for Type III fractures only. When Type II and III fractures were considered together, the results were not statistically significant. Mehlman, et al. reported statistically significant differences in favor of delayed treatment. A meta-analysis of the outcome, need for open reduction, from all six studies, comparing early to delayed surgery, was performed but is not considered for this recommendation due to statistically significant heterogeneity  $(I^2 = 70.5\%, p = 0.005)$ .

**Table 44 Timing Cutoff and Fracture Types** 

| Study      | Early/Delayed<br>Cutoff Time | Fracture types - Early    | Fracture types - Delayed  |
|------------|------------------------------|---------------------------|---------------------------|
| Carmichael | 8 hours                      | 64% Type III, 36% Type II | 29% Type III, 71% Type II |
| Iyengar    | 8 hours                      | 100% Type III             | 100% Type III             |
| Mehlman    | 8 hours                      | 94% Type III, 6% Type II  | 70% Type III, 30% Type II |
| Walmsley   | 8 hours                      | 100% Type III             | 100% Type III             |
| Gupta*     | 12 hours                     | 70% Type III, 30% Type II | 34% Type III, 66% Type II |
| Sibinski   | 12 hours                     | 100% Type III             | 100% Type III             |

<sup>\*</sup>also performed analysis of Type III fractures only

**Table 45 Results Summary - Timing of Operation** 

|                                      | 8 hour c        | <u>utoff</u>             | <u>12 hour c</u> | <u>cutoff</u> |
|--------------------------------------|-----------------|--------------------------|------------------|---------------|
| Outcome(s)                           | Type II and III | Type III                 | Type II and III  | Type III      |
| Baumann's angle                      | no evid         | ence                     | no evid          | ence          |
| Cubitus varus                        |                 | 0                        |                  | 0             |
| <b>Compartment syndrome</b>          | 0               |                          | 0                | 0             |
| Malunion                             | no evid         | ence                     | no evid          | ence          |
| Need for open reduction <sup>†</sup> | <b>♦</b>        | $\bigcirc lackbox{lack}$ | 00               | •             |
| Operative time                       | no evid         | ence                     |                  | 0             |
| Reoperation/loss of reduction        |                 | 0                        | no evid          | ence          |
| Anterior interosseous nerve palsy    |                 | 0                        |                  |               |
| Avascular necrosis                   |                 |                          |                  | 0             |
| Flynn's criteria - Satisfactory      |                 |                          |                  | 0             |
| Hospital stay                        |                 |                          |                  | 0             |
| Iatrogenic nerve injury              | 0               |                          | 0                | 0             |
| Infection - pin track                | 0               |                          | 0                | 0             |
| Median nerve palsy                   |                 | 0                        |                  |               |
| Radial nerve palsy                   |                 | 0                        |                  |               |
| Ulnar nerve palsy                    |                 | 0                        |                  |               |
| Vascular damage                      |                 |                          | 0                | 0             |
| Wound infection                      | 0               |                          |                  |               |

Bold outcomes are identified as critical outcomes, •: statistically significant in favor of early, o: no statistically significant difference, •: statistically significant in favor of delayed, † meta-analysis of need for open reduction I²=70.5%

# EVIDENCE TABLES AND FIGURES QUALITY AND APPLICABILITY

## Table 46 Quality and Applicability Domain Scores – Timing of Operation (8 hour cutoff)

| •: Domain fro | aws present                   | Downsting | Prospective | Power | Group Assignment | Blinding | Group Comparability | Treatment Integrity | Measurement | Investigator Bias | O vell'en | Participants | Interventions & Expertise | Compliance & Adherence | Analysis | A marking at 1724 m |
|---------------|-------------------------------|-----------|-------------|-------|------------------|----------|---------------------|---------------------|-------------|-------------------|-----------|--------------|---------------------------|------------------------|----------|---------------------|
| Study         | Outcome Anterior interosseous | Duration  |             |       |                  |          |                     |                     |             |                   | Quality   |              |                           |                        | '        | Applicability       |
| Walmsley      | nerve palsy                   | n/a       | 0           | •     | 0                | 0        | •                   | •                   | 0           | •                 | Low       | •            | 0                         | •                      | 0        | Moderate            |
| Mehlman       | Compartment syndrome          | n/a       | 0           | •     | 0                | 0        | •                   | •                   | 0           | •                 | Low       | •            | 0                         | •                      | •        | Moderate            |
| Walmsley      | Cubitus varus                 | n/a       | 0           | •     | 0                | 0        | •                   | •                   | 0           | •                 | Low       | •            | 0                         | •                      | 0        | Moderate            |
| Mehlman       | Iatrogenic nerve injury       | n/a       | 0           | •     | 0                | 0        | •                   | •                   | 0           | •                 | Low       | •            | 0                         | •                      | •        | Moderate            |
| Mehlman       | Infection - pin track         | n/a       | 0           | •     | 0                | 0        | •                   | •                   | •           | •                 | Low       | •            | 0                         | •                      | •        | Moderate            |
| Walmsley      | Median nerve palsy            | n/a       | 0           | •     | 0                | 0        | •                   | •                   | 0           | •                 | Low       | •            | 0                         | •                      | 0        | Moderate            |
| Carmichael    | Need for open reduction       | n/a       | 0           | •     | 0                | 0        | •                   | •                   | 0           | •                 | Low       | •            | 0                         | •                      | •        | Moderate            |
| Iyengar       | Need for open reduction       | n/a       | 0           | •     | 0                | 0        | •                   | •                   | 0           | •                 | Low       | •            | 0                         | •                      | •        | Moderate            |

Table 46 Quality and Applicability Domain Scores – Timing of Operation (8 hour cutoff)

| •: Domain fre |                               | Duration | Prospective | Power | Group Assignment | Blinding | Group Comparability | Treatment Integrity | Measurement | Investigator Bias | Ouality | Participants | Interventions & Expertise | Compliance & Adherence | Analysis | Applicability |
|---------------|-------------------------------|----------|-------------|-------|------------------|----------|---------------------|---------------------|-------------|-------------------|---------|--------------|---------------------------|------------------------|----------|---------------|
| Mehlman       | Need for open                 | n/a      | 0           |       | 0                | 0        |                     |                     | 0           | •                 | Low     | •            | 0                         |                        |          | Moderate      |
| 1/1011111111  | reduction                     | 11/ 44   |             |       |                  |          |                     |                     |             |                   | 2011    |              |                           |                        |          | 1110 001000   |
| Walmsley      | Need for open reduction       | n/a      | 0           | •     | 0                | 0        | •                   | •                   | 0           | •                 | Low     | •            | 0                         | •                      | 0        | Moderate      |
| Walmsley      | Reoperation/loss of reduction | n/a      | 0           | •     | 0                | 0        | •                   | •                   | 0           | •                 | Low     | •            | 0                         | •                      | 0        | Moderate      |
| Walmsley      | Radial nerve palsy            | n/a      | 0           | •     | 0                | 0        | •                   | •                   | 0           | •                 | Low     | •            | 0                         | •                      | 0        | Moderate      |
| Walmsley      | Ulnar nerve palsy             | n/a      | 0           | •     | 0                | 0        | •                   | •                   | 0           | •                 | Low     | •            | 0                         | •                      | 0        | Moderate      |
| Walmsley      | Wound infection               | n/a      | 0           | •     | 0                | 0        | •                   | •                   | •           | •                 | Low     | •            | 0                         | •                      | 0        | Moderate      |

Table 47 Quality and Applicability Domain Scores – Timing of Operation (12 hour cutoff)

| •: Domain fro |                         |          | Prospective | Power | Group Assignment | Blinding | Group Comparability | Treatment Integrity | Measurement | Investigator Bias |         | Participants | Interventions & Expertise | Compliance & Adherence | Analysis |               |
|---------------|-------------------------|----------|-------------|-------|------------------|----------|---------------------|---------------------|-------------|-------------------|---------|--------------|---------------------------|------------------------|----------|---------------|
| Study         | Outcome                 | Duration | - L         | L L   | 9                | В        | <u> </u>            | L                   | 2           | <u> 1</u>         | Quality | Ь            | <u> 1</u>                 | <u> </u>               | _ ◀      | Applicability |
| Sibinski      | Avascular necrosis      | n/a      | 0           | •     | 0                | 0        | •                   | •                   | 0           | •                 | Low     | •            | 0                         | •                      | 0        | Moderate      |
| Gupta         | Compartment syndrome    | n/a      | 0           | •     | 0                | 0        | •                   | •                   | 0           | •                 | Low     | •            | 0                         | •                      | 0        | Moderate      |
| Sibinski      | Cubitus varus           | n/a      | 0           | •     | 0                | 0        | •                   | •                   | 0           | •                 | Low     | •            | 0                         | •                      | 0        | Moderate      |
| Sibinski      | Flynn's criteria        | n/a      | 0           | •     | 0                | 0        | •                   | •                   | 0           | •                 | Low     | •            | 0                         | •                      | 0        | Moderate      |
| Sibinski      | Hospital stay           | n/a      | 0           | •     | 0                | 0        | •                   | •                   | •           | •                 | Low     | •            | 0                         | •                      | 0        | Moderate      |
| Gupta         | Iatrogenic nerve injury | n/a      | 0           | •     | 0                | 0        | •                   | •                   | 0           | •                 | Low     | •            | 0                         | •                      | 0        | Moderate      |
| Gupta         | Infection - pin track   | n/a      | 0           | •     | 0                | 0        | •                   | •                   | •           | •                 | Low     | •            | 0                         | •                      | 0        | Moderate      |
| Sibinski      | Need for open reduction | n/a      | 0           | •     | 0                | 0        | •                   | •                   | 0           | •                 | Low     | •            | 0                         | •                      | 0        | Moderate      |
| Gupta         | Need for open reduction | n/a      | 0           | •     | 0                | 0        | •                   | •                   | 0           | •                 | Low     | •            | 0                         | •                      | 0        | Moderate      |

Table 47 Quality and Applicability Domain Scores – Timing of Operation (12 hour cutoff)

| •: Domain fr •: Domain fl |                 | Duration | Prospective | Power | Group Assignment | Blinding | Group Comparability | Treatment Integrity | Measurement | Investigator Bias | Quality | Participants | Interventions & Expertise | Compliance & Adherence | Analysis | Applicability |  |
|---------------------------|-----------------|----------|-------------|-------|------------------|----------|---------------------|---------------------|-------------|-------------------|---------|--------------|---------------------------|------------------------|----------|---------------|--|
| Sibinski                  | Operative time  | n/a      | 0           | •     | 0                | 0        | •                   | •                   | •           | •                 | Low     | •            | 0                         | •                      | 0        | Moderate      |  |
| Gupta                     | Vascular damage | n/a      | 0           | •     | 0                | 0        | •                   | •                   | 0           | •                 | Low     | •            | 0                         | •                      | 0        | Moderate      |  |

FINDINGS

Table 48 Analysis of Proportions – Timing of Operation (8 hour cutoff)

| Study      | n   | Strength of Evidence | Outcome                           | Duration | <8 hours<br>%, n/N | >8 hours<br>%, n/N | p-value | Results                          |
|------------|-----|----------------------|-----------------------------------|----------|--------------------|--------------------|---------|----------------------------------|
| Walmsley   | 171 | Low                  | Anterior interosseous nerve palsy | n/a      | 8%, 10/126         | 9%, 4/45           | 0.84    | No difference                    |
| Mehlman    | 198 | Low                  | Compartment syndrome              | n/a      | 0%, 0/52           | 0%, 0/146          | 1.00    | No difference                    |
| Walmsley   | 171 | Low                  | Cubitus varus                     | n/a      | 4%, 5/126          | 7%, 3/45           | 0.49    | No difference                    |
| Mehlman    | 198 | Low                  | Iatrogenic nerve injury           | n/a      | 4%, 2/52           | 2%, 3/146          | 0.51    | No difference                    |
| Mehlman    | 198 | Low                  | Infection - pin track             | n/a      | 4%, 2/52           | 2%, 3/146          | 0.51    | No difference                    |
| Walmsley   | 171 | Low                  | Median nerve palsy                | n/a      | 10%, 13/126        | 13%, 6/45          | 0.59    | No difference                    |
| Carmichael | 42  | Low                  | Need for open reduction           | n/a      | 4%, 1/25           | 6%, 1/17           |         | wered, retained for eta-analysis |
| Iyengar    | 58  | Low                  | Need for open reduction           | n/a      | 13%, 3/23          | 17%, 6/35          | 0.67    | No difference                    |
| Mehlman    | 198 | Low                  | Need for open reduction           | n/a      | 13%, 7/52          | 3%, 5/146          | 0.02    | Favors >8 hours                  |

**Table 48 Analysis of Proportions – Timing of Operation (8 hour cutoff)** 

| Study    | n   | Strength of<br>Evidence | Outcome                           | Duration | <8 hours<br>%, n/N | >8 hours<br>%, n/N | p-value | Results         |
|----------|-----|-------------------------|-----------------------------------|----------|--------------------|--------------------|---------|-----------------|
| Walmsley | 171 | Low                     | Need for open reduction           | n/a      | 11%, 14/126        | 33%, 15/45         | 0.00    | Favors <8 hours |
| Walmsley | 171 | Low                     | Reoperation/<br>loss of reduction | n/a      | 2%, 3/126          | 0%, 0/45           | 0.07    | No difference   |
| Walmsley | 171 | Low                     | Radial nerve palsy                | n/a      | 4%, 5/126          | 4%, 2/45           | 0.89    | No difference   |
| Walmsley | 171 | Low                     | Ulnar nerve palsy                 | n/a      | 3%, 4/126          | 2%, 1/45           | 0.73    | No difference   |
| Walmsley | 171 | Low                     | Wound infection                   | n/a      | 1%, 1/126          | 2%, 1/45           | 0.49    | No difference   |

**Table 49 Analysis of Mean Differences - Timing of Operation (12 hour cutoff)** 

|          |    | Strength of |                |          | <12 hours | >12 hours |         |               |
|----------|----|-------------|----------------|----------|-----------|-----------|---------|---------------|
| Study    | n  | Evidence    | Outcome        | Duration | (mean)    | (mean)    | p-value | Results       |
| Sibinski | 77 | Low         | Hospital stay  | n/a      | 37.7      | 46.5      | 0.1     | No difference |
| Sibinski | 77 | Low         | Operative time | n/a      | 1.05      | 1.00      | 0.65    | No difference |

**Table 50 Analysis of Proportions – Timing of Operation (12 hour cutoff)** 

| Study    | n   | Strength of Evidence | Outcome                            | Duration | <12 hours<br>%, n/N | >12 hours<br>%, n/N | p-value | Results       |
|----------|-----|----------------------|------------------------------------|----------|---------------------|---------------------|---------|---------------|
| Sibinski | 77  | Low                  | Avascular necrosis                 | n/a      | 0%, 0/43            | 0%, 0/34            | 1.00    | No difference |
| Gupta    | 150 | Low                  | Compartment syndrome               | n/a      | 0%, 0/50            | 0%, 0/100           | 1.00    | No difference |
| Gupta    | 69  | Low                  | Compartment syndrome               | n/a      | 0%, 0/35            | 0%, 0/34            | 1.00    | No difference |
| Sibinski | 77  | Low                  | Cubitus varus                      | n/a      | 0%, 0/43            | 0%, 0/34            | 1.00    | No difference |
| Sibinski | 77  | Low                  | Flynn's criteria -<br>Satisfactory | n/a      | 72%, 31/43          | 85%, 29/34          | 0.16    | No difference |
| Gupta    | 150 | Low                  | Iatrogenic nerve injury            | n/a      | 0%, 0/50            | 0%, 0/100           | 1.00    | No difference |
| Gupta    | 69  | Low                  | Iatrogenic nerve injury            | n/a      | 0%, 0/35            | 0%, 0/34            | 1.00    | No difference |
| Gupta    | 150 | Low                  | Infection - pin track              | n/a      | 0%, 0/50            | 1%, 1/100           | 0.25    | No difference |
| Gupta    | 69  | Low                  | Infection - pin track              | n/a      | 0%, 0/35            | 3%, 1/34            | 0.15    | No difference |
| Sibinski | 77  | Low                  | Need for open reduction            | n/a      | 21%, 9/43           | 32%, 11/34          | 0.26    | No difference |

**Table 50 Analysis of Proportions – Timing of Operation (12 hour cutoff)** 

| Study | n   | Strength of<br>Evidence | Outcome                 | Duration | <12 hours<br>%, n/N | >12 hours<br>%, n/N | p-value | Results          |
|-------|-----|-------------------------|-------------------------|----------|---------------------|---------------------|---------|------------------|
| Gupta | 150 | Low                     | Need for open reduction | n/a      | 0%, 0/50            | 2%, 2/100           | 0.10    | No difference    |
| Gupta | 69  | Low                     | Need for open reduction | n/a      | 0%, 0/35            | 6%, 2/34            | 0.04    | Favors <12 hours |
| Gupta | 150 | Low                     | Vascular damage         | n/a      | 2%, 1/50            | 0%, 0/100           | 0.10    | No difference    |
| Gupta | 69  | Low                     | Vascular damage         | n/a      | 3%, 1/35            | 0%, 0/34            | 0.16    | No difference    |

## **EXCLUDED STUDIES**

**Table 51 Excluded Studies Considered for Recommendation 5** 

| Study   | Year | Title   | Reason for Exclusion                          |
|---|------|---|---|
| Yildirim AO;Unal VS;Oken<br>OF;Gulcek M;Ozsular<br>M;Ucaner A;  | 2009 | Timing of surgical treatment for type III supracondylar humerus fractures in pediatric patients   | Not best available evidence, very low quality |
| Devnani AS;   | 2005 | Late presentation of supracondylar fracture of the humerus in children  | Not best available evidence, very low quality |
| Ponce BA;Hedequist<br>DJ;Zurakowski D;Atkinson<br>CC;Waters PM; | 2004 | Complications and timing of follow-up after closed reduction and percutaneous pinning of supracondylar humerus fractures: follow-up after percutaneous pinning of supracondylar humerus fractures | Not relevant, comparison of follow-up time    |
| Leet AI;Frisancho<br>J;Ebramzadeh E;                            | 2002 | Delayed treatment of type 3 supracondylar humerus fractures in children   | Not best available evidence, very low quality |
| Devnani AS;   | 2000 | Gradual reduction of supracondylar fracture of the humerus in children reporting late with a swollen elbow  | Less than 10 patients per group               |
| Khan T;Hussain FN;Ahmed A;Jokhio W;                             | 2000 | Management of delayed supracondylar fracture of humerus   | Not best available evidence, very low quality |

### **RECOMMENDATION 6**

The practitioner might perform open reduction for displaced pediatric supracondylar fractures of the humerus following closed reduction if varus or other malposition of the bone occurs.

### **Strength of Recommendation: Limited**

Description: Evidence from two or more "Low" strength studies with consistent findings, or evidence from a single "Moderate" quality study recommending for or against the intervention or diagnostic. A **Limited** recommendation means the quality of the supporting evidence that exists is unconvincing, or that well-conducted studies show little clear advantage to one approach versus another.

Implications: Practitioners should exercise clinical judgment when following a recommendation classified as **Limited**, and should be alert to emerging evidence that might negate the current findings. Patient preference should have a substantial influencing role.

| Included<br>Studies    | Number<br>of<br>Outcomes | Level of<br>Evidence | Quality | Applicability | Critical<br>Outcome(s)         | Benefits<br>and Harms<br>Adjustment |
|------------------------|--------------------------|----------------------|---------|---------------|--------------------------------|-------------------------------------|
| Aktekin <sup>56</sup>  | 11                       | III                  | Low     | Moderate      | cubitus varus, hyperextension, | None                                |
| Cramer <sup>57</sup>   | 1                        | III                  | Low     | Moderate      | loss of reduction,             |                                     |
| Mazda <sup>58</sup>    | 3                        | III                  | Low     | Moderate      | malunions, pain, stiff         |                                     |
| Turhan <sup>59</sup>   | 2                        | III                  | Low     | Moderate      | elbow                          |                                     |
| Sibly <sup>60</sup>    | 4                        | III                  | Low     | Moderate      |                                |                                     |
| Lee <sup>61</sup>      | 4                        | III                  | Low     | Moderate      |                                |                                     |
| Li <sup>62</sup>       | 2                        | III                  | Low     | Moderate      |                                |                                     |
| Kekomaki <sup>63</sup> | 1                        | III                  | Low     | Moderate      |                                |                                     |

#### RATIONALE

The work group recognizes that a percentage of pediatric supracondylar fractures of the humerus cannot be reduced using a closed technique. Fracture pattern, soft-tissue interposition, patient characteristics, and surgeon experience may contribute individually or in combination. In these more challenging cases the surgeon may need to perform an open reduction. The studies included in the guideline only provide limited support this recommendation.

Data on 28 outcomes from 8 studies were analyzed. Significant flaws in study design limited the strength of all the studies. The critical outcomes studied were cubitus varus, hyperextension, loss of reduction, malunion, pain, and elbow stiffness. Statistically

significant data was found for only two of these outcomes. Aktekin, et al. report stiffness was greater in the patients treated with open reduction compared to patients treated with a closed reduction and pinning. Li, et al. reported that the fractures treated open had a lower incidence of loss of reduction compared to displaced fractures that could be managed successfully with closed reduction and pinning. Sibly, et al. found no statistically significant difference between groups for cubitus varus or elbow stiffness.

These non-randomized retrospective studies are prone to selection bias. More severe injuries may have been selected for open reduction, potentially confounding the comparative data. We could not determine if adverse outcomes in the open reduction group were due to the severity of injury or to the intervention. Furthermore, the literature lacks clear definitions for an acceptable reduction.

#### SUPPORTING EVIDENCE

### **QUALITY**

Relevant Tables: Table 52-Table 55, Table 58-Table 61

Data on 28 outcomes from eight studies [were found for this recommendation. All outcomes were of low quality (Table 52-Table 55). Seven of the studies were retrospective comparative studies which resulted in flawed prospective, group assignment, and blinding domains. The remaining study was a prospective comparative study with flawed group assignment and blinding domains. All but four outcomes had flawed measurement domains (infections, operation time). The four outcomes, infection and operation time, are directly observable without the need for testing and/or are important to the patient resulting in an unflawed measurement domain. The remaining 25 outcomes had flawed measurement domains because of the need for testing. All other quality analysis domains were not flawed (Table 58-Table 61).

#### APPLICABILITY

### Relevant Tables: Table 52-Table 55, Table 58-Table 61

For all eight studies there is some uncertainty if the practitioners who delivered the treatment did so in a way similar to the way it would be delivered in most practices due to the low number of surgeons performing the operations in each study. The patients investigated in these studies are thought to be similar to those seen in actual clinical practice and the compliance and adherence to treatment is believed to be similar to that seen in actual clinical practice. The applicability of the included outcomes to results that would be obtained in a typical practice is moderate. Results of the applicability domains analysis are available in Table 58-Table 61.

#### FINAL STRENGTH OF EVIDENCE

All 'Low' quality outcomes remained at 'Low' strength of evidence based on their 'Moderate' applicability (Table 52-Table 55).

Table 52 Quality and Applicability Summary - Failed Closed Reduction with Open Reduction and Pins compared to Successful Closed Reduction and Pins

|         |  |                    |         |               | Strength of |
|---------|--|--------------------|---------|---------------|-------------|
| Study   | Outcome                                    | Duration           | Quality | Applicability | Evidence    |
| Aktekin | Avascular necrosis of trochlea             | n/a                | Low     | Moderate      | Low         |
| Aktekin | Baumann's angle                            | Final<br>follow-up | Low     | Moderate      | Low         |
| Aktekin | Carrying angle                             | Final<br>follow-up | Low     | Moderate      | Low         |
| Cramer  | Carrying angle difference > 15°            | 18 months          | Low     | Moderate      | Low         |
| Aktekin | Flynn's cosmetic criteria - satisfactory   | Final<br>follow-up | Low     | Moderate      | Low         |
| Mazda   | Flynn's cosmetic criteria - satisfactory   | Final<br>follow-up | Low     | Moderate      | Low         |
| Mazda   | Flynn's criteria -<br>satisfactory         | Final<br>follow-up | Low     | Moderate      | Low         |
| Aktekin | Flynn's functional criteria - satisfactory | Final<br>follow-up | Low     | Moderate      | Low         |
| Mazda   | Flynn's functional criteria - satisfactory | Final<br>follow-up | Low     | Moderate      | Low         |
| Turhan  | Humerocapitellar angle                     | Post-op            | Low     | Moderate      | Low         |
| Aktekin | Iatrogenic ulnar nerve injury              | n/a                | Low     | Moderate      | Low         |
| Aktekin | Infection - pin track                      | n/a                | Low     | Moderate      | Low         |
| Aktekin | Myositis ossificans                        | n/a                | Low     | Moderate      | Low         |
| Turhan  | Poor reduction quality                     | Post-op            | Low     | Moderate      | Low         |
| Aktekin | Range of motion restriction                | Final<br>follow-up | Low     | Moderate      | Low         |
| Aktekin | Time to union                              | n/a                | Low     | Moderate      | Low         |
| Aktekin | Wound dehiscence                           | n/a                | Low     | Moderate      | Low         |

Bold outcomes are identified as critical outcomes

Table 53 Quality and Applicability Summary - Failed Closed Reduction with Open Reduction and Pins compared to Successful Closed Reduction and Non-operative Treatment

| Study | Outcome                       | Duration           | Quality | Applicability | Strength<br>of<br>Evidence |
|-------|-------------------------------|--------------------|---------|---------------|----------------------------|
| Sibly | Cubitus varus                 | n/a                | Low     | Moderate      | Low                        |
| Sibly | Iatrogenic ulnar nerve injury | n/a                | Low     | Moderate      | Low                        |
| Sibly | Ischemic contracture          | n/a                | Low     | Moderate      | Low                        |
| Sibly | Loss of motion $> 5^{\circ}$  | Final<br>follow-up | Low     | Moderate      | Low                        |

Bold outcomes are identified as critical outcomes

Table 54 Quality and Applicability Summary - Failed Closed Reduction with Instrument Reduction and Pins compared to Successful Closed Reduction and Pins

| Study | Outcome                            | Duration | Quality | Applicability | Strength<br>of<br>Evidence |
|-------|------------------------------------|----------|---------|---------------|----------------------------|
| Lee   | Flynn's criteria -<br>satisfactory | n/a      | Low     | Moderate      | Low                        |
| Lee   | Iatrogenic ulnar nerve injury      | n/a      | Low     | Moderate      | Low                        |
| Lee   | Infection - pin track              | n/a      | Low     | Moderate      | Low                        |
| Li    | Loss of reduction                  | n/a      | Low     | Moderate      | Low                        |
| Lee   | Operation time                     | n/a      | Low     | Moderate      | Low                        |
| Li    | Operation time                     | n/a      | Low     | Moderate      | Low                        |

Bold outcomes are identified as critical outcomes

Table 55 Quality and Applicability Summary - Failed Closed Reduction with Open Reduction and Pins vs. Failed Closed Reduction with Traction

|          |                      |          |         |               | Strength<br>of |
|----------|----------------------|----------|---------|---------------|----------------|
| Study    | Outcome              | Duration | Quality | Applicability | Evidence       |
| Kekomaki | Satisfactory Outcome | n/a      | Low     | Moderate      | Low            |

Bold outcomes are identified as critical outcomes

#### RESULTS

### Relevant Tables and Figures: Table 56, Table 57, Table 62-Table 67

Five of the studies retrospectively compared patients that underwent sequential treatment by closed reduction, which failed, followed by an open reduction with pin fixation. These patients were compared to patients that had successful closed reduction followed by pin fixation in four studies and cuff and collar treatment in one study. Two additional studies compared the successful closed reduction and pin fixation patients with reduction techniques using instrumentation followed by pin fixation. The final study investigated patients that had failure of closed reduction followed by open reduction and pin fixation compared to patients with a failed closed reduction treated by traction. Table 56 summarizes these comparisons in addition to the types of fractures investigated in each study. Four studies investigated patients with Type II or III fractures (or otherwise described as displaced with posterior cortex not intact or simply described as displaced) and three of the studies enrolled only patients with Type III fractures (or otherwise described as displaced with posterior cortex not intact).

The results of statistical testing and the direction of treatment effect (i.e. the favored treatment) are summarized in Table 57 according to the fracture types.

In total, 8 of 27 outcomes had statistically significant differences. Seven were in favor of the successful closed reduction group and 1 was in favor of instrumentation reduction with pin fixation after a failed closed reduction. 19 outcomes did not have statistically significant differences based on analysis of mean differences and proportions (Table 62-Table 66).

Three (of 6) critical outcomes; cubitus varus, loss of reduction, and stiff elbow, identified by the work group were reported in the included studies for the comparison of patients with successful closed reduction and pin fixation to patients treated with open or instrument reduction with pin fixation after a failed closed reduction. Cubitus varus was not statistically significant. Stiff elbow (i.e. loss of motion > 5°, range of motion restriction) was statistically significant in one study and not statistically significant in another. The measurements used in the two studies were not on the same scale but both studies did investigate only Type III fractures. Loss of reduction was statistically significant in favor of instrumentation reduction in a study of only Type III fractures.

Only one result, satisfactory outcome, was considered for this recommendation in the study comparing traction vs. open reduction in patients with a failed closed reduction. This result was not statistically significant (Table 67).

**Table 56 Fracture Types and Treatment Comparisons** 

| Study                  | Fracture<br>Types<br>Studied | Treatment After<br>Successful Closed<br>Reduction | Treatment After Failed Closed<br>Reduction   |
|------------------------|------------------------------|---|--|
| Cramer <sup>57</sup>   | II, III                      | Pin fixation                                      | Open reduction with pin fixation             |
| Mazda <sup>58</sup>    | II, III                      | Pin fixation                                      | Open reduction with pin fixation             |
| Turhan <sup>59</sup>   | II, III                      | Pin fixation                                      | Open reduction with pin fixation             |
| Aktekin <sup>56</sup>  | III                          | Pin fixation                                      | Open reduction with pin fixation             |
| Sibly <sup>60</sup>    | III                          | Cuff and Collar                                   | Open reduction with pin fixation             |
| Lee <sup>61</sup>      | III                          | Pin fixation                                      | Pin Leverage reduction with pin fixation     |
| Li <sup>62</sup>       | III                          | Pin fixation                                      | Forceps reduction with pin fixation          |
| Kekomaki <sup>63</sup> | II, III                      | None*   | Open reduction with pin fixation or Traction |

<sup>\*</sup>No patients had successful closed reduction

Table 57 Results Summary - Failed Closed Reduction with Open/Instrument Reduction and Pins compared to Successful Closed Reduction and Pins

| Successful Closed Reduction    | vs. Failed Closed Red<br>Reduction and |                 | vs. Failed Closed Reduction with Instrument Reduction and Pin Fixation |          |
|--------------------------------|--|-----------------|--|----------|
| Outcome(s)                     | Type II and III                        | Type III        | Type II and III  | Type III |
| Cubitus varus                  |  | 0               | no evid  | ence     |
| Hyperextension                 | no evid                                | ence            | no evid  | ence     |
| Loss of reduction              | no evid                                | ence            |  | <b>♦</b> |
| Malunion                       | no evid                                | ence            | no evid  | ence     |
| Pain                           | no evid                                | ence            | no evid  | ence     |
| Stiff Elbow                    |  | $\circ \bullet$ | no evid  | ence     |
| Avascular necrosis of trochlea |  | •               |  |          |
| Baumann's angle                |  | 0               |  |          |
| Carrying angle                 |  | 0               |  |          |
| Carrying angle difference >15° | •                                      |                 |  |          |
| Flynn's cosmetic result        | 0                                      | 0               |  |          |
| Flynn's criteria               | 0                                      |                 |  | 0        |
| Flynn's functional result      | 0                                      | •               |  |          |
| Humerocapitellar angle         | 0                                      |                 |  |          |
| Iatrogenic ulnar nerve injury  |  | 00              |  | 0        |
| Infection - pin track          |  | 0               |  | 0        |
| Ischemic contracture           |  | 0               |  |          |
| Myositis ossificans            |  | 0               |  |          |
| Operative time                 |  | -               |  | • •      |
| Poor reduction quality         | 0                                      |                 |  |          |
| Time to union                  | •                                      | •               |  |          |
| Wound dehiscence               |  | •               |  |          |

Bold outcomes are identified as critical outcomes, •: statistically significant in favor of successful closed reduction, o: no statistically significant difference, •: statistically significant in favor of open reduction with pin fixation or instrument reduction with pin fixation

### **EVIDENCE TABLES AND FIGURES**

QUALITY AND APPLICABILITY-FAILED CLOSED REDUCTION WITH OPEN REDUCTION AND PINS COMPARED TO SUCCESSFUL CLOSED REDUCTION AND PINS

Table 58 Quality and Applicability Domain Scores – Failed Closed Reduction with Open Reduction and Pins compared to Successful Closed Reduction and Pins

| •: Domain fre •: Domain fla  Study |  | Duration        | Prospective | Power | Group Assignment | Blinding | Group Comparability | Treatment Integrity | Measurement | Investigator Bias | Quality | Participants | Interventions & Expertise | Compliance & Adherence | Analysis | Applicability |
|------------------------------------|--|-----------------|-------------|-------|------------------|----------|---------------------|---------------------|-------------|-------------------|---------|--------------|---------------------------|------------------------|----------|---------------|
| Aktekin                            | Avascular necrosis of trochlea           | n/a             | 0           | •     | 0                | 0        | •                   | •                   | 0           | •                 | Low     | •            | 0                         | •                      | •        | Moderate      |
| Aktekin                            | Baumann's angle                          | Final follow-up | 0           | •     | 0                | 0        | •                   | •                   | 0           | •                 | Low     | •            | 0                         | •                      | •        | Moderate      |
| Aktekin                            | Carrying angle                           | Final follow-up | 0           | •     | 0                | 0        | •                   | •                   | 0           | •                 | Low     | •            | 0                         | •                      | •        | Moderate      |
| Cramer                             | Carrying angle difference > 15°          | 18<br>months    | 0           | •     | 0                | 0        | •                   | •                   | 0           | •                 | Low     | •            | 0                         | •                      | •        | Moderate      |
| Aktekin                            | Flynn's cosmetic criteria - satisfactory | Final follow-up | 0           | •     | 0                | 0        | •                   | •                   | 0           | •                 | Low     | •            | 0                         | •                      | •        | Moderate      |
| Mazda                              | Flynn's cosmetic criteria - satisfactory | Final follow-up | •           | •     | 0                | 0        | •                   | •                   | 0           | •                 | Low     | •            | 0                         | •                      | •        | Moderate      |
| Mazda                              | Flynn's criteria -<br>satisfactory       | Final follow-up | •           | •     | 0                | 0        | •                   | •                   | 0           | •                 | Low     | •            | 0                         | •                      | •        | Moderate      |

Table 58 Quality and Applicability Domain Scores – Failed Closed Reduction with Open Reduction and Pins compared to Successful Closed Reduction and Pins

| •: Domain fro •: Domain fla  Study |  | Duration           | Prospective | Power | Group Assignment | Blinding | Group Comparability | Treatment Integrity | Measurement | Investigator Bias | Ouality | Participants | Interventions & Expertise | Compliance & Adherence | Analysis | Applicability |
|------------------------------------|--|--------------------|-------------|-------|------------------|----------|---------------------|---------------------|-------------|-------------------|---------|--------------|---------------------------|------------------------|----------|---------------|
| Aktekin                            | Flynn's functional criteria - satisfactory | Final follow-up    | 0           | •     | 0                | 0        | •                   | •                   | 0           | •                 | Low     | •            | 0                         | •                      | •        | Moderate      |
| Mazda                              | Flynn's functional criteria - satisfactory | Final follow-up    | •           | •     | 0                | 0        | •                   | •                   | 0           | •                 | Low     | •            | 0                         | •                      | •        | Moderate      |
| Turhan                             | Humerocapitellar angle                     | Post-op            | 0           | •     | 0                | 0        | •                   | •                   | 0           | •                 | Low     | •            | 0                         | •                      | •        | Moderate      |
| Aktekin                            | Iatrogenic ulnar nerve injury              | n/a                | 0           | •     | 0                | 0        | •                   | •                   | 0           | •                 | Low     | •            | 0                         | •                      | •        | Moderate      |
| Aktekin                            | Infection - pin track                      | n/a                | 0           | •     | 0                | 0        | •                   | •                   | •           | •                 | Low     | •            | 0                         | •                      | •        | Moderate      |
| Aktekin                            | Myositis ossificans                        | n/a                | 0           | •     | 0                | 0        | •                   | •                   | 0           | •                 | Low     | •            | 0                         | •                      | •        | Moderate      |
| Turhan                             | Poor reduction quality                     | Post-op            | 0           | •     | 0                | 0        | •                   | •                   | 0           | •                 | Low     | •            | 0                         | •                      | •        | Moderate      |
| Aktekin                            | Range of motion restriction                | Final<br>follow-up | 0           | •     | 0                | 0        | •                   | •                   | 0           | •                 | Low     | •            | 0                         | •                      | •        | Moderate      |

Table 58 Quality and Applicability Domain Scores – Failed Closed Reduction with Open Reduction and Pins compared to Successful Closed Reduction and Pins

| •: Domain fr<br>•: Domain fla |                  | Duration | Prospective | Power | Group Assignment | Blinding | Group Comparability | Treatment Integrity | Measurement | Investigator Bias | Quality    | Participants | Interventions & Expertise | Compliance & Adherence | Analysis | Applicability |
|-------------------------------|------------------|----------|-------------|-------|------------------|----------|---------------------|---------------------|-------------|-------------------|------------|--------------|---------------------------|------------------------|----------|---------------|
| 2 2 2 2 2 3                   | 0 00000          |          |             |       |                  |          |                     | 1                   |             |                   | <u>z</u> y |              |                           |                        |          |               |
| Aktekin                       | Time to union    | n/a      | 0           | •     | 0                | 0        | •                   | •                   | 0           | •                 | Low        | •            | 0                         | •                      | •        | Moderate      |
| Aktekin                       | Wound dehiscence | n/a      | 0           | •     | 0                | 0        | •                   | •                   | 0           | •                 | Low        | •            | 0                         | •                      | •        | Moderate      |

## QUALITY AND APPLICABILITY-FAILED CLOSED REDUCTION WITH OPEN REDUCTION AND PINS COMPARED TO SUCCESSFUL CLOSED REDUCTION AND NON-OPERATIVE TREATMENT

Table 59 Quality and Applicability Domain Scores – Failed Closed Reduction with Open Reduction and Pins compared to Successful Closed Reduction and Non-operative Treatment

| •: Domain fro •: Domain fla  Study |                               | Duration        | Prospective | Power | Group Assignment | Blinding | Group Comparability | Treatment Integrity | Measurement | Investigator Bias | Quality | Participants | Interventions & Expertise | Compliance & Adherence | Analysis | Applicability |
|------------------------------------|-------------------------------|-----------------|-------------|-------|------------------|----------|---------------------|---------------------|-------------|-------------------|---------|--------------|---------------------------|------------------------|----------|---------------|
| Study                              | Outcome                       | Duration        |             |       |                  |          |                     |                     |             |                   | Quanty  |              |                           |                        |          | Applicability |
| Sibly                              | Cubitus varus                 | n/a             | 0           | •     | 0                | 0        | •                   | •                   | 0           | •                 | Low     | •            | 0                         | •                      | •        | Moderate      |
| Sibly                              | Iatrogenic ulnar nerve injury | n/a             | 0           | •     | 0                | 0        | •                   | •                   | 0           | •                 | Low     | •            | 0                         | •                      | •        | Moderate      |
| Sibly                              | Ischemic contracture          | n/a             | 0           | •     | 0                | 0        | •                   | •                   | 0           | •                 | Low     | •            | 0                         | •                      | •        | Moderate      |
| Sibly                              | Loss of motion $> 5^{\circ}$  | Final follow-up | 0           | •     | 0                | 0        | •                   | •                   | 0           | •                 | Low     |              | 0                         | •                      | •        | Moderate      |

## QUALITY AND APPLICABILITY-FAILED CLOSED REDUCTION WITH INSTRUMENT REDUCTION AND PINS COMPARED TO SUCCESSFUL CLOSED REDUCTION AND PINS

Table 60 Quality and Applicability Domain Scores – Failed Closed Reduction with Instrument Reduction and Pins compared to Successful Closed Reduction and Pins

| •: Domain fro |                                    |          | Prospective | Power    | Group Assignment | Blinding | Group Comparability | Treatment Integrity | Measurement | Investigator Bias |         | Participants | Interventions & Expertise | Compliance & Adherence | Analysis |               |
|---------------|------------------------------------|----------|-------------|----------|------------------|----------|---------------------|---------------------|-------------|-------------------|---------|--------------|---------------------------|------------------------|----------|---------------|
| Study         | Outcome                            | Duration | <u> </u>    | <u> </u> | 9                |          | 9                   | T                   | 2           | Ir                | Quality | <u>P</u>     | <u> </u>                  | <u>၁</u>               | ₩        | Applicability |
| Lee           | Flynn's criteria -<br>satisfactory | n/a      | 0           | •        | 0                | 0        | •                   | •                   | 0           | •                 | Low     | •            | 0                         | •                      | •        | Moderate      |
| Lee           | Iatrogenic ulnar nerve injury      | n/a      | 0           | •        | 0                | 0        | •                   | •                   | 0           | •                 | Low     | •            | 0                         | •                      | •        | Moderate      |
| Lee           | Infection - pin track              | n/a      | 0           | •        | 0                | 0        | •                   | •                   | •           | •                 | Low     | •            | 0                         | •                      | •        | Moderate      |
| Li            | Loss of reduction                  | n/a      | 0           | •        | 0                | 0        | •                   | •                   | 0           | •                 | Low     | •            | 0                         | •                      | •        | Moderate      |
| Lee           | Operation time                     | n/a      | 0           | •        | 0                | 0        | •                   | •                   | •           | •                 | Low     | •            | 0                         | •                      | •        | Moderate      |
| Li            | Operation time                     | n/a      | 0           | •        | 0                | 0        | •                   | •                   | •           | •                 | Low     | •            | 0                         | •                      | •        | Moderate      |

## QUALITY AND APPLICABILITY-FAILED CLOSED REDUCTION WITH OPEN REDUCTION AND PINS VS. FAILED CLOSED REDUCTION WITH TRACTION

Table 61 Quality and Applicability Domain Scores – Failed Closed Reduction with Open Reduction and Pins vs. Failed Closed Reduction with Traction

| •: Domain fre |                      |          | ospective | Power | oup Assignment | Blinding | Group Comparability | eatment Integrity   | Measurement | vestigator Bias |         | rticipants | terventions & Expertise | Compliance & Adherence | ıalysis |               |
|---------------|----------------------|----------|-----------|-------|----------------|----------|---------------------|---------------------|-------------|-----------------|---------|------------|-------------------------|------------------------|---------|---------------|
| Study         | Outcome              | Duration | Pr        | Po    | Gr             | Bli      | Gr                  | $\operatorname{Tr}$ | M           | In              | Quality | Pa         | Inter                   | ပိ                     | An      | Applicability |
| Kekomaki      | Satisfactory Outcome | n/a      | 0         | •     | 0              | 0        | •                   | •                   | 0           | •               | Low     | •          | 0                       | •                      | •       | Moderate      |

## FINDINGS-FAILED CLOSED REDUCTION WITH OPEN REDUCTION AND PINS COMPARED TO SUCCESSFUL CLOSED REDUCTION AND PINS

Table 62 Analysis of Mean Differences – Failed Closed Reduction with Open Reduction and Pins compared to Successful Closed Reduction and Pins

| Study   | n   | Strength of<br>Evidence | Outcome                     | Duration        | Closed/<br>Pin<br>(mean±SD) | Open/<br>Pin<br>(mean±SD) | Difference<br>(95% CI) | Results       |
|---------|-----|-------------------------|-----------------------------|-----------------|-----------------------------|---------------------------|------------------------|---------------|
| Aktekin | 55  | Low                     | Baumann's angle             | Final follow-up | 3.7 ± NR                    | 9 ± NR                    | p > 0.05               | No difference |
| Aktekin | 55  | Low                     | Carrying angle              | Final follow-up | 3.6 ± NR                    | 5.9 ± NR                  | p > 0.05               | No difference |
| Turhan  | 144 | Low                     | Humerocapitellar angle      | Post-op         | $7.64 \pm 2.69$             | $7.33 \pm 2.85$           | 0.31<br>(-0.6, 1.2)    | No difference |
| Aktekin | 55  | Low                     | Range of motion restriction | Final follow-up | 3.8 ± NR                    | 12.3 ± NR                 | p = 0.03               | Favors closed |
| Aktekin | 55  | Low                     | Time to union               | n/a             | 5.8 ± NR                    | 7 ± NR                    | p = 0.01               | Favors closed |

## Table 63 Analysis of Proportions – Failed Closed Reduction with Open Reduction and Pins compared to Successful Closed Reduction and Pins

| Study   | n  | Strength of<br>Evidence | Outcome                         | Duration  | Closed/Pin<br>%, n/N | Open/Pin<br>%, n/N | p-value | Results       |
|---------|----|-------------------------|---------------------------------|-----------|----------------------|--------------------|---------|---------------|
| Aktekin | 55 | Low                     | Avascular necrosis of trochlea  | n/a       | 0%, 0/32             | 9%, 2/23           | 0.03    | Favors closed |
| Cramer  | 29 | Low                     | Carrying angle difference > 15° | 18 months | 0/0%, 15             | 14%, 2/14          | 0.04    | Favors closed |

Table 63 Analysis of Proportions – Failed Closed Reduction with Open Reduction and Pins compared to Successful Closed Reduction and Pins

| Study   | n   | Strength of Evidence | Outcome  | Duration           | Closed/Pin<br>%, n/N | Open/Pin<br>%, n/N | p-value | Results       |
|---------|-----|----------------------|--|--------------------|----------------------|--------------------|---------|---------------|
| Aktekin | 55  | Low                  | Flynn's cosmetic<br>criteria -<br>satisfactory   | Final<br>follow-up | 97%, 31/32           | 83%, 19/23         | 0.07    | No difference |
| Mazda   | 108 | Low                  | Flynn's cosmetic<br>criteria -<br>satisfactory   | Final<br>follow-up | 96%, 79/82           | 96%, 25/26         | 0.97    | No difference |
| Mazda   | 108 | Low                  | Flynn's criteria -<br>satisfactory               | Final<br>follow-up | 96%, 79/82           | 96%, 25/26         | 0.97    | No difference |
| Aktekin | 55  | Low                  | Flynn's functional<br>criteria -<br>satisfactory | Final<br>follow-up | 94%, 30/32           | 74%, 17/23         | 0.04    | Favors closed |
| Mazda   | 108 | Low                  | Flynn's functional<br>criteria -<br>satisfactory | Final<br>follow-up | 0%, 0/82             | 0%, 0/26           | 1.00    | No difference |
| Aktekin | 55  | Low                  | Iatrogenic ulnar<br>nerve injury                 | n/a                | 6%, 2/32             | 0%, 0/23           | 0.07    | No difference |
| Aktekin | 55  | Low                  | Infection - pin track                            | n/a                | 13%, 4/32            | 9%, 2/23           | 0.65    | No difference |
| Aktekin | 55  | Low                  | Myositis ossificans                              | n/a                | 0%, 0/32             | 0%, 0/23           | 1.00    | No difference |

Table 63 Analysis of Proportions – Failed Closed Reduction with Open Reduction and Pins compared to Successful Closed Reduction and Pins

| Study   | n   | Strength of Evidence | Outcome                | Duration | Closed/Pin<br>%, n/N | Open/Pin<br>%, n/N | p-value | Results       |
|---------|-----|----------------------|------------------------|----------|----------------------|--------------------|---------|---------------|
| Turhan  | 144 | Low                  | Poor reduction quality | Post-op  | 0%, 0/76             | 0%, 0/68           | 1.00    | No difference |
| Aktekin | 55  | Low                  | Wound dehiscence       | n/a      | 0%, 0/32             | 9%, 2/23           | 0.03    | Favors closed |

## FINDINGS-FAILED CLOSED REDUCTION WITH OPEN REDUCTION AND PINS COMPARED TO SUCCESSFUL CLOSED REDUCTION AND NON-OPERATIVE TREATMENT

# Table 64 Analysis of Proportions – Failed Closed Reduction with Open Reduction and Pins compared to Successful Closed Reduction and Non-operative Treatment

| Study | n  | Strength of Evidence | Outcome                       | Duration        | Closed/non-op<br>%, n/N | Open/Pin<br>%, n/N | p-value | Results       |
|-------|----|----------------------|-------------------------------|-----------------|-------------------------|--------------------|---------|---------------|
| Sibly | 55 | Low                  | Cubitus varus                 | n/a             | 19%, 5/26               | 24%, 7/29          | 0.66    | No difference |
| Sibly | 55 | Low                  | Iatrogenic ulnar nerve injury | n/a             | 0%, 0/26                | 3%, 1/29           | 0.17    | No difference |
| Sibly | 55 | Low                  | Ischemic contracture          | n/a             | 0%, 0/26                | 3%, 1/29           | 0.17    | No difference |
| Sibly | 55 | Low                  | Loss of motion $> 5^{\circ}$  | Final follow-up | 42%, 11/26              | 19%, 19/29         | 0.08    | No difference |

## FINDINGS-FAILED CLOSED REDUCTION WITH INSTRUMENT REDUCTION AND PINS COMPARED TO SUCCESSFUL CLOSED REDUCTION AND PINS

Table 65 Analysis of Mean Differences – Failed Closed Reduction with Instrument Reduction and Pins compared to Successful Closed Reduction and Pins

| Study | n  | Strength of<br>Evidence | Outcome        | Duration | Closed / Pin (mean±SD) | Instrument/ Pin (mean±SD) | Difference<br>(95% CI) | Results       |
|-------|----|-------------------------|----------------|----------|------------------------|---------------------------|------------------------|---------------|
| Lee   | 79 | Low                     | Operation time | n/a      | 57 ± 4.7               | $68 \pm 3.9$              | 11<br>(8.7, 13.3)      | Favors Closed |
| Li    | 42 | Low                     | Operation time | n/a      | $46.17 \pm 13.86$      | $79.69 \pm 24.7$          | 33.52<br>(20.1, 46.9)  | Favors Closed |

## Table 66 Analysis of Proportions – Failed Closed Reduction with Instrument Reduction and Pins compared to Successful Closed Reduction and Pins

|       |    | Strength of |                                 |          | Closed/Pin  | Instrument<br>/Pin %, |         |                   |
|-------|----|-------------|---------------------------------|----------|-------------|-----------------------|---------|-------------------|
| Study | n  | Evidence    | Outcome                         | Duration | %, n/N      | n/N                   | p-value | Results           |
| Lee   | 79 | Low         | Flynn's criteria - satisfactory | n/a      | 100%, 58/58 | 100%, 21/21           | 1.00    | No difference     |
| Lee   | 79 | Low         | Iatrogenic ulnar nerve injury   | n/a      | 2%, 1/58    | 0%, 0/21              | 0.30    | No difference     |
| Lee   | 79 | Low         | Infection - pin track           | n/a      | 5%, 3/58    | 0%, 0/21              | 0.07    | No difference     |
| Li    | 42 | Low         | Loss of reduction               | n/a      | 12%, 2/17   | 0%, 0/25              | 0.03    | Favors Instrument |

## FINDINGS-FAILED CLOSED REDUCTION WITH OPEN REDUCTION AND PINS VS. FAILED CLOSED REDUCTION WITH TRACTION

## Table 67 Analysis of Proportions – Failed Closed Reduction with Open Reduction and Pins vs. Failed Closed Reduction with Traction

| Strength of |    |          |                         |          | Traction  | Open/Pin   |         |             |
|-------------|----|----------|-------------------------|----------|-----------|------------|---------|-------------|
| Study       | n  | Evidence | Outcome                 | Duration | %, n/N    | %, n/N     | p-value | Results     |
| Kekomaki    | 45 | Low      | Satisfactory<br>Outcome | n/a      | 54%, 7/13 | 97%, 31/32 | 0.00    | Favors Open |

# **EXCLUDED STUDIES**

# **Table 68 Excluded Studies Considered for Recommendation 6**

| Study                   | Year | Title   | Reason for Exclusion        |
|-------------------------|------|---|-----------------------------|
| Aronson DC;van          |      | K-wire fixation of supracondylar humeral fractures in children: | Not best available          |
| VE;Meeuwis JD;          | 1993 | results of open reduction via a ventral approach in comparison  | evidence, very low quality, |
| VE, Meedwis JD,         |      | with closed treatment   | low power                   |
| Oh CW;Park BC;Kim       |      | Completely displaced supposed the hypothesis                    | Not best available          |
| PT;Park IH;Kyung HS;Ihn | 2003 | Completely displaced supracondylar humerus fractures in         | evidence, very low quality, |
| JC;                     |      | children: results of open reduction versus closed reduction     | low power                   |

In the absence of reliable evidence, the opinion of the work group is that emergent closed reduction of displaced pediatric supracondylar humerus fractures be performed in patients with decreased perfusion of the hand.

# **Strength of Recommendation: Consensus**

Description: The supporting evidence is lacking and requires the work group to make a recommendation based on expert opinion by considering the known potential harm and benefits associated with the treatment. A **Consensus** recommendation means that expert opinion supports the guideline recommendation even though there is no available empirical evidence that meets the inclusion criteria of the guideline's systematic review.

Implications: Practitioners should be flexible in deciding whether to follow a recommendation classified as **Consensus**, although they may give it preference over alternatives. Patient preference should have a substantial influencing role.

#### **RATIONALE**

Ischemic injury with contracture and/or permanent muscle and nerve damage is a disastrous outcome of the displaced pediatric supracondylar fracture with vascular compromise. The precise incidence of these complications is not accurately reported but they do occur. Only 7 studies related to the recommendation were found and all were excluded based on their poor quality. This recommendation is based on expert opinion because the displaced pediatric supracondylar fracture with reduced perfusion jeopardizes the function and viability of the limb.

Several factors may impact decisions in this clinical scenario. The degree of vascular compromise can vary from absent pulses at the wrist with some perfusion to the hand, to a completely pale hand with concomitant nerve deficits. Additional factors include the skill level of the practitioners, the time from injury, and the availability of consultants such as vascular surgeons. In the absence of high level evidence related to these factors, the practitioner's judgment will be important. In the case of a pale hand without wrist pulses, the potential benefit of manipulating the fracture may be greater than splinting and sending the patient to a center that is hours away. Conversely, if an unsuccessful reduction fails to improve blood flow, there may be trade-offs including worsening the condition by delaying access to specialized centers. This consensus recommendation allows for the discretion and judgment of the practitioner to determine who does the emergent reduction, where it is done, and what technique (open versus closed) is used. This recommendation is consistent with common medical practice.

#### SUPPORTING EVIDENCE

No studies that met the selection criteria addressed this recommendation.

# EXCLUDED STUDIES

# **Table 69 Excluded Studies Considered for Recommendation 7**

| Study   | Year | Title  | Reason for Exclusion   |
|---|------|--|--|
| Choi PD;Melikian R;Skaggs DL;   | 2010 | Risk factors for vascular repair and compartment<br>syndrome in the pulseless supracondylar humerus<br>fracture in children  | Very Low Quality, Low<br>Power, <10 patients in<br>comparison  |
| Blakey CM;Biant LC;Birch R;   | 2009 | Ischaemia and the pink, pulseless hand complicating supracondylar fractures of the humerus in childhood: long-term follow-up | Very Low Quality,<br>Low Power                                 |
| Mangat KS;Martin AG;Bache CE;   | 2009 | The 'pulseless pink' hand after supracondylar fracture of the humerus in children: the predictive value of nerve palsy       | Very Low Quality, Low<br>Power, <10 per group in<br>comparison |
| Noaman HH;  | 2006 | Microsurgical reconstruction of brachial artery injuries in displaced supracondylar fracture humerus in children             | Very Low Quality,<br>Low Power                                 |
| Ghasemzadeh F;Ahadi K;Rahjoo A;Habibollahzadeh P;                                       | 2002 | Absence of radial pulse in displaced supracondylar fracture of humerus in children   | Very Low Quality,<br>Low Power                                 |
| Sabharwal S;Tredwell SJ;Beauchamp<br>RD;MacKenzie WG;Jakubec DM;Cairns<br>R;LeBlanc JG; | 1997 | Management of pulseless pink hand in pediatric supracondylar fractures of humerus  | Very Low Quality,<br>Low Power                                 |
| Copley LA;Dormans JP;Davidson RS;   | 1996 | Vascular injuries and their sequelae in pediatric supracondylar humeral fractures: toward a goal of prevention               | Very Low Quality,<br>Low Power                                 |

In the absence of reliable evidence, the opinion of the work group is that open exploration of the antecubital fossa be performed in patients who have absent wrist pulses and underperfusion after reduction and pinning of displaced pediatric supracondylar humerus fractures.

## **Strength of Recommendation: Consensus**

Description: The supporting evidence is lacking and requires the work group to make a recommendation based on expert opinion by considering the known potential harm and benefits associated with the treatment. A **Consensus** recommendation means that expert opinion supports the guideline recommendation even though there is no available empirical evidence that meets the inclusion criteria of the guideline's systematic review.

Implications: Practitioners should be flexible in deciding whether to follow a recommendation classified as **Consensus**, although they may give it preference over alternatives. Patient preference should have a substantial influencing role.

#### RATIONALE

In a majority of patients with displaced fractures and vascular compromise, limb perfusion improves after reduction. In the absence of improvement, surgical exploration of the antecubital fossa is indicated for patients with absent wrist pulses and a cold, pale hand. The work group issued this consensus recommendation, despite the paucity of evidence and the rarity of this occurrence, because of the risk of limb loss.

Benefits of immediate exploration outweigh the potential harms. The catastrophic risks of persistent inadequate perfusion include loss of limb, ischemic muscle contracture, nerve injury, and functional deficit. Risks of exploratory surgery include infection, neurovascular injury, and stiffness.

The orthopaedic surgeon will need to use clinical judgment. Consultation regarding vascular injury may be necessary. Treatment decisions should be made in light of all circumstances presented by the patient. This recommendation is consistent with common medical practice.

#### SUPPORTING EVIDENCE

No studies that met the selection criteria addressed this recommendation.

# EXCLUDED STUDIES

# **Table 70 Excluded Studies Considered for Recommendation 8**

| Study   | Year | Title  | Reason for Exclusion   |
|---|------|--|--|
| Choi PD;Melikian R;Skaggs DL;   | 2010 | Risk factors for vascular repair and compartment<br>syndrome in the pulseless supracondylar humerus<br>fracture in children  | Very Low Quality, Low<br>Power, <10 patients in<br>comparison  |
| Blakey CM;Biant LC;Birch R;   | 2009 | Ischaemia and the pink, pulseless hand complicating supracondylar fractures of the humerus in childhood: long-term follow-up | Very Low Quality,<br>Low Power                                 |
| Mangat KS;Martin AG;Bache CE;   | 2009 | The 'pulseless pink' hand after supracondylar fracture of the humerus in children: the predictive value of nerve palsy       | Very Low Quality, Low<br>Power, <10 per group in<br>comparison |
| Noaman HH;  | 2006 | Microsurgical reconstruction of brachial artery injuries in displaced supracondylar fracture humerus in children             | Very Low Quality,<br>Low Power                                 |
| Ghasemzadeh F;Ahadi K;Rahjoo A;Habibollahzadeh P;                                       | 2002 | Absence of radial pulse in displaced supracondylar fracture of humerus in children   | Very Low Quality,<br>Low Power                                 |
| Sabharwal S;Tredwell SJ;Beauchamp<br>RD;MacKenzie WG;Jakubec DM;Cairns<br>R;LeBlanc JG; | 1997 | Management of pulseless pink hand in pediatric supracondylar fractures of humerus  | Very Low Quality,<br>Low Power                                 |
| Copley LA;Dormans JP;Davidson RS;   | 1996 | Vascular injuries and their sequelae in pediatric supracondylar humeral fractures: toward a goal of prevention               | Very Low Quality,<br>Low Power                                 |

We cannot recommend for or against open exploration of the antecubital fossa in patients with absent wrist pulses but with a perfused hand after reduction of displaced pediatric supracondylar humerus fractures.

# Strength of Recommendation: Inconclusive

Description: Evidence from a single low quality study or conflicting findings that do not allow a recommendation for or against the intervention. An **Inconclusive** recommendation means that there is a lack of compelling evidence resulting in an unclear balance between benefits and potential harm.

Implications: Practitioners should feel little constraint in following a recommendation labeled as **Inconclusive,** exercise clinical judgment, and be alert for emerging evidence that clarifies or helps to determine the balance between benefits and potential harm. Patient preference should have a substantial influencing role.

#### RATIONALE

There are no data to address the incidence and the impact of the clinical circumstance of a reduced pediatric supracondylar fracture with a perfused hand but absent wrist pulse, nor can the likelihood of avoiding adverse outcomes from this circumstance by open exploration of the antecubital fossa.

#### SUPPORTING EVIDENCE

No studies that met the selection criteria addressed this recommendation.

# **EXCLUDED STUDIES**

**Table 71 Excluded Studies Considered for Recommendation 9** 

| Study   | Year | Title  | Reason for Exclusion   |
|---|------|--|--|
| Choi PD;Melikian R;Skaggs DL;   | 2010 | Risk factors for vascular repair and compartment<br>syndrome in the pulseless supracondylar humerus<br>fracture in children  | Very Low Quality, Low<br>Power, <10 patients in<br>comparison  |
| Blakey CM;Biant LC;Birch R;   | 2009 | Ischaemia and the pink, pulseless hand complicating supracondylar fractures of the humerus in childhood: long-term follow-up | Very Low Quality,<br>Low Power                                 |
| Mangat KS;Martin AG;Bache CE;   | 2009 | The 'pulseless pink' hand after supracondylar fracture of the humerus in children: the predictive value of nerve palsy       | Very Low Quality, Low<br>Power, <10 per group in<br>comparison |
| Noaman HH;  | 2006 | Microsurgical reconstruction of brachial artery injuries in displaced supracondylar fracture humerus in children             | Very Low Quality,<br>Low Power                                 |
| Ghasemzadeh F;Ahadi K;Rahjoo A;Habibollahzadeh P;                                       | 2002 | Absence of radial pulse in displaced supracondylar fracture of humerus in children   | Very Low Quality,<br>Low Power                                 |
| Sabharwal S;Tredwell SJ;Beauchamp<br>RD;MacKenzie WG;Jakubec DM;Cairns<br>R;LeBlanc JG; | 1997 | Management of pulseless pink hand in pediatric supracondylar fractures of humerus  | Very Low Quality,<br>Low Power                                 |
| Copley LA;Dormans JP;Davidson RS;   | 1996 | Vascular injuries and their sequelae in pediatric supracondylar humeral fractures: toward a goal of prevention               | Very Low Quality,<br>Low Power                                 |

We are unable to recommend an optimal time for removal of pins and mobilization in patients with displaced pediatric supracondylar fractures of the humerus.

## **Strength of Recommendation: Inconclusive**

Description: Evidence from a single low quality study or conflicting findings that do not allow a recommendation for or against the intervention. An **Inconclusive** recommendation means that there is a lack of compelling evidence resulting in an unclear balance between benefits and potential harm.

Implications: Practitioners should feel little constraint in following a recommendation labeled as **Inconclusive**, exercise clinical judgment, and be alert for emerging evidence that clarifies or helps to determine the balance between benefits and potential harm. Patient preference should have a substantial influencing role.

#### **RATIONALE**

Prolonged pinning and immobilization might cause pin track infection or elbow stiffness. Early removal of pins may increase the risk of redisplacement or refracture. There were no studies where the duration of pinning or of immobilization was explicitly linked to any outcome of interest.

#### SUPPORTING EVIDENCE

No studies that met the selection criteria addressed this recommendation.

We are unable to recommend for or against routine supervised physical or occupational therapy for patients with pediatric supracondylar fractures of the humerus.

## Strength of Recommendation: Inconclusive

Description: Evidence from a single low quality study or conflicting findings that do not allow a recommendation for or against the intervention. An **Inconclusive** recommendation means that there is a lack of compelling evidence resulting in an unclear balance between benefits and potential harm.

Implications: Practitioners should feel little constraint in following a recommendation labeled as **Inconclusive**, exercise clinical judgment, and be alert for emerging evidence that clarifies or helps to determine the balance between benefits and potential harm. Patient preference should have a substantial influencing role.

| Included<br>Studies   | Number<br>of<br>Outcomes | Level of<br>Evidence | Quality  | Applicability | Critical<br>Outcome(s)  | Benefits<br>and Harms<br>Adjustment |
|-----------------------|--------------------------|----------------------|----------|---------------|---|-------------------------------------|
| Keppler <sup>64</sup> | 2                        | II                   | Moderate | Low           | range of motion after 1 year, stiffness, function, pain, return to activity | None                                |

#### **RATIONALE**

We addressed this topic because of concerns regarding range of motion after healing of the fracture. Critical outcomes sought included range of motion after one year, stiffness, function, pain, and return to activity. A single study was found. It prospectively compared patients who received physical therapy with patients who did not. The study was randomized but not blinded and included only patients who were treated by open reduction. The study was underpowered so we could not include the one year endpoint. However, statistically significant results were seen at earlier endpoints. Patients in the physical therapy group had better range of motion at both 12-13 weeks and 18-19 weeks.

The recommendation is inconclusive since a single study of limited applicability (restricted to open reductions) with flawed design (underpowered, not blinded) was the only evidence available.

# SUPPORTING EVIDENCE

**QUALITY** 

Relevant Tables: Table 72, Table 74

Data on 2 outcomes from one study was found for this recommendation. Both outcomes were of low quality (Table 72). Keppler, et al. was a randomized controlled trial in which the blinding domain and the measurement domain were flawed. The use of a surrogate

measure (range of motion) flawed the measurement domain. All other quality analysis domains were not flawed.

#### **APPLICABILITY**

Relevant Tables: Table 72, Table 74

The included study has uncertain applicability. Specifically, if the treatment was delivered similarly to the way it would be delivered in the typical practice. There is also uncertainty if the patients enrolled in this study are like those seen in actual clinical practice, since only patients undergoing open reduction of the pediatric supracondylar fracture were enrolled. The strict compliance and adherence monitoring and subsequent exclusion of noncompliant patients from the analysis in this trial adds further uncertainty to the applicability of patients in this trial to those typically seen in clinical practice. Therefore, the applicability of this study's results to results that would be obtained in a typical practice is low. Results of the applicability domains analysis are available in Table 74.

#### FINAL STRENGTH OF EVIDENCE

All 'Moderate' quality outcomes were downgraded because of 'Low' applicability, resulting in a 'Low' final strength of evidence (Table 72).

Table 72 Quality and Applicability Summary – Physical Therapy

| Study   | Outcome           | Duration       | Quality  | Applicability | Strength<br>of<br>Evidence |
|---------|-------------------|----------------|----------|---------------|----------------------------|
| Keppler | Limitation of ROM | 12-13<br>weeks | Moderate | Low           | Low                        |
| Keppler | Limitation of ROM | 18-19<br>weeks | Moderate | Low           | Low                        |

#### RESULTS

Relevant Tables: Table 73, Table 75

The included study compared patients receiving supervised physical therapy to patients that did not undergo any physical therapy. Outcomes were assessed at 6 weeks to 1 year after injury (1 week to 1 year after cast removal). The only outcomes considered for this recommendation were limitation in range of motion at 12-13 weeks and at 18-19 weeks. This study was not powered to find large effects for all other follow-up durations of range of motion reported, therefore they are not considered for this recommendation. The results of statistical testing and the direction of treatment effect (i.e. the favored treatment) are summarized in Table 73.

In total, 2 of 2 outcomes had statistically significant differences (Table 75). No critical outcomes identified by the work group were found.

**Table 73 Results Summary - Treatment of Type I Fractures** 

|                   | 12-13  | 18-19  |  |
|-------------------|--------|--------|--|
| Outcome(s)        | weeks* | weeks* |  |
| Limitation of ROI | M •    | •      |  |

- •: statistically significant in favor of physical therapy, o: no statistically significant difference, •: statistically significant in favor of no physical therapy, \* from time of injury

# EVIDENCE TABLES AND FIGURES QUALITY AND APPLICABILITY

# Table 74 Quality and Applicability Domain Scores – Physical Therapy

| •: Domain fro |                   | Duration       | Prospective | Power | Group Assignment | Blinding | Group Comparability | Treatment Integrity | Measurement | Investigator Bias | Quality  | Participants | Interventions & Expertise | Compliance & Adherence | Analysis | Applicability |
|---------------|-------------------|----------------|-------------|-------|------------------|----------|---------------------|---------------------|-------------|-------------------|----------|--------------|---------------------------|------------------------|----------|---------------|
| Study         | Outcome           | 12-13          | 1           |       |                  | 1        | 1                   |                     |             |                   | Quanty   |              |                           |                        |          | Applicability |
| Keppler       | Limitation of ROM | weeks          | •           | •     | •                | 0        | •                   | •                   | 0           | •                 | Moderate | 0            | 0                         | 0                      | 0        | Low           |
| Keppler       | Limitation of ROM | 18-19<br>weeks | •           | •     | •                | 0        | •                   | •                   | 0           | •                 | Moderate | 0            | 0                         | 0                      | 0        | Low           |

# FINDINGS Table 75 Analysis of Mean Differences – Physical Therapy

| Study   | n  | Strength of Evidence | Outcome           | Duration       | PT<br>(mean±SD) | No PT (mean±SD) | Difference<br>(95% CI) | Results   |
|---------|----|----------------------|-------------------|----------------|-----------------|-----------------|------------------------|-----------|
| Keppler | 43 | Low                  | Limitation of ROM | 12-13<br>weeks | 20 ± 19         | 35 ± 13         | 15<br>(4.9, 25.1)      | Favors PT |
| Keppler | 43 | Low                  | Limitation of ROM | 18-19<br>weeks | 9 ± 5           | $20 \pm 7$      | 11<br>(7.3, 14.7)      | Favors PT |

We are unable to recommend an optimal time for allowing unrestricted activity after injury in patients with healed pediatric supracondylar fractures of the humerus.

## **Strength of Recommendation: Inconclusive**

Description: Evidence from a single low quality study or conflicting findings that do not allow a recommendation for or against the intervention. An **Inconclusive** recommendation means that there is a lack of compelling evidence resulting in an unclear balance between benefits and potential harm.

Implications: Practitioners should feel little constraint in following a recommendation labeled as **Inconclusive**, exercise clinical judgment, and be alert for emerging evidence that clarifies or helps to determine the balance between benefits and potential harm. Patient preference should have a substantial influencing role.

#### **RATIONALE**

We addressed this topic because unnecessary restriction of activity contributes to the morbidity of a fracture from the patient and parent perspective, but this must be balanced against the risk of a refracture if activity is resumed too early. There were no studies addressing the question. Two critical outcomes were searched to answer this recommendation, incidence of refracture and timing of refracture.

#### SUPPORTING EVIDENCE

No studies that met the selection criteria addressed this recommendation.

We are unable to recommend optimal timing of or indications for electrodiagnostic studies or nerve exploration in patients with nerve injuries associated with pediatric supracondylar fractures of the humerus.

# Strength of Recommendation: Inconclusive

Description: Evidence from a single low quality study or conflicting findings that do not allow a recommendation for or against the intervention. An **Inconclusive** recommendation means that there is a lack of compelling evidence resulting in an unclear balance between benefits and potential harm.

Implications: Practitioners should feel little constraint in following a recommendation labeled as **Inconclusive**, exercise clinical judgment, and be alert for emerging evidence that clarifies or helps to determine the balance between benefits and potential harm. Patient preference should have a substantial influencing role.

#### RATIONALE

Nerve injuries can occur with pediatric supracondylar fractures. We addressed this topic because electrodiagnostic studies might supplement a repeated physical examination in the monitoring of nerve recovery. We were also interested in the role of nerve exploration. There were no data to determine if or when electrodiagnostic studies and/or nerve exploration are useful.

#### SUPPORTING EVIDENCE

No studies that met the selection criteria addressed this recommendation.

We are unable to recommend for or against open reduction and stable fixation for adolescent patients with supracondylar fractures of the humerus.

## **Strength of Recommendation: Inconclusive**

Description: Evidence from a single low quality study or conflicting findings that do not allow a recommendation for or against the intervention. An **Inconclusive** recommendation means that there is a lack of compelling evidence resulting in an unclear balance between benefits and potential harm.

Implications: Practitioners should feel little constraint in following a recommendation labeled as **Inconclusive,** exercise clinical judgment, and be alert for emerging evidence that clarifies or helps to determine the balance between benefits and potential harm. Patient preference should have a substantial influencing role.

#### **RATIONALE**

We addressed this topic because adolescent patients have different fracture patterns and mechanisms of injury. We addressed the role of stable fixation because adolescents have the potential for slower healing than juveniles. There were no data available reporting on outcomes of interest in adolescent patients.

#### SUPPORTING EVIDENCE

No studies that met the selection criteria addressed this recommendation.

## **FUTURE RESEARCH**

Despite being the most common fracture of the elbow in children, high quality scientific data regarding the treatment of pediatric supracondylar humerus fractures is lacking. Of the 44 included studies in this clinical practice guideline, only 7 were randomized controlled trials. None of these RCT's had strong scientific evidence due to methodological shortcomings and surrogate/intermediate outcome measures. Besides three additional prospective studies the remainder of the evidence for pediatric supracondylar fractures of the humerus is from retrospective comparisons. The methodological flaws of retrospective study design are the primary reason so few recommendations in this guideline can achieve a strength of evidence greater than "limited."

Clearly, controversy exists regarding the best treatments for pediatric supracondylar humerus fractures. Properly designed randomized controlled trials comparing treatment options are necessary to determine optimal treatments. These trials should focus on patient oriented outcomes using psychometrically validated instruments and also consider adverse events that commonly occur during treatment of these fractures. They should be subject to a priori power analysis to ensure clinically important improvements (improvements that matter to the patients). Consideration may also be given to validated family based outcomes since their inclusion may improve recommendations for younger patients. Future studies would also benefit from attempts to increase the applicability of study results (i.e. generalizability) as described by the PRECIS instrument.<sup>14</sup>

Specific trials which would be helpful to improve recommendations include:

- Prospective investigation of the adequacy of the initial reduction against outcome, with a focus on establishing criteria for accepting a closed reduction
- Prospective randomized studies comparing medial with lateral entry pin fixation focusing on patient centered outcomes and adverse events (e.g. iatrogenic ulnar nerve injuries) along with maintenance and quality of reduction quality
- Prospective investigation of the treatment options for fractures that cannot be reduced by closed reduction.
- Prospective investigation of the patient centered outcomes and adverse events of treatment of vascular compromise.
- Prospective randomized studies investigating the long term (e.g. up to one year) patient centered outcomes of simplified treatments for nondisplaced pediatric supracondylar humerus fractures
- Prospective cohort investigation of the optimal time threshold for surgery
- Prospective investigation comparing timing for removal of pins, timing for resumption of activities and results of physical therapy.

- Prospective randomized studies comparing treatments for adolescent supracondylar fractures
- Prospective investigation for treating versus transferring, with a focus on how to optimize outcomes in a geographically dispersed area

# IV.APPENDIXES

# APPENDIX I WORK GROUP

# AAOS POSNA Collaboration Treatment of Supracondylar Fractures Work Group Roster 2009-2010

#### Andrew Howard MD, Chair

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# APPENDIX II AAOS BODIES THAT APPROVED THIS CLINICAL PRACTICE GUIDELINE

# **Guidelines Oversight Committee**

The AAOS Guidelines Oversight Committee (GOC) consists of sixteen AAOS members. The overall purpose of this Committee is to oversee the development of the clinical practice guidelines, performance measures, health technology assessments and utilization guidelines.

## **Evidence Based Practice Committee**

The AAOS Evidence Based Practice Committee (EBPC) consists of ten AAOS members. This Committee provides review, planning and oversight for all activities related to quality improvement in orthopaedic practice, including, but not limited to evidence-based guidelines, performance measures, and outcomes.

# **Council on Research and Quality**

To enhance the mission of the AAOS, the Council on Research and Quality promotes the most ethically and scientifically sound basic, clinical, and translational research possible to ensure the future care for patients with musculoskeletal disorders. The Council also serves as the primary resource to educate its members, the public, and public policy makers regarding evidenced-based medical practice, orthopaedic devices and biologics, regulatory pathways and standards development, patient safety, occupational health, technology assessment, and other related areas of importance.

The Council is comprised of the chairs of the AAOS Biological Implants, Biomedical Engineering, Evidence Based Practice, Guidelines and Technology Oversight, Occupational Health and Workers' Compensation, Patient Safety, Research Development, and US Bone and Joint Decade committees. Also on the Council are the AAOS second vice-president, representatives of the Diversity Advisory Board, the Women's Health Issues Advisory Board, the Board of Specialty Societies (BOS), the Board of Councilors (BOC), the Communications Cabinet, the Orthopaedic Research Society (ORS), the Orthopedic Research and Education Foundation (OREF), and three members at large.

#### **Board of Directors**

The 17 member AAOS Board of Directors manages the affairs of the AAOS, sets policy, and determines and continually reassesses the Strategic Plan.

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# DOCUMENTATION OF APPROVAL

AAOS Work Group Draft Completed November 15, 2010

Peer Review Completed January 5, 2011

Public Commentary Completed May 15, 2011

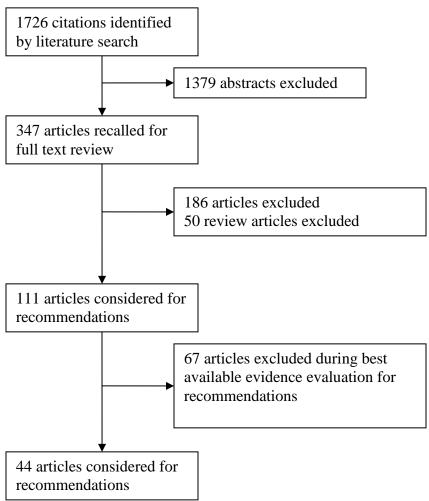
AAOS Guidelines Oversight Committee September 7, 2011

AAOS Evidence Based Practice Committee September 7, 2011

AAOS Council on Research and Quality September 14, 2011

AAOS Board of Directors September 23, 2011

# APPENDIX III STUDY ATTRITION FLOWCHART



# APPENDIX IV

#### LITERATURE SEARCH STRATEGIES

#### **MEDLINE**

#1: supracondylar[tiab] OR distal[tiab] OR epiphys\*[tiab] OR condyl\*[tiab] OR "elbow joint"[mh] OR elbow[mh]

#2: humeral fractures[mh] OR (fracture\*[tiab] AND humer\*[tiab])

#3: "1966"[PDat]: "2010"[PDat] AND English[lang] AND 2010/07/29[edat]

#4: (animal[mh] NOT human[mh]) OR ((aged[mh] OR middle aged[mh] OR adult[mh] OR elderly[titl]) NOT (child\*[tw] OR adolescent[tw] OR infan\*[tw] OR osteotom\*[tw])) OR cadaver[mh] OR cadaver\*[titl] OR comment[pt] OR editorial[pt] OR letter[pt] OR addresses[pt] OR news[pt] OR "newspaper article"[pt] OR "historical article"[pt] OR "case report"[title]

#5 (#1 AND #2 AND #3) NOT #4

Search Notes: [PDat] = journal publication date

[CDAT] = creation date; date the record was added to the PubMed database

(helps to ensure reproducibility of search results for reviewers)

[tw] = keyword, in title/abstract/subject headings

[tiab] = keyword in title/abstract

[mh] = Medical Subject Heading (MeSH term)

[mh:noexp] = MeSH term, not exploded to include additional (more specific)

terms below that term in the MeSH tree

[sh] = subheading

[pt] = publication (study) type

#### **EMBASE**

#1: 'humerus supracondylar fracture'/de

#2: supracondylar OR distal or epiphys\* OR condyl\* OR 'elbow fracture'/de OR 'elbow injury'/de OR elbow/de

#3: fracture\* AND humer\*

#4: #1 OR (#2 AND #3)

#5: [english]/lim AND [humans]/lim AND [embase]/lim AND

#6: cadaver/de OR 'in vitro study'/exp OR 'case report':ti OR 'abstract report'/de OR book/de OR editorial/de OR letter/de OR note/de OR ((aged/de/exp OR 'middle aged'/de OR adult/de OR elderly:ti) NOT (child\* OR child/de/exp OR adolescen\* OR infan\* OR osteotom\*))

#7: #4 AND #5 NOT #6

Search Notes: Database subscription covers 1974-present.

/de = descriptor, EMTREE thesaurus subject heading

/sd = publications added to the database (or not) since a certain date (helps to ensure reproducibility of search results for reviewers)

/lim = limit

# **COCHRANE LIBRARY**

(supracondylar OR distal OR elbow) AND fractur\* AND humer\*

# **CINAHL**

S1: MH "Elbow Fractures"

S2: Supracondylar

S3: distal

S4: fracture\*

S5: humer\*

S6: S1 and (S2 or S5)

S7: S4 and (S2 or S3) and S5

S8: S6 OR S7

S9: LA English

S10: PT "editorial" or PT "letter" or PT "case study" or TI "case report" OR ((MH adult+OR TI elderly) NOT (child\* OR MH child+ OR adolescen\* OR infan\* OR osteotom\*))

S11: S8 AND S9 NOT S10

Search notes: MH = subject heading

PT = publication type

TI = title word

# APPENDIX V EVALUATION OF QUALITY

# Table 76 Quality Questions and Domains for Each of Four Study Designs

| Domain                          | Question: Study: Outcome:  | Parallel,<br>Contemporary<br>Controls<br>Any | Crossover<br>Trials<br>Any  | Historically<br>Controlled<br>Studies<br>Any | Case<br>Series<br>Any |
|---------------------------------|--|--|---|--|-----------------------|
| Group Assignment                |  | Yes  | Yes   | No   | No                    |
| Group Assignment                | Quasi-random Assignment  | No   | No  | No   | n/a*                  |
| Group Assignment                |  | No   | No  | Yes  | No                    |
| Group Assignment                | Consecutive Enrollment   | n/a  | n/a   | n/a  | Yes                   |
| Prospective                     | Prospective  | Yes  | Yes   | Yes  | Yes                   |
| Blinding                        | Blinded Patients   | Yes  | Yes   | No   | No                    |
| Blinding                        | Blinded Assessors  | Yes  | Yes   | No   | No                    |
| Blinding                        | Blinding Verified**  | Yes  | Yes   | No   | No                    |
| Group                           | Ç  |  |   |  |                       |
| Comparability                   | Allocation Concealment**   | Yes  | Yes   | No   | No                    |
| Group<br>Comparability<br>Group | >80% Follow-up   | Yes  | Yes   | No   | Yes                   |
| Comparability<br>Group          | <20% Completion Difference<br>Similar Baseline Outcome                     | Yes  | Yes   | No   | No                    |
| Comparability<br>Group          | Values<br>Comparable Pt.   | Yes  | n/a   | Yes  | No                    |
| Comparability                   | Characteristics  | Yes  | n/a   | Yes  | No                    |
| Group<br>Comparability          | Same Control Group Results (cross-over only)                               | n/a  | Yes   | n/a  | n/a                   |
| Group<br>Comparability          | Same Experimental Group<br>Results (cross-over only)                       | n/a  | Yes   | n/a  | n/a                   |
| Treatment Integrity Treatment   | Same Centers Same Treatment Duration in                                    | Yes  | Yes   | Yes  | No                    |
| Integrity Treatment Integrity   | and across All Groups Same Concomitant Treatment to All Groups (controlled | Yes  | Yes   | Yes  | No                    |
| megney                          | studies only)  | Yes  | Yes   | Yes  | n/a                   |
| Treatment                       | No Confounding Treatment   |  |   |  |                       |
| Integrity                       | (case series only)   | n/a  | n/a   | n/a  | Yes                   |
| Measurement                     | Same Instruments   | Yes  | Yes   | Yes  | Yes                   |
| Measurement                     | Valid Instrument   | Yes  | Yes   | Yes  | Yes                   |
| Bias                            | Article & Abstract Agree   | Yes  | Yes   | Yes  | Yes                   |
| Bias                            | All Outcomes Reported  | Yes  | Yes   | Yes  | Yes                   |
| Bias                            | No Primary Subgroup  |  |   |  |                       |
|                                 | Analysis   | Yes  | Yes   | Yes  | Yes                   |
| Statistical                     | ~  |  |   |  |                       |
| Power                           | Statistically Significant  | High   | High  | High   | High                  |
| Statistical                     | Number of Patients in  |  | Caranaga de Car |  |                       |
| Power                           | Analysis to "not applicable" Cells in a                                    |  | see statistical po  |  | 1.                    |

<sup>\* &</sup>quot;n/a" refers to "not applicable". Cells in which non-applicable questions appear are shaded in grey. \*\*Studies are not penalized for not concealing allocation or not verifying the integrity of blinding. Rather, the answers to these questions act to preserve the quality of outcomes for which the answers to certain questions were "No" or "Unclear".

AAOS Clinical Practice Guidelines Unit

Some questions about studies that are not RCT's are automatically answered "No." This is shown in Table 76, which illustrates the scoring for a perfect RCT, a perfect crossover trial, a perfect historically controlled trial, and a perfect case series. The fact that some questions about non-RCTs are automatically answered "No" ensures that historically controlled studies and case series always initially provide evidence that is weaker than the evidence from well-designed RCTs.

#### **Table 77 Statistical Power Evaluation**

| Power Rating | Condition |
|--------------|-----------|
|--------------|-----------|

#### ANY OF THE FOLLOWING IS TRUE:

High

- The results of a statistical test were statistically significant
- The results were not statistically significant (or it was unclear whether they were significant), and the study was either an uncontrolled study with 34 or more patients in the statistical analysis OR a controlled study in with 128 or more patients in the analysis.
- The results will be used in a meta-analysis.\*

#### ALL OF THE FOLLOWING ARE TRUE:

# Moderate

- The results of a statistical test were either not statistically significant or it was unclear whether the results of statistical test were statistically significant.
- The study was an uncontrolled study in which data from between 15 and 33 patients were included in the analysis OR the study was a controlled study in which data from between 52 and 127 patients were in the analysis.
- No meta-analysis of the relevant data will be performed.

# ALL OF THE FOLLOWING ARE TRUE:

Low

- The results of a statistical test were either not statistically significant or it was unclear whether the results of statistical test were statistically significant.
- The study was an uncontrolled study in which data from fewer than 15 patients were included in the analysis OR the study was a controlled study in which data from fewer than 52 patients were in the analysis.
- No meta-analysis of the relevant data will be performed.

<sup>\*</sup>We make this assumption because one reason for performing a meta-analysis is to compensate for the low statistical power of individual studies. Implicit in this assumption is that the power of the meta-analysis that will be conducted is sufficient to detect an effect as statistically significant.

# APPENDIX VI FORM FOR ASSIGNING STRENGTH OF RECOMMENDATION

| GUIDELINE RECOMMENDATION                  |  |
|---|--|
| PRELIMINARY STRENGTH OF RECOMMENDATION: _ |  |

#### STEP 1: LIST BENEFITS AND HARMS

Please list the benefits (as demonstrated by the systematic review) of the intervention.

Please list the harms (as demonstrated by the systematic review) of the intervention.

Please list the benefits for which the systematic review is not definitive.

Please list the harms for which the systematic review is not definitive.

#### STEP 2: IDENTIFY CRITICAL OUTCOMES

Please circle the above outcomes that are critical for determining whether the intervention is beneficial and whether it is harmful.

Are data about critical outcomes lacking to such a degree that you would lower the preliminary strength of the recommendation?

What is the resulting strength of recommendation?

#### STEP 3: EVALUATE APPLICABILITY OF THE EVIDENCE

Is the applicability of the evidence for any of the critical outcomes so low that substantially worse results are likely to be obtained in actual clinical practice?

Please list the critical outcomes backed by evidence of doubtful applicability.

Should the strength of recommendation be lowered because of low applicability?

What is the resulting strength of recommendation?

#### STEP 4: BALANCE BENEFITS AND HARMS

Are there trade-offs between benefits and harms that alter the strength of recommendation obtained in STEP 3?

What is the resulting strength of recommendation?

# STEP 5 CONSIDER STRENGTH OF EVIDENCE

Does the strength of the existing evidence alter the strength of recommendation obtained in STEP 4?

What is the resulting strength of recommendation?

NOTE: Because we are not performing a formal cost analyses, you should only consider costs if their impact is substantial.

# APPENDIX VII OPINION BASED RECOMMENDATIONS

A guideline can contain recommendations that are backed by little or no data. Under such circumstances, work groups often issue opinion-based recommendations. Although doing so is sometimes acceptable in an evidence-based guideline (expert opinion is a form of evidence), it is also important to avoid constructing a guideline that liberally uses expert opinion; research shows that expert opinion is often incorrect.

Opinion-based recommendations are developed only if they address a vitally important aspect of patient care. For example, constructing an opinion-based recommendation in favor of taking a history and physical is warranted. Constructing an opinion-based recommendation in favor of a specific modification of a surgical technique is seldom warranted. To ensure that an opinion-based recommendation is absolutely necessary, the AAOS has adopted rules to guide the content of the rationales that underpin such recommendations. These rules are based on those outlined by the US Preventive Services Task Force (USPSTF).<sup>65</sup> Specifically, rationales based on expert opinion must:

- Not contain references to or citations from articles not included in the systematic review that underpins the recommendation.
- Not contain the AAOS guideline language "We Recommend", "We suggest" or "The practitioner might".
- Contain an explanation of the potential preventable burden of disease. This involves considering both the incidence and/or prevalence of the disease, disorder, or condition and considering the associated burden of suffering. To paraphrase the USPSTF, when evidence is insufficient, provision of a treatment (or diagnostic) for a serious condition might be viewed more favorably than provision of a treatment (or diagnostic) for a condition that does not cause as much suffering. The AAOS (like the USPSTF) understand that evaluating the "burden of suffering" is subjective and involves judgment. This evaluation should be informed by patient values and concerns. The considerations outlined in this bullet make it difficult to recommend new technologies. It is not appropriate for a guideline to recommend widespread use of a technology backed by little data and for which there is limited experience. Such technologies are addressed in the AAOS' Technology Overviews.
- Address potential harms. In general, "When the evidence is insufficient, an intervention with a large potential for harm (such as major surgery) might be viewed less favorably than an intervention with a small potential for harm (such as advice to watch less television)." 65
- Address apparent discrepancies in the logic of different recommendations.
   Accordingly, if there are no relevant data for several recommendations and the work group chooses to issue an opinion-based recommendation in some cases but chooses not to make a recommendation in other cases, the rationales for the opinion-based

recommendations must explain why this difference exists. Information garnered from the previous bullet points will be helpful in this regard.

- Consider current practice. The USPSTF specifically states that clinicians justifiably fear that not doing something that is done on a widespread basis will lead to litigation. The consequences of not providing a service that is neither widely available nor widely used are less serious than the consequences of not providing a treatment accepted by the medical profession and thus expected by patients. Discussions of available treatments and procedures rely on mutual communication between the patient's guardian and physician, and on weighing the potential risks and benefits for a given patient. The patient's "expectation of treatment" must be tempered by the treating physician's guidance about the reasonable outcomes that the patient can expect.
- Justify, why a more costly device, drug, or procedure is being recommended over a less costly one whenever such an opinion-based recommendation is made.

Work group members write the rationales for opinion based recommendations on the first day of the final work group meeting. When the work group re-convenes on the second day of its meeting, it will vote on the rationales. The typical voting rules will apply. If the work group cannot adopt a rationale after three votes, the rationale and the opinion-based recommendation will be withdrawn, and a "recommendation" stating that the group can neither recommend for or against the recommendation in question will appear in the guideline.

Discussions of opinion-based rationales may cause some members to change their minds about whether to issue an opinion-based recommendation. Accordingly, at any time during the discussion of the rationale for an opinion-based recommendation, any member of the work group can make a motion to withdraw that recommendation and have the guideline state that the work group can neither recommend for or against the recommendation in question.

### CHECKLIST FOR VOTING ON OPINION BASED RECOMMENDATIONS

When voting on the rationale, please consider the following:

- 1. Does the recommendation affect a substantial number of patients or address treatment (or diagnosis) of a condition that causes death and/or considerable suffering?
- 2. Does the recommendation address the potential harms that will be incurred if it is implemented and, if these harms are serious, does the recommendation justify;
  - a. why the potential benefits outweigh the potential harms and/or
  - b. why an alternative course of treatment (or diagnostic workup) that involves less serious or fewer harms is not being recommended?

- 3. Does the rationale explain why the work group chose to make a recommendation in the face of minimal evidence while, in other instances, it chose to make no recommendation in the face of a similar amount of evidence?
- 4. Does the rationale explain that the recommendation is consistent with current practice?
- 5. If relevant, does the rationale justify why a more costly device, drug, or procedure is being recommended over a less costly one?

# **VOTING BY THE NOMINAL GROUP TECHNIQUE**

Voting on guideline recommendations will be conducted using a modification of the nominal group technique (NGT), a method previously used in guideline development.71 Briefly each member of the guideline work group ranks his or her agreement with a guideline recommendation on a scale ranging from 1 to 9 (where 1 is "extremely inappropriate" and 9 is "extremely appropriate"). Consensus is obtained if the number of individuals who do not rate a measure as 7, 8, or 9 is statistically non-significant (as determined using the binomial distribution). Because the number of work group members who are allowed to dissent with the recommendation depends on statistical significance, the number of permissible dissenters varies with the size of the work group. The number of permissible dissenters for several work group sizes is given in the table below:

| Work Group Size | Number of Permissible Dissenter       |
|-----------------|---------------------------------------|
|                 | Not allowed, statistical significance |
| ≤3              | cannot be obtained                    |
| 4-5             | 0                                     |
| 6-8             | 1                                     |
| 9               | 1 or 2                                |

The NGT is conducted by first having members vote on a given recommendation without discussion. If the number of dissenters is "permissible", the recommendation is adopted without further discussion. If the number of dissenters is not permissible, there is further discussion to see whether the disagreement(s) can be resolved. Three rounds of voting are held to attempt to resolve disagreements. If disagreements are not resolved after three voting rounds, no recommendation is adopted.

# APPENDIX VIII

# STRUCTURED PEER REVIEW FORM

Review of any AAOS confidential draft allows us to improve the overall guideline but <u>does not imply endorsement</u> by any given individual or any specialty society who participates in our review processes. The AAOS review process may result in changes to the documents; therefore, endorsement cannot be solicited until the AAOS Board of Directors officially approves the final guideline.

| Reviewer Information  | ı:  |  |  |  |
|---|---|--|--|--|
| Name of Reviewer  |   |  |  |  |
| Address   |   |  |  |  |
| City  | State   | Zip Code   | _  |  |
| Phone   | Fax   | E-mail   |  |  |
| Specialty Area/Disciplin  | ne:   |  |  |  |
| Work setting:   | Credential  | s:   |  |  |
| If you do not wish to be  | Peer Reviewer in the final Gue listed, your name will be remo | oved for identification purposes                                   |  |  |
| Are you reviewing this guideline as a representative of a professional society? |   |  | ? Yes No   |  |
| If yes, may we list you   | ur society as a reviewer of th                                | is guideline?  | ☐ Yes ☐ No   |  |
| Society Name:(Listing the specialty so  |   | oes not imply or otherwise indi                                    | icate endorsement of this guideline.)  |  |
| If the boxes below are addressed by the AAO                                     |   | er does not attach his/her con<br>or society be listed as a review | nflicts of interest.  Iflicts of interest, the reviewer's comments will reviewer of this GL. If a committee reviews the guid |  |
|   | ny conflicts of interest on pa                                |  | ner # is   |  |
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# **REVIEWER CONFLICT OF INTEREST - The Orthopaedic Disclosure Program**

Each item below requires an answer. Please report information for the last 12-months as required by the Accreditation Council for Continuing Medical Education (ACCME) guidelines.

| Do you or a member of your immediate family receive royalties for any pharmaceutical, biomaterial or orthopaedic product or device?  | ☐ Yes ☐ No |
|--|------------|
| If YES, please identify product or device:   |            |
| Within the past twelve months, have you or a member of your immediate family served on the speakers bureau or have you been paid an honorarium to present by any pharmaceutical, biomaterial or orthopaedic product or device company? | ☐ Yes ☐ No |
| If YES, please identify company:   |            |
| Are you or a member of your immediate family a PAID EMPLOYEE for any pharmaceutical, biomaterial or orthopaedic device or equipment company, or supplier?  | ☐ Yes ☐ No |
| If YES, please identify company or supplier:   |            |
| Are you or a member of your immediate family a PAID CONSULTANT for any pharmaceutical, biomaterial or orthopaedic device or equipment company, or supplier?  | ☐ Yes ☐ No |
| If YES, please identify company or supplier:   |            |
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| If YES, please identify company or supplier:   |            |
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| If YES, please identify company or supplier:   |            |
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| If YES, please identify:   |            |
| Do you or a member of your immediate family serve on the Board of Directors or a committee of any medical and/or orthopaedic professional society?   | ☐ Yes ☐ No |
| If YES, please identify:   |            |

#### **Reviewer Instructions**

Please read and review this Draft Clinical Practice Guideline and its associated Technical Report with particular focus on your area of expertise. Your responses are confidential and will be used only to assess the validity, clarity and accuracy of the interpretation of the evidence. If applicable, please specify the draft page and line numbers in your comments. Please feel free to also comment on the overall structure and content of the guideline and Technical Report. If you need more space than is provided, please attach additional pages.

Please complete and return this form electronically to <a href="wies@aaos.org">wies@aaos.org</a> or fax the form back to Jan Wies at (847) 823-9769. Thank you in advance for your time in completing this form and giving us your feedback. We value your input and greatly appreciate your efforts. Please send the completed form and comments by end of day **DATE**.

#### Please indicate your level of agreement with each of the following statements by placing an "X" in the appropriate box.

|   | Somewhat Somewhat  Disagree Disagree Agree Agree |  | t<br>Agree |  |
|---|--|--|------------|--|
| The recommendations are clearly stated  |  |  |            |  |
| 2. There is an explicit link between the recommendations and the supporting evidence  |  |  |            |  |
| 3. Given the nature of the topic and the data, all clinically important outcomes are considered                                       |  |  |            |  |
| 4. The guideline's target audience is clearly described   |  |  |            |  |
| 5. The patients to whom this guideline is meant to apply are specifically described   |  |  |            |  |
| 6. The criteria used to select articles for inclusion are appropriate   |  |  |            |  |
| 7. The reasons why some studies were excluded are clearly described   |  |  |            |  |
| 8. All important studies that met the article inclusion criteria are included   |  |  |            |  |
| 9. The validity of the studies is appropriately appraised   |  |  |            |  |
| 10. The methods are described in such a way as to be reproducible.  |  |  |            |  |
| 11. The statistical methods are appropriate to the material and the objectives of this guideline                                      |  |  |            |  |
| 12. Important parameters (e.g., setting, study population, study design) that could affect study results are systematically addressed |  |  |            |  |
| 13. Health benefits, side effects, and risks are adequately addressed   |  |  |            |  |
| 14. The writing style is appropriate for health care professionals.   |  |  |            |  |
| 15. The grades assigned to each recommendation are appropriate  |  |  |            |  |

#### **COMMENTS**

| COMMENTS  |
|---|
| Please provide a brief explanation of both your positive and negative answers in the preceding section. If applicable, please specify the draft page and line numbers in your comments. Please feel free to also comment on the overall structure and content of the guideline and Technical Report |
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| OVERALL ASSESSMENT  |
| Would you recommend these guidelines for use in practice? (check one)   |
| ☐ Strongly recommend  |
| ☐ Recommend (with provisions or alterations)  |
| ☐ Would not recommend   |
| ☐ Unsure  |
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AAOS Clinical Practice Guidelines Unit

### APPENDIX IX

#### PEER REVIEW PANEL

Participation in the AAOS peer review process does not constitute an endorsement of this guideline by the participating organization.

Peer review of the draft guideline is completed by an outside Peer Review Panel. Outside peer reviewers are solicited for each AAOS guideline and consist of experts in the guideline's topic area. These experts represent professional societies other than AAOS and are nominated by the guideline work group prior to beginning work on the guideline. For this guideline, ten outside peer review organizations were invited to review the draft guideline and all supporting documentation. Seven societies participated in the review of the Treatment of Pediatric Supracondylar Humerus Fractures guideline draft and those below explicitly consented to be listed as a peer review organization in this appendix.

The organizations that reviewed the document and consented to be listed as a peer review organization are listed below:

American Society for Surgery of the Hand (ASSH)

American Association for Hand Surgery (AAHS)

Pediatric Orthopaedic Society of North America (POSNA)

American Pediatric Surgery Association (APSA)

American Physical Therapy Association (APTA)

American Academy of Pediatrics (AAP)

American Academy of Pediatrics Section on Administration and Practice Management (AAP)

Individuals who participated in the peer review of this document and gave their explicit consent to be listed as reviewers of this document are:

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AAOS Clinical Practice Guidelines Unit

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Charles T. Price, M.D.

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### PUBLIC COMMENTARY

A period of public commentary follows the peer review of the draft guideline. If significant non-editorial changes are made to the document as a result of public commentary, these changes are also documented and forwarded to the AAOS bodies that approve the final guideline.

Public commentators who gave explicit consent to be listed in this document include the following:

Peter L. Gambacorta DO

William Herndon

Kevin Klingele, MD

Arabella Leet MD

Amy L. McIntosh MD

J. Andy Sullivan, M.D.

Charles T. Price, M.D.

Participation in the AAOS guideline public commentary review process does not constitute an endorsement of the guideline by the participating organizations or the individual listed nor does it in any way imply the reviewer supports this document.

### APPENDIX X

### INTERPRETING THE FOREST PLOTS

We use descriptive diagrams known as forest plots to present data from studies comparing the differences in outcomes between two treatment groups when a meta-analysis has been performed (combining results of multiple studies into a single estimate of overall effect). The estimate of overall effect is presented at the bottom of the graph using a diamond to illustrate the confidence intervals of the estimated overall effect. The arcsine difference or the standardized mean difference is the effect measures used to depict differences in outcomes between the two treatment groups of a study. The horizontal line running through each point represents the 95% confidence interval for that point. The solid vertical line represents "no effect" where the arcsine difference or the standardized mean difference is equal to zero.

# APPENDIX XI CONFLICT OF INTEREST

All members of the AAOS work group disclosed any conflicts of interest prior to the development of the recommendations for this guideline. Conflicts of interest are disclosed in writing with the American Academy of Orthopaedic Surgeons via a private on-line reporting database and also verbally at the recommendation approval meeting.

**Disclosure Items**: (n) = Respondent answered 'No' to all items indicating no conflicts. 1=Board member/owner/officer/committee appointments; 2= Medical/Orthopaedic Publications; 3= Royalties; 4= Speakers bureau/paid presentations; 5A= Paid consultant; 5B= Unpaid consultant; 6= Research or institutional support from a publisher; 7= Research or institutional support from a company or supplier; 8= Stock or Stock Options; 9= Other financial/material support from a publisher; 10= Other financial/material support from a company or supplier.

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# ARTICLES EXCLUDED FROM THE AAOS SYSTEMATIC REVIEW(S) & REASONS FOR EXCLUSION

Table~78~Articles~Excluded~from~AAOS~Systematic~Review(s)

| Author             | Title   | Reason for Exclusion                                     |
|--------------------|---|--|
| Abe 1995           | Tardy ulnar nerve palsy caused by cubitus varus deformity   | Not specific to supracondylar fractures                  |
| Abraham 2005       | Management of supracondylar fractures of humerus with condylar involvement in children  | Retrospective case series (medical records review)       |
| Agus 2002          | Skeletal traction and delayed percutaneous fixation of complicated supracondylar humerus fractures due to delayed or unsuccessful reductions and extensive swelling in children | Retrospective case series                                |
| Alcott 1977        | Displaced supracondylar fractures of the humerus in children: long-term follow-up of 69 patients  | Comparison not considered for this guideline             |
| Alonso-Llames 1972 | Bilaterotricipital approach to the elbow. Its application in the osteosynthesis of supracondylar fractures of the humerus in children   | Retrospective case series (medical records review)       |
| Arino 1977         | Percutaneous fixation of supracondylar fractures of the humerus in children   | Retrospective case series                                |
| Arnala 1991        | Supracondylar fractures of the humerus in children  | Not best available evidence, very low quality, low power |
| Aronson 1987       | Supracondylar fractures of the humerus in children. A modified technique for closed pinning   | Not best available evidence (case series)                |
| Aronson 1993       | K-wire fixation of supracondylar humeral fractures in children: results of open reduction via a ventral approach in comparison with closed treatment                            | Not best available evidence, very low quality, low power |
| Arora 2004         | A different method of pinning of displaced extension type supracondylar fracture of humerus in children   | Not best available evidence (case series)                |
| Aufranc 1969       | Open supracondylar fracture of the humerus  | Case report  |

 $\label{thm:condition} \textbf{Table 78 Articles Excluded from AAOS Systematic Review}(s)$ 

| Author           | Title   | Reason for Exclusion  |
|------------------|---|---|
| Austin 1995      | Supracondylar fractures of the distal humerus in children   | Narrative review, bibliography screened   |
| Ay 2006          | The anterior cubital approach for displaced pediatric supracondylar humeral fractures   | Surgical Technique  |
| Ba 1991          | Malunited supracondylar fracture of humerus (Cubitus varus) treated by lateral closing wedged osteotomy and immobilized by above elbow p.o.p. with extended elbow and supinated forearm | Osteotomy study   |
| Babal 2010       | Nerve injuries associated with pediatric supracondylar humeral fractures: a meta-analysis   | Systematic review, bibliography screened  |
| Badhe 1998       | Olecranon screw traction for displaced supracondylar fractures of the humerus in children   | Retrospective case series (medical records review)                                      |
| Bakalim 1972     | Supracondylar humeral fractures in children. Causes of changes in the carrying angle of the elbow   | Combines treatment results for fractures of more than one type (authors classification) |
| Bamrungthin 2008 | Comparison of posterior and lateral surgical approach in management of type III supracondylar fractures of the humerus among the children   | Comparison not considered for this guideline  |
| Baratz 2006      | Pediatric supracondylar humerus fractures   | Narrative review, bibliography screened   |
| Barlas 2005      | Medial approach for fixation of displaced supracondylar fractures of the humerus in children  | Not best available evidence (case series)   |
| Barlas 2006      | Open medial placement of Kirschner wires for supracondylar humeral fractures in children  | Retrospective case series (medical records review)                                      |
| Barrett 1998     | Cosmetic results of supracondylar osteotomy for correction of cubitus varus   | Osteotomy study   |

 $\label{thm:condition} \textbf{Table 78 Articles Excluded from AAOS Systematic Review}(s)$ 

| Author         | Title  | Reason for Exclusion   |
|----------------|--|--|
| Bashyal 2009   | Complications after pinning of supracondylar distal humerus fractures  | Not relevant, comparison of antibiotic use (not addressed by this guideline)         |
| Bates 1971     | Supracondylar fractures of the humerus in children   | Narrative review, bibliography screened  |
| Beaty 1992     | Fractures and dislocations about the elbow in children   | Narrative review, bibliography screened  |
| Belhan 2009    | Dynamics of the ulnar nerve after percutaneous pinning of supracondylar humeral fractures in children  | Not best available evidence, very low quality  |
| Bender 1978    | Results of treatment of supracondylar fractures of the humerus in children with special reference to the cause and prevention of cubitus varus | Comparison not considered for this guideline, <10 patients in valid comparison group |
| Bennet 2002    | Supracondylar fractures of the humerus in children   | Narrative review, bibliography screened  |
| Beslikas 1999  | Supracondylar humeral osteotomy in children with severe posttraumatic cubitus varus deformity  | Osteotomy study  |
| Best 1989      | An aid to the treatment of supracondylar fracture of the humerus: brief report   | Case report  |
| Bewes 1989     | Supracondylar fractures in children  | Narrative review, bibliography screened  |
| Bhatnagar 2006 | Diagnosis and treatment of common fractures in children: femoral shaft fractures and supracondylar humeral fractures                           | Narrative review, bibliography screened  |
| Bhende 1994    | Clinical measurement of varus-valgus deformity after supracondylar fracture of the humerus   | Not relevant, does not investigate treatment   |

 $\label{thm:condition} \textbf{Table 78 Articles Excluded from AAOS Systematic Review}(s)$ 

| Author         | Title   | <b>Reason for Exclusion</b>  |
|----------------|---|--|
| Bialik 1983    | Scoring system for assessing the treatment of supracondylar fractures of the humerus  | Combines treatment results for fractures of more than one type (authors classification)  |
| Blakey 2009    | Ischaemia and the pink, pulseless hand complicating supracondylar fractures of the humerus in childhood: long-term follow-up    | Very Low Quality,<br>Low Power   |
| Bohrer 1970    | The fat pad sign following elbow trauma. Its usefulness and reliability in suspecting 'invisible' fractures                     | Diagnostic study   |
| Bongers 1979   | Use of Kirschner wires for percutaneous stabilization of supracondylar fractures of the humerus in children                     | Not best available evidence (case series)  |
| Botchu 2006    | Displaced supracondylar fractures of humerus in children - to pin or not to?  | Abstract   |
| Boyd 1992      | Supracondylar fractures of the humerus: a prospective study of percutaneous pinning   | Not best available evidence (case series)  |
| Brauer 2007    | A systematic review of medial and lateral entry pinning versus lateral entry pinning for supracondylar fractures of the humerus | Systematic review, bibliography screened   |
| Brubacher 2008 | Pediatric supracondylar fractures of the distal humerus   | Narrative review, bibliography screened  |
| Buhl 1982      | Displaced supracondylar fractures of the humerus in children  | Combines treatment results for fractures of more than one type (Holmberg classification) |
| Bullen 2004    | Pediatric supracondylar humerus fractures   | Case report  |
| Campbell 1995  | Neurovascular injury and displacement in type III supracondylar humerus fractures   | Retrospective case series (medical records review)                                       |

 $Table \ 78 \ Articles \ Excluded \ from \ AAOS \ Systematic \ Review(s)$ 

| Author           | Title  | Reason for Exclusion  |
|------------------|--|---|
| Carbonell 2004   | Monitoring antebrachial compartmental pressure in displaced supracondylar elbow fractures in children  | Not relevant, study does not report outcomes of interest      |
| Carcassonne 1972 | Results of operative treatment of severe supracondylar fractures of the elbow in children  | Retrospective case series                                     |
| Carlson 1982     | Cubitus varus: a new and simple technique for correction   | Not relevant, non-acute fracture treatment                    |
| Cashman 2010     | Effect of deferred treatment of supracondylar humeral fractures  | Retrospective case series                                     |
| Celiker 1990     | Supracondylar fractures of the humerus in children: analysis of the results in 142 patients  | Fracture type is not reported                                 |
| Chen 2001        | Supracondylar extension fracture of the humerus in children.  Manipulative reduction, immobilisation and fixation using a U-shaped plaster slab with the elbow in full extension | Comparison not considered for this guideline                  |
| Cheng 1995       | Closed reduction and percutaneous pinning for type III displaced supracondylar fractures of the humerus in children  | Retrospective case series (medical records review)            |
| Choi 2010        | Risk factors for vascular repair and compartment syndrome in the pulseless supracondylar humerus fracture in children  | Very Low Quality, Low<br>Power, <10 patients in<br>comparison |
| Clement 1990     | Assessment of a treatment plan for managing acute vascular complications associated with supracondylar fractures of the humerus in children                                      | Less than 10 patients per group                               |
| Colaris 2008     | Supracondylar fractures of the humerus in children. Comparison of results in two treatment periods   | Not best available evidence, very low quality                 |
| Copley 1996      | Vascular injuries and their sequelae in pediatric supracondylar humeral fractures: toward a goal of prevention   | Very Low Quality, Low<br>Power                                |

 $\label{thm:condition} \textbf{Table 78 Articles Excluded from AAOS Systematic Review}(s)$ 

| Author          | Title  | Reason for Exclusion                               |
|-----------------|--|--|
| Crawley 1972    | Supracondylar fracture of the humerus in children  | Retrospective case series                          |
| Crombie 2004    | Closed reduction and percutaneous fixation of displaced paediatric supracondylar fractures of the elbow    | Narrative review, bibliography screened            |
| D'Ambrosia 1972 | Supracondylar fractures of humerusprevention of cubitus varus  | Fracture type is not reported                      |
| Danielsson 1980 | Open reduction and pin fixation of severely displaced supracondylar fractures of the humerus in children   | Retrospective case series                          |
| Davis 2000      | Supracondylar humerus fractures in children. Comparison of operative treatment methods                     | Not best available evidence (case series)          |
| deBoeck 1997    | Valgus deformity following supracondylar elbow fractures in children                                       | Retrospective case series (medical records review) |
| deBoeck 2001    | Flexion-type supracondylar elbow fractures in children   | Retrospective case series (medical records review) |
| deBuys 2003     | Open or closed pinning for distal humerus fractures in children?   | Fracture type is not reported                      |
| deCoulon 2005   | Nonoperative treatment of displaced supracondylar fractures in children: Rigault type 2 fractures          | Retrospective case series (medical records review) |
| deGheldre 2010  | Outcome of Gartland type II and type III supracondylar fractures treated by Blount's technique             | Retrospective case series (medical records review) |
| Devnani 2000    | Gradual reduction of supracondylar fracture of the humerus in children reporting late with a swollen elbow | Less than 10 patients per group                    |
| Devnani 2005    | Late presentation of supracondylar fracture of the humerus in children                                     | Not best available evidence, very low quality      |
| Dodge 1972      | Displaced supracondylar fractures of the humerus in childrentreatment by Dunlop's traction                 | Retrospective case series (medical records review) |

 $\label{thm:condition} \textbf{Table 78 Articles Excluded from AAOS Systematic Review}(s)$ 

| Author         | Title   | Reason for Exclusion  |
|----------------|---|---|
| Dormans 1995   | Acute neurovascular complications with supracondylar humerus fractures in children  | Retrospective case series (medical records review)                                      |
| Dowd 1979      | Varus deformity in supracondylar fractures of the humerus in children   | Combines treatment results for fractures of more than one type (authors classification) |
| Eidelman 2007  | Prevention of ulnar nerve injury during fixation of supracondylar fractures in children by 'flexion-extension cross-pinning' technique      | Retrospective case series   |
| el-Adl 2007    | The equal limbs lateral closing wedge osteotomy for correction of cubitus varus in children   | Osteotomy study   |
| el-Adl 2008    | Results of treatment of displaced supracondylar humeral fractures in children by percutaneous lateral cross-wiring technique                | Retrospective case series   |
| el-Ahwany 1974 | Supracondylar fractures of the humerus in children with a note on the surgical correction of late cubitus varus                             | Retrospective case series   |
| Eren 2008      | Correlation between posteromedial or posterolateral displacement and cubitus varus deformity in supracondylar humerus fractures in children | Osteotomy study   |
| Eren 2008      | Delayed surgical treatment of supracondylar humerus fractures in children using a medial approach   | Retrospective case series   |
| Ersan 2009     | Treatment of supracondylar fractures of the humerus in children through an anterior approach is a safe and effective method                 | Not best available evidence (case series)   |
| Fama 1987      | Supraintercondylar fractures of the humerustreatment by the Vigliani osteosynthesis   | Not specific to children  |
| Farley 2008    | Pediatric supracondylar humerus fractures: treatment by type of orthopedic surgeon  | Retrospective case series (medical records review)                                      |

 $\label{thm:condition} \textbf{Table 78 Articles Excluded from AAOS Systematic Review}(s)$ 

| Author                | Title  | Reason for Exclusion                               |
|-----------------------|--|--|
| Fatemi 2009           | Delayed radial nerve laceration by the sharp blade of a medially inserted Kirschner-wire pin: a rare complication of supracondylar humerus fracture      | Narrative review, bibliography screened            |
| Fleuriau-Chateau 1998 | An analysis of open reduction of irreducible supracondylar fractures of the humerus in children  | Not best available evidence (case series)          |
| Flynn 1974            | Blind pinning of displaced supracondylar fractures of the humerus in children. Sixteen years' experience with long-term follow-up                        | Retrospective case series                          |
| Flynn 2002            | The operative management of pediatric fractures of the upper extremity   | Narrative review, bibliography screened            |
| Fowler 2006           | Reduction and pinning of pediatric supracondylar humerus fractures in the prone position   | Retrospective case series (medical records review) |
| Fowles 1974           | Displaced supracondylar fractures of the elbow in children. A report on the fixation of extension and flexion fractures by two lateral percutaneous pins | Retrospective case series                          |
| Fu 2010               | Open reduction and bioabsorbable pin fixation for late presenting irreducible supracondylar humeral fracture in children                                 | Not best available evidence (case series)          |
| Furrer 1991           | Management of displaced supracondylar fractures of the humerus in children   | Retrospective case series                          |
| Gaddy 1994            | Distal humeral osteotomy for correction of posttraumatic cubitus varus   | Osteotomy study                                    |
| Gadgil 2005           | Elevated, straight-arm traction for supracondylar fractures of the humerus in children   | Not best available evidence (case series)          |
| Garbuz 1996           | The treatment of supracondylar fractures in children with an absent radial pulse   | Retrospective case series (medical records review) |
| Garg 2007             | Treatment of flexion-type supracondylar humeral fracture in children   | Retrospective case series                          |

 $\label{thm:condition} \textbf{Table 78 Articles Excluded from AAOS Systematic Review}(s)$ 

| Author           | Title   | Reason for Exclusion                               |
|------------------|---|--|
| Gennari 1998     | Anterior approach versus posterior approach to surgical treatment of children's supracondylar fractures: comparative study of thirty cases in each series | Comparison not considered for this guideline       |
| Gerardi 1989     | Pediatric update #10. Treatment of displaced supracondylar fractures of the humerus in children by closed reduction and percutaneous pinning              | Retrospective case series                          |
| Geutjens 1995    | Ischaemic anterior interosseus nerve injuries following supracondylar fractures of the humerus in children  | Case report  |
| Ghasemzadeh 2002 | Absence of radial pulse in displaced supracondylar fracture of humerus in children  | Very Low Quality,<br>Low Power                     |
| Giannini 1983    | The treatment of supracondylar fractures of the humerus in children by closed reduction and fixation with percutaneous Kirschner wires                    | Retrospective case series                          |
| Gillingham 1995  | Advances in children's elbow fractures  | Narrative review, bibliography screened            |
| Gong 2008        | Oblique closing wedge osteotomy and lateral plating for cubitus varus in adults   | Osteotomy study                                    |
| Gosens 2003      | Neurovascular complications and functional outcome in displaced supracondylar fractures of the humerus in children  | Retrospective case series                          |
| Graham 1967      | Supracondylar fractures of the elbow in children. 1   | Narrative review, bibliography screened            |
| Graham 1967      | Supracondylar fractures of the elbow in children. 2   | Narrative review, bibliography screened            |
| Green 2005       | Low incidence of ulnar nerve injury with crossed pin placement for<br>pediatric supracondylar humerus fractures using a mini-open technique               | Retrospective case series (medical records review) |

 $Table \ 78 \ Articles \ Excluded \ from \ AAOS \ Systematic \ Review(s)$ 

| Author          | Title  | <b>Reason for Exclusion</b>  |
|-----------------|--|--|
| Griffet 2004    | Systematic percutaneous pinning of displaced extension-type supra-<br>condylar fractures of the humerus in children: A prospective study of 67<br>patients | Not best available evidence (case series)  |
| Griffin 1975    | Supracondylar fractures of the humerus. Treatment and complications  | Narrative review, bibliography screened  |
| Gris 2004       | Treatment of supracondylar humeral fractures in children using external fixation   | Not best available evidence (case series)  |
| Haddad 1970     | Percutaneous pinning of displaced supracondylar fractures of the elbow in children   | Case report  |
| Hadlow 1996     | A selective treatment approach to supracondylar fracture of the humerus in children  | Comparison not considered for this guideline, <10 patients in valid comparison group     |
| Hamad 2003      | Humeral supracondylar fractures in children - The role of closed reduction and percutaneous K-wire fixation in the displaced fracture                      | Retrospective case series  |
| Hamdy 2009      | Supracondylar fractures require treatment on the same day  | Narrative review, bibliography screened  |
| Hammond 1998    | Supracondylar humerus fractures in children  | Narrative review, bibliography screened  |
| Harrington 2000 | Management of the floating elbow injury in children. Simultaneous ipsilateral fractures of the elbow and forearm   | Not specific to supracondylar fractures  |
| Hart 1977       | The operative management of the difficult supracondylar fracture of the humerus in the child   | Combines treatment results for fractures of more than one type (Holmberg classification) |

 $\label{thm:condition} \textbf{Table 78 Articles Excluded from AAOS Systematic Review}(s)$ 

| Author          | Title  | Reason for Exclusion                               |
|-----------------|--|--|
| Hart 2006       | Broken bones: common pediatric upper extremity fracturespart II  | Narrative review, bibliography screened            |
| Hasler 2001     | Supracondylar fractures of the humerus in children   | Narrative review, bibliography screened            |
| Hasler 2003     | Correction of Malunion after Pediatric Supracondylar Elbow Fractures:<br>Closing Wedge Osteotomy and External Fixation | Osteotomy study                                    |
| Havlas 2008     | Manipulation of pediatric supracondylar fractures of humerus in prone position under general anesthesia                | Retrospective case series (medical records review) |
| Havranek 1989   | Peripheral paresis of upper extremity nerves following supracondylar fracture of the humerus in children               | Retrospective case series                          |
| Henderson 2007  | Calculation of rotational deformity in pediatric supracondylar humerus fractures                                       | Biomechanical study                                |
| Hernandez 1994  | Corrective osteotomy for cubitus varus deformity   | Osteotomy study                                    |
| Hope 1991       | Biodegradable pin fixation of elbow fractures in children. A randomised trial  | Not specific to supracondylar fractures            |
| Iobst 2007      | Percutaneous pinning of pediatric supracondylar humerus fractures with the semisterile technique: the Miami experience | Retrospective case series (medical records review) |
| Ippolito 1996   | Fracture of the humeral condyles in children: 49 cases evaluated after 18-45 years                                     | Not specific to supracondylar fractures            |
| Ismatullah 2009 | Results of conservative treatment of displaced extension - Type supracondylar fractures of humerus in children         | Not best available evidence (case series)          |
| Jacobs 1967     | Supracondylar fracture of the humerus in children  | Narrative review, bibliography screened            |

 $\label{thm:condition} \textbf{Table 78 Articles Excluded from AAOS Systematic Review}(s)$ 

| Author          | Title  | <b>Reason for Exclusion</b>                              |
|-----------------|--|--|
| Jain 2000       | Cubitus varus: problem and solution  | Osteotomy study  |
| Jarvis 1984     | The pediatric T-supracondylar fracture   | Retrospective case series                                |
| Jefferiss 1977  | 'Straight lateral traction' in selected supracondylar fractures of the humerus in children   | Retrospective case series                                |
| Joist 1999      | Anterior interosseous nerve compression after supracondylar fracture of the humerus: a metaanalysis  | Narrative review, bibliography screened                  |
| Jun 1982        | Close percutaneous pinning in treatment of displaced supracondylar fracture of humerus in children   | Retrospective case series (medical records review)       |
| Kalenderer 2008 | How should one treat iatrogenic ulnar injury after closed reduction and percutaneous pinning of paediatric supracondylar humeral fractures?                                  | Not best available evidence (case series)                |
| Kanaujia 1988   | Dome osteotomy for cubitus varus in children   | Osteotomy study  |
| Karakurt 2005   | Morphology and dynamics of the ulnar nerve in the cubital tunnel after percutaneous cross-pinning of supracondylar fractures in children's elbows: an ultrasonographic study | Retrospective case series                                |
| Kasser 1992     | Percutaneous pinning of supracondylar fractures of the humerus   | Narrative review, bibliography screened                  |
| Kazimoglu 2009  | Operative management of type III extension supracondylar fractures in children   | Not best available evidence, very low quality, low power |
| Keppler 2002    | Effectiveness of physiotherapy after surgically treated supracondylar humeral fractures in children  | Foreign language   |
| Khan 2000       | Management of delayed supracondylar fracture of humerus  | Not best available evidence, very low quality            |

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| Author           | Title   | Reason for Exclusion   |
|------------------|---|--|
| Khan 2007        | Percutaneous K-wiring for Gartland type III supracondylar humerus fractures in children   | Not best available evidence (case series)  |
| Khare 2010       | Anteriorly displaced supracondylar fractures of the humerus are caused<br>by lateral rotation injury and posteriorly displaced by medial rotation<br>injury: a new hypothesis | Combines treatment results for fractures of more than one type (Gartland classification) |
| Kinkpe 2010      | Children distal humerus supracondylar fractures: the Blount Method experience   | Not best available evidence (case series)  |
| Kiyoshige 1999   | Critical displacement of neural injuries in supracondylar humeral fractures in children   | Retrospective case series  |
| Knorr 2005       | The use of ESIN in humerus fractures: Shaft seldom, subcapital sometimes, supracondylar often   | Not specific to supracondylar fractures  |
| Korompilias 2009 | Treatment of pink pulseless hand following supracondylar fractures of the humerus in children   | Retrospective case series  |
| Kotwal 1989      | Open reduction and internal fixation of displaced supracondylar fractures of the humerus  | Not best available evidence (case series)  |
| Koudstaal 2002   | Pediatric supracondylar humerus fractures: the anterior approach  | Comparison not considered for this guideline   |
| Kraus 2007       | Intraoperative radiation exposure in displaced supracondylar humeral fractures: a comparison of surgical methods  | Not best available evidence, very low quality  |
| Kumar 2000       | Correction of cubitus varus by French or dome osteotomy: a comparative study  | Osteotomy study  |
| Kumar 2001       | A study of vascular injuries in pediatric supracondylar humeral fractures   | Less than 10 patients per group  |
| Kuo 2004         | Reduction and percutaneous pin fixation of displaced supracondylar elbow fractures in children  | Narrative review, bibliography screened  |

 $\label{thm:condition} \textbf{Table 78 Articles Excluded from AAOS Systematic Review}(s)$ 

| Author        | Title   | Reason for Exclusion   |
|---------------|---|--|
| Kurbanov 2006 | Reconstruction of the brachial artery in supracondylar humerus fractures and forearm dislocations   | Retrospective case series  |
| Kurer 1990    | Completely displaced supracondylar fracture of the humerus in children. A review of 1708 comparable cases   | Systematic review, bibliography screened   |
| Lal 1991      | Delayed open reduction for supracondylar fractures of the humerus   | Retrospective case series  |
| Lawrence 1993 | Supracondylar fractures of the humerus in children  | Case report  |
| Leet 2002     | Delayed treatment of type 3 supracondylar humerus fractures in children   | Not best available evidence, very low quality  |
| Leksan 2007   | Supracondylar fractures of the humerus in children caused by traffic  | Combines treatment results for fractures of more than one type (Gartland classification) |
| Lewis 2003    | Arterial reconstruction using the basilic vein from the zone of injury in pediatric supracondylar humeral fractures: a clinical and radiological series | Less than 10 patients per group  |
| Lim 2003      | Displaced paediatric supracondylar fractures of the humerus - a sticky solution   | Surgical Technique   |
| Liyang 1999   | Radiographic evaluation of Baumann angle in Chinese children and its clinical relevance   | Radiological study   |
| Loizou 2009   | A systematic review of early versus delayed treatment for type III supracondylar humeral fractures in children  | Systematic review, bibliography screened   |
| Loomes 2005   | Removing k-wires: an audit of practice  | Narrative review, bibliography screened  |
| Louahem 2006  | Neurovascular complications and severe displacement in supracondylar humerus fractures in children: defensive or offensive strategy?                    | Retrospective case series (medical records review)                                       |

 $\label{thm:condition} \textbf{Table 78 Articles Excluded from AAOS Systematic Review}(s)$ 

| Author               | Title  | Reason for Exclusion   |
|----------------------|--|--|
| Lund-Kristensen 1976 | Supracondylar fractures of the humerus in children. A follow-up with particular reference to late results after severely displaced fractures | Comparison not considered for this guideline, <10 patients in valid comparison group |
| Luria 2007           | Vascular complications of supracondylar humeral fractures in children  | Retrospective case series (medical records review)                                   |
| Lyons 1998           | Ulnar nerve palsies after percutaneous cross-pinning of supracondylar fractures in children's elbows   | Retrospective case series (medical records review)                                   |
| Lyons 2000           | Neurovascular injuries in type III humeral supracondylar fractures in children   | Retrospective case series (medical records review)                                   |
| Macafee 1967         | Infantile supracondylar fracture   | Case report  |
| Mahaisavariya 1993   | Supracondylar fracture of the humerus: malrotation versus cubitus varus deformity  | Osteotomy study  |
| Mahaisavariya 1996   | Osteotomy for cubitus varus: a simple technique in 10 children   | Osteotomy study  |
| Mahan 2007           | Operative management of displaced flexion supracondylar humerus fractures in children  | Not relevant, does not investigate treatment outcomes                                |
| Malviya 2006         | Pink pulseless hand following supra-condylar fractures: an audit of British practice   | Not relevant, opinion survey   |
| Mangat 2009          | The 'pulseless pink' hand after supracondylar fracture of the humerus in children: the predictive value of nerve palsy                       | Very Low Quality, Low<br>Power, <10 per group in<br>comparison                       |
| Mangwani 2006        | Supracondylar humeral fractures in children: ten years' experience in a teaching hospital  | Retrospective case series (medical records review)                                   |

 $\label{thm:condition} \textbf{Table 78 Articles Excluded from AAOS Systematic Review}(s)$ 

| Author          | Title  | Reason for Exclusion   |
|-----------------|--|--|
| Mapes 1998      | The effect of elbow position on the radial pulse measured by Doppler ultrasonography after surgical treatment of supracondylar elbow fractures in children | Not relevant, biomechanic study  |
| Marsh 1966      | The fractured elbow. Supracondylar fractures of the humerus in children  | Combines treatment results for fractures of more than one type (Holmberg classification) |
| Matsuzaki 2004  | Treatment of supracondylar fracture of the humerus in children by skeletal traction in a brace   | Retrospective case series  |
| McCoy 1988      | Supracondylar osteotomy for cubitus varus. The value of the straight arm position  | Osteotomy study  |
| McKee 2000      | Functional outcome after open supracondylar fractures of the humerus.  The effect of the surgical approach   | Not specific to children   |
| McLauchlan 1999 | Extension of the elbow and supracondylar fractures in children   | Not relevant, does not investigate treatment   |
| McLennan 1997   | Radiology rounds. Supracondylar fracture of the distal humerus   | Narrative review, bibliography screened  |
| Michael 1996    | Localization of the ulnar nerve during percutaneous wiring of supracondylar fractures in children  | Surgical Technique   |
| Middleton 2006  | k-Wiring of supracondylar humeral fractures  | Surgical Technique   |
| Millis 1984     | Supracondylar fracture of the humerus in children. Further experience with a study in orthopaedic decision-making  | Not best available evidence (case series)  |
| Minkowitz 1994  | Supracondylar humerus fractures. Current trends and controversies  | Narrative review, bibliography screened  |
| Mohammed 1995   | Supracondylar fractures of the distal humerus in children  | Less than 10 patients per group  |

 $\label{thm:condition} \textbf{Table 78 Articles Excluded from AAOS Systematic Review}(s)$ 

| Author          | Title  | Reason for Exclusion                                     |
|-----------------|--|--|
| Mohan 2000      | The posterolateral approach to the distal humerus for open reduction and internal fixation of fractures of the lateral condyle in children         | Not specific to supracondylar fractures                  |
| Mostafavi 2000  | Crossed pin fixation of displaced supracondylar humerus fractures in children  | Retrospective case series (medical records review)       |
| Mulhall 2000    | Displaced supracondylar fractures of the humerus in children   | Not best available evidence (case series)                |
| Nacht 1983      | Supracondylar fractures of the humerus in children treated by closed reduction and percutaneous pinning  | Retrospective case series                                |
| Nand 1972       | Management of supracondylar fracture of the humerus in children  | Retrospective case series (medical records review)       |
| Nelson 1977     | Radiologic seminar CLXVI: positive posterior fat pad sign of the elbow indicating significant elbow injury even in the face of no visible fracture | Commentary   |
| Newman 1969     | The supracondylar process and its fracture   | Narrative review, bibliography screened                  |
| Noaman 2006     | Microsurgical reconstruction of brachial artery injuries in displaced supracondylar fracture humerus in children                                   | Very Low Quality,<br>Low Power                           |
| O'Driscoll 2001 | Tardy posterolateral rotatory instability of the elbow due to cubitus varus  | Osteotomy study  |
| Ogunlade 2004   | The surgical management of severely displaced supracondylar fracture of the humerus in childhood   | Retrospective case series                                |
| Oh 2003         | Completely displaced supracondylar humerus fractures in children: results of open reduction versus closed reduction                                | Not best available evidence, very low quality, low power |
| O'Hara 2000     | Displaced supracondylar fractures of the humerus in children. Audit changes practice   | Does not compare outcomes between treatments             |

 $\label{thm:condition} \textbf{Table 78 Articles Excluded from AAOS Systematic Review}(s)$ 

| Author             | Title  | <b>Reason for Exclusion</b>  |
|--------------------|--|--|
| Omid 2008          | Supracondylar humeral fractures in children  | Narrative review, bibliography screened  |
| Ong 1996           | Supracondylar humeral fracturesa review of the outcome of treatment  | Comparison not considered for this guideline, <10 patients in valid comparison group |
| Onwuanyi 1998      | Evaluation of the stability of pin configuration in K-wire fixation of displaced supracondylar fractures in children | Not best available evidence, very low quality  |
| Ostojic 2010       | Results of treatment of displaced supracondylar humeral fractures in children by K-wiring                            | Retrospective case series  |
| Otsuka 1997        | Supracondylar Fractures of the Humerus in Children   | Narrative review, bibliography screened  |
| Palmer 1978        | Supracondylar fracture of the humerus in children  | Fracture type is not reported  |
| Pankaj 2006        | Dome osteotomy for posttraumatic cubitus varus: a surgical technique to avoid lateral condylar prominence            | Osteotomy study  |
| Paradis 1993       | Supracondylar fractures of the humerus in children. Technique and results of crossed percutaneous K-wire fixation    | Not best available evidence (case series)  |
| Parikh 2004        | Displaced type II extension supracondylar humerus fractures: do they all need pinning?                               | Retrospective case series (medical records review)                                   |
| Parmaksizoglu 2009 | Closed reduction of the pediatric supracondylar humerus fractures: the 'joystick' method                             | Not best available evidence (case series)  |
| Pierz 2009         | Fractures in children and adolescents: Distal humerus supracondylar fractures  | Narrative review, bibliography screened  |

 $Table \ 78 \ Articles \ Excluded \ from \ AAOS \ Systematic \ Review(s)$ 

| Author           | Title   | Reason for Exclusion   |
|------------------|---|--|
| Piggot 1986      | Supracondylar fractures of the humerus in children. Treatment by straight lateral traction  | Combines treatment results for fractures of more than one type (Holmberg classification) |
| Platt 2004       | Supracondylar fracture of the humerus   | Narrative review, bibliography screened  |
| Pollock 1970     | Early reconstruction of the elbow following severe trauma   | Not specific to supracondylar fractures  |
| Ponce 2004       | Complications and timing of follow-up after closed reduction and percutaneous pinning of supracondylar humerus fractures: follow-up after percutaneous pinning of supracondylar humerus fractures | Not relevant, comparison of follow-up time   |
| Postacchini 1988 | Fractures of the humerus associated with paralysis of the radial nerve  | Not specific to supracondylar fractures  |
| Powell 1973      | Dunlop traction in supracondylar fractures of the humerus   | Case report  |
| Prichasuk 1992   | Late ulnar nerve injury following Kirschner wires fixation of the supracondylar fracture of the humerus   | Case report  |
| Prietto 1979     | Supracondylar fractures of the humerus. A comparative study of Dunlop's traction versus percutaneous pinning  | Not best available evidence, very low quality  |
| Prins 1974       | Extension therapy with Von Ekesparre darts of supracondylar fractures of the humerus in children  | Narrative review, bibliography screened  |
| Queally 2009     | Dorgan's lateral cross-wiring of supracondylar fractures of the humerus in children: A retrospective review   | Not best available evidence (case series)  |
| Rabee 2001       | Vascular compromise associated with supracondylar fractures in children   | Retrospective case series (medical records review)                                       |

 $\label{thm:condition} \textbf{Table 78 Articles Excluded from AAOS Systematic Review}(s)$ 

| Author            | Title  | <b>Reason for Exclusion</b>                        |
|-------------------|--|--|
| Ramachandran 2008 | Delaying treatment of supracondylar fractures in children: has the pendulum swung too far?                                 | Retrospective case series (medical records review) |
| Ramsey 1973       | Immediate open reduction and internal fixation of severely displaced supracondylar fractures of the humerus in children    | Retrospective case series                          |
| Randsborg 2010    | The need for better analysis of observational studies in orthopedics. A retrospective study of elbow fractures in children | Not best available evidence (case series)          |
| Rasool 1999       | Supracondylar fractures: posterolateral type with brachialis muscle penetration and neurovascular injury                   | Retrospective case series                          |
| Reinaerts 1979    | Assessment of dislocation in the supracondylar fracture of the humerus, treated by overhead traction                       | Retrospective case series                          |
| Reitman 2001      | Open reduction and internal fixation for supracondylar humerus fractures in children                                       | Retrospective case series                          |
| Rejholec 1999     | Supracondylar fracture of the humerus in childrenclosed pinning  | Retrospective case series (medical records review) |
| Reynolds 2000     | A technique to determine proper pin placement of crossed pins in supracondylar fractures of the elbow                      | Retrospective case series                          |
| Reynolds 2005     | Concept of treatment in supracondylar humeral fractures  | Surgical Technique                                 |
| Rijal 2006        | Supracondylar extension type III fracture of the humerus in children: percutaneous cross-pinning                           | Not best available evidence (case series)          |
| Robb 2009         | The pink, pulseless hand after supracondylar fracture of the humerus in children   | Narrative review, bibliography screened            |
| Rodriguez 1992    | Supracondylar fractures of the humerus in children: treatment by overhead skeletal traction                                | Not best available evidence (case series)          |

 $\label{thm:condition} \textbf{Table 78 Articles Excluded from AAOS Systematic Review}(s)$ 

| Author               | Title  | Reason for Exclusion                               |
|----------------------|--|--|
| Sabharwal 1997       | Management of pulseless pink hand in pediatric supracondylar fractures of humerus                    | Very Low Quality,<br>Low Power                     |
| Sadiq 2007           | Management of grade III supracondylar fracture of the humerus by straight-arm lateral traction       | Retrospective case series                          |
| Sankar 2007          | Loss of pin fixation in displaced supracondylar humeral fractures in children: causes and prevention | Retrospective case series (medical records review) |
| Sawaizumi 2003       | Surgical technique for supracondylar fracture of the humerus with percutaneous leverage pinning      | Retrospective case series                          |
| Sawaqed 2005         | Correction of cubitus varus by supracondylar lateral closing wedge osteotomy                         | Osteotomy study                                    |
| Schmittenbecher 2004 | Analysis of Reinterventions in Children's Fractures - An Aspect of Quality Control                   | Not specific to supracondylar fractures            |
| Schoenecker 1996     | Pulseless arm in association with totally displaced supracondylar fracture                           | Less than 10 patients per group                    |
| Shannon 2004         | 'Dorgan's' percutaneous lateral cross-wiring of supracondylar fractures of the humerus in children   | Not best available evidence (case series)          |
| Shapiro 1995         | Elbow fractures: Treating to avoid complications   | Commentary   |
| Shaw 1990            | Management of vascular injuries in displaced supracondylar humerus fractures without arteriography   | Retrospective case series                          |
| Sherr 2001           | Fractures of the elbow in children   | Narrative review, bibliography screened            |
| Shifrin 1972         | Open reduction and internal fixation of displaced supracondylar fractures of the humerus in children | Narrative review, bibliography screened            |

 $\label{thm:condition} \textbf{Table 78 Articles Excluded from AAOS Systematic Review}(s)$ 

| Author         | Title  | <b>Reason for Exclusion</b>  |
|----------------|--|--|
| Shifrin 1976   | Open reduction and internal fixation of displaced supracondylar fractures of the humerus in children   | Narrative review, bibliography screened  |
| Shim 2002      | Treatment of completely displaced supracondylar fracture of the humerus in children by cross-fixation with three Kirschner wires                           | Retrospective case series  |
| Shin 2007      | The ulnar nerve in elbow trauma  | Narrative review, bibliography screened  |
| Shoaib 2003    | Outcome of closed reduction and casting in displaced supracondylar fracture of humerus in children   | Not best available evidence (case series)  |
| Shoaib 2004    | Percutaneous pinning in displaced supracondylar fracture of humerus in children  | Not best available evidence (case series)  |
| Singh 2006     | Analytical study of the management of supracondylar fracture of children in our setup  | Combines treatment results for fractures of more than one type (Gartland classification) |
| Skaggs 1999    | The posterior fat pad sign in association with occult fracture of the elbow in children  | Diagnostic study   |
| Skaggs 2004    | Lateral-entry pin fixation in the management of supracondylar fractures in children  | Retrospective case series (medical records review)                                       |
| Slobogean 2010 | Iatrogenic ulnar nerve injury after the surgical treatment of displaced supracondylar fractures of the humerus: number needed to harm, a systematic review | Systematic review, bibliography screened   |
| Slongo 2008    | Lateral external fixationa new surgical technique for displaced unreducible supracondylar humeral fractures in children                                    | Retrospective case series (medical records review)                                       |
| Smith 1967     | Supracondylar fractures of the humerus treated by direct observation   | Narrative review, bibliography screened  |

 $\label{thm:condition} \textbf{Table 78 Articles Excluded from AAOS Systematic Review}(s)$ 

| Author           | Title   | Reason for Exclusion   |
|------------------|---|--|
| Song 1997        | Supracondylar osteotomy with Ilizarov fixation for elbow deformities in adults  | Osteotomy study  |
| Spencer 2010     | Prospective longitudinal evaluation of elbow motion following pediatric supracondylar humeral fractures                                 | Less than 50% patient follow-<br>up  |
| Spinner 1969     | Anterior interosseous-nerve paralysis as a complication of supracondylar fractures of the humerus in children                           | Case report  |
| Srivastava 2008  | Lateral closed wedge osteotomy for cubitus varus deformity  | Osteotomy study  |
| Steenbrugge 2001 | Guidelines and pitfalls in the management of supracondylar humerus fractures in children  | Narrative review, bibliography screened  |
| Suh 2005         | Minimally invasive surgical techniques for irreducible supracondylar fractures of the humerus in children                               | Comparison not considered for this guideline   |
| Tabak 2003       | Closed reduction and percutaneous fixation of supracondylar fracture of the humerus and ipsilateral fracture of the forearm in children | Not specific to supracondylar fractures  |
| Taniguchi 2000   | Iatrogenic ulnar nerve injury after percutaneous cross-pinning of supracondylar fracture in a child                                     | Case report  |
| Teklali 2004     | Stiffness after neglected elbow trauma in children: A report of 57 cases  | Not specific to supracondylar fractures  |
| Tellisi 2004     | Management of Gartland's type III supracondylar fractures of the humerus in children: the role audit and practice guidelines            | Retrospective case series (medical records review)                                       |
| The 1999         | Neurological complications in children with supracondylar fractures of the humerus  | Not best available evidence, very low quality, low power                                 |
| Thomas 1987      | Outcome of supracondylar fractures of the humerus in children   | Combines treatment results for fractures of more than one type (Holmberg classification) |

 $\label{thm:condition} \textbf{Table 78 Articles Excluded from AAOS Systematic Review}(s)$ 

| Author          | Title   | Reason for Exclusion                               |
|-----------------|---|--|
| Thomas 2001     | Three weeks of Kirschner wire fixation for displaced lateral condylar fractures of the humerus in children                            | Not specific to supracondylar fractures            |
| Thompson 1984   | Internal fixation of fractures in children and adolescents. A comparative analysis  | Not specific to supracondylar fractures            |
| Tien 2000       | Dome corrective osteotomy for cubitus varus deformity   | Osteotomy study                                    |
| Tien 2006       | Supracondylar dome osteotomy for cubitus valgus deformity associated with a lateral condylar nonunion in children. Surgical technique | Surgical Technique                                 |
| Tiwari 2007     | Surgical management for late presentation of supracondylar humeral fracture in children   | Retrospective case series                          |
| Turra 1995      | Supracondylar fractures of the humerus in children. A comparison between non-surgical treatment and minimum synthesis                 | Not best available evidence, very low quality      |
| Uchida 1991     | A new three-dimensional osteotomy for cubitus varus deformity after supracondylar fracture of the humerus in children                 | Osteotomy study                                    |
| Urlus 1991      | Conservative treatment of displaced supracondylar humerus fractures of the extension type in children                                 | Not best available evidence (case series)          |
| Usui 1995       | Three-dimensional corrective osteotomy for treatment of cubitus varus after supracondylar fracture of the humerus in children         | Less than 10 patients per group                    |
| Van 1990        | Operative treatment of supracondylar fractures of the humerus in children   | Narrative review, bibliography screened            |
| vanEgmond 1985  | Anatomical and functional results after treatment of dislocated supracondylar fractures of the humerus in children                    | Retrospective case series (medical records review) |
| Vishwanath 1999 | Olecranon traction using a recycled plate: a new technique for supracondylar humeral fractures  | Surgical Technique                                 |

 $\label{thm:condition} \textbf{Table 78 Articles Excluded from AAOS Systematic Review}(s)$ 

| Author        | Title  | Reason for Exclusion   |
|---------------|--|--|
| Voss 1994     | Uniplanar supracondylar humeral osteotomy with preset Kirschner wires for posttraumatic cubitus varus  | Osteotomy study  |
| Vuckov 2001   | Treatment of supracondylar humerus fractures in children: minimal possible duration of immobilization  | Less than 50% patient follow-<br>up  |
| Waddell 1988  | Supracondylar fractures of the humerus - results of surgical treatment   | Not specific to children   |
| Waldron 1990  | Tips of the trade #24. Supracondylar elbow fracture in the growing child   | Surgical Technique   |
| Walloe 1985   | Supracondylar fracture of the humerus in children: review of closed and open reduction leading to a proposal for treatment                         | Combines treatment results for fractures of more than one type (authors classification)  |
| Wang 2009     | The recovery of elbow range of motion after treatment of supracondylar and lateral condylar fractures of the distal humerus in children            | Combines treatment results for fractures of more than one type (Gartland classification) |
| Webb 1989     | Supracondylar fractures of the humerus in children   | Combines treatment results for fractures of more than one type (authors classification)  |
| Weiland 1978  | Surgical treatment of displaced supracondylar fractures of the humerus in children. Analysis of fifty-two cases followed for five to fifteen years | Retrospective case series  |
| Weinberg 1995 | Ulnar nerve injuries from percutaneous pinning of supracondylar fractures of the humerus in children   | Case report  |
| Weiss 2005    | Lateral entry pinning of supracondylar humerus fractures   | Narrative review, bibliography screened  |
| Weiss 2010    | Distal humerus osteotomy for supracondylar fracture malunion in children: a study of perioperative complications                                   | Osteotomy study  |

 $\label{thm:condition} \textbf{Table 78 Articles Excluded from AAOS Systematic Review}(s)$ 

| Author          | Title   | Reason for Exclusion   |
|-----------------|---|--|
| White 2010      | Perfused, pulseless, and puzzling: a systematic review of vascular injuries in pediatric supracondylar humerus fractures and results of a POSNA questionnaire | Systematic review, bibliography screened   |
| Wilkins 1989    | The management of severely displaced supracondylar fractures of the humerus   | Narrative review, bibliography screened  |
| Wilkins 1990    | The operative management of supracondylar fractures   | Narrative review, bibliography screened  |
| Wilkins 1997    | Supracondylar fractures: what's new?  | Narrative review, bibliography screened  |
| Williamson 1992 | Treatment of ipsilateral supracondylar and forearm fractures in children  | Not specific to supracondylar fractures, ipsilateral injury                            |
| Williamson 1993 | Treatment of selected extension supracondylar fractures of the humerus by manipulation and strapping in flexion   | Combines treatment results for fractures of more than one type (Pirone classification) |
| Wong 1996       | Gunstock deformity of the elbow: Can it be prevented?   | Not relevant, non-acute fracture treatment   |
| Worlock 1987    | Severely displaced supracondylar fractures of the humerus in children: a simple method of treatment   | Retrospective case series  |
| Yamamoto 1985   | Cubitus varus deformity following supracondylar fracture of the humerus. A method for measuring rotational deformity  | Less than 10 patients per group  |
| Yen 2008        | Lateral entry compared with medial and lateral entry pin fixation for completely displaced supracondylar humeral fractures in children.  Surgical technique   | Surgical Technique   |

 $Table \ 78 \ Articles \ Excluded \ from \ AAOS \ Systematic \ Review(s)$ 

| Author        | Title   | Reason for Exclusion  |
|---------------|---|---|
| Yildirim 2009 | Timing of surgical treatment for type III supracondylar humerus fractures in pediatric patients   | Not best available evidence, very low quality   |
| Yu 2004       | The use of the 3-mm K-Wire to supplement reduction of humeral supracondylar fractures in children   | Combines treatment results for fractures of more than one type (authors classification) |
| Yusof 1998    | Displaced supracondylar fracture of humerus in childrencomparative study of the result of closed and open reduction   | Comparison not considered for this guideline, <10 patients in valid comparison group    |
| Zatti 2001    | The surgical treatment of supracondylar fractures of the humerus in children by percutaneous fixation using Kirschner wires: analysis of residual deformities | Retrospective case series (medical records review)                                      |
| Zenios 2007   | Intraoperative stability testing of lateral-entry pin fixation of pediatric supracondylar humeral fractures   | Not best available evidence, very low quality   |
| Zionts 2009   | Time of return of elbow motion after percutaneous pinning of pediatric supracondylar humerus fractures  | Retrospective case series   |

## PREVIOUS REVIEWS (SYSTEMATIC OR NARRATIVE) SCREENED FOR ADDITIONAL ARTICLES

## **Table 79 Previous Systematic and Narrative Reviews of Pediatric Supracondylar Humerus Fractures**

| Author         | Title   | Reason for Exclusion                     |
|----------------|---|--|
| Babal 2010     | Nerve injuries associated with pediatric supracondylar humeral fractures: a meta-analysis   | Systematic review, bibliography screened |
| Slobogean 2010 | Iatrogenic ulnar nerve injury after the surgical treatment of displaced supracondylar fractures of the humerus: number needed to harm, a systematic review    | Systematic review, bibliography screened |
| White 2010     | Perfused, pulseless, and puzzling: a systematic review of vascular injuries in pediatric supracondylar humerus fractures and results of a POSNA questionnaire | Systematic review, bibliography screened |
| Loizou 2009    | A systematic review of early versus delayed treatment for type III supracondylar humeral fractures in children  | Systematic review, bibliography screened |
| Brauer 2007    | A systematic review of medial and lateral entry pinning versus lateral entry pinning for supracondylar fractures of the humerus                               | Systematic review, bibliography screened |
| Kurer 1990     | Completely displaced supracondylar fracture of the humerus in children. A review of 1708 comparable cases   | Systematic review, bibliography screened |
| Fatemi 2009    | Delayed radial nerve laceration by the sharp blade of a medially inserted Kirschner-wire pin: a rare complication of supracondylar humerus fracture           | Narrative review, bibliography screened  |
| Hamdy 2009     | Supracondylar fractures require treatment on the same day   | Narrative review, bibliography screened  |
| Pierz 2009     | Fractures in children and adolescents: Distal humerus supracondylar fractures   | Narrative review, bibliography screened  |
| Robb 2009      | The pink, pulseless hand after supracondylar fracture of the humerus in children  | Narrative review, bibliography screened  |
|                |   |  |

**Table 79 Previous Systematic and Narrative Reviews of Pediatric Supracondylar Humerus Fractures** 

| Author         | Title  | Reason for Exclusion                    |
|----------------|--|---|
| Brubacher 2008 | Pediatric supracondylar fractures of the distal humerus  | Narrative review, bibliography screened |
| Omid 2008      | Supracondylar humeral fractures in children  | Narrative review, bibliography screened |
| Shin 2007      | The ulnar nerve in elbow trauma  | Narrative review, bibliography screened |
| Baratz 2006    | Pediatric supracondylar humerus fractures  | Narrative review, bibliography screened |
| Bhatnagar 2006 | Diagnosis and treatment of common fractures in children: femoral shaft fractures and supracondylar humeral fractures | Narrative review, bibliography screened |
| Hart 2006      | Broken bones: common pediatric upper extremity fracturespart II  | Narrative review, bibliography screened |
| Loomes 2005    | Removing k-wires: an audit of practice   | Narrative review, bibliography screened |
| Weiss 2005     | Lateral entry pinning of supracondylar humerus fractures   | Narrative review, bibliography screened |
| Crombie 2004   | Closed reduction and percutaneous fixation of displaced paediatric supracondylar fractures of the elbow              | Narrative review, bibliography screened |
| Kuo 2004       | Reduction and percutaneous pin fixation of displaced supracondylar elbow fractures in children                       | Narrative review, bibliography screened |
| Platt 2004     | Supracondylar fracture of the humerus  | Narrative review, bibliography screened |
| Bennet 2002    | Supracondylar fractures of the humerus in children   | Narrative review, bibliography screened |

**Table 79 Previous Systematic and Narrative Reviews of Pediatric Supracondylar Humerus Fractures** 

| Author           | Title   | Reason for Exclusion                    |
|------------------|---|---|
| Flynn 2002       | The operative management of pediatric fractures of the upper extremity                              | Narrative review, bibliography screened |
| Hasler 2001      | Supracondylar fractures of the humerus in children  | Narrative review, bibliography screened |
| Sherr 2001       | Fractures of the elbow in children  | Narrative review, bibliography screened |
| Steenbrugge 2001 | Guidelines and pitfalls in the management of supracondylar humerus fractures in children            | Narrative review, bibliography screened |
| Joist 1999       | Anterior interosseous nerve compression after supracondylar fracture of the humerus: a metaanalysis | Narrative review, bibliography screened |
| Hammond 1998     | Supracondylar humerus fractures in children   | Narrative review, bibliography screened |
| McLennan 1997    | Radiology rounds. Supracondylar fracture of the distal humerus                                      | Narrative review, bibliography screened |
| Otsuka 1997      | Supracondylar Fractures of the Humerus in Children  | Narrative review, bibliography screened |
| Wilkins 1997     | Supracondylar fractures: what's new?  | Narrative review, bibliography screened |
| Austin 1995      | Supracondylar fractures of the distal humerus in children   | Narrative review, bibliography screened |
| Gillingham 1995  | Advances in children's elbow fractures  | Narrative review, bibliography screened |
| Minkowitz 1994   | Supracondylar humerus fractures. Current trends and controversies                                   | Narrative review, bibliography screened |

**Table 79 Previous Systematic and Narrative Reviews of Pediatric Supracondylar Humerus Fractures** 

| Author       | Title  | Reason for Exclusion                    |
|--------------|--|---|
| Beaty 1992   | Fractures and dislocations about the elbow in children   | Narrative review, bibliography screened |
| Kasser 1992  | Percutaneous pinning of supracondylar fractures of the humerus                                       | Narrative review, bibliography screened |
| Van 1990     | Operative treatment of supracondylar fractures of the humerus in children                            | Narrative review, bibliography screened |
| Wilkins 1990 | The operative management of supracondylar fractures  | Narrative review, bibliography screened |
| Bewes 1989   | Supracondylar fractures in children  | Narrative review, bibliography screened |
| Wilkins 1989 | The management of severely displaced supracondylar fractures of the humerus                          | Narrative review, bibliography screened |
| Shifrin 1976 | Open reduction and internal fixation of displaced supracondylar fractures of the humerus in children | Narrative review, bibliography screened |
| Griffin 1975 | Supracondylar fractures of the humerus. Treatment and complications                                  | Narrative review, bibliography screened |
| Prins 1974   | Extension therapy with Von Ekesparre darts of supracondylar fractures of the humerus in children     | Narrative review, bibliography screened |
| Shifrin 1972 | Open reduction and internal fixation of displaced supracondylar fractures of the humerus in children | Narrative review, bibliography screened |
| Bates 1971   | Supracondylar fractures of the humerus in children   | Narrative review, bibliography screened |
| Newman 1969  | The supracondylar process and its fracture   | Narrative review, bibliography screened |

**Table 79 Previous Systematic and Narrative Reviews of Pediatric Supracondylar Humerus Fractures** 

| Author      | Title  | Reason for Exclusion                    |
|-------------|--|---|
| Graham 1967 | Supracondylar fractures of the elbow in children. 1                  | Narrative review, bibliography screened |
| Graham 1967 | Supracondylar fractures of the elbow in children. 2                  | Narrative review, bibliography screened |
| Jacobs 1967 | Supracondylar fracture of the humerus in children                    | Narrative review, bibliography screened |
| Smith 1967  | Supracondylar fractures of the humerus treated by direct observation | Narrative review, bibliography screened |

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